

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
American Red Cross of Eastern Idaho	CPR & first aid training, disaster prevention preparation & response to emergencies.	330 Shoupe Suite B Idaho Falls, ID	
Center for New Direction	Free career/personal counseling for people interested in going to school, work, change jobs, growth workshops,	College of Technology ISU Campus Pocatello	282-2454 282-3984
Community Education Department	CPR, community & child birth education, & health topic classes; free blood pressure screenings; reduced fee mammography clinic	Portneuf Medical Center 777 Hospital Way Pocatello, ID	239-2430
Job Corps (now with ID. Dept. of Labor)	Help to finish GED, receive diploma, job training & help finding employment.	430 N. 5 th Avenue Pocatello, ID.	236-6710 ext. 3695 Jason Palmer
Idaho Department of Labor	Provides job training, unemployment benefits, application assistance, and job listings. Career exploration, job search assistance, job training.	430 N. 5th Avenue Pocatello, ID	236-6710
ISU Adult Success Center	Adult Education & GED Classes	ISU Campus Outreach Pocatello, ID.	282-2468
LDS Employment Resource Center	Employment information, training, & job board open to all prefer reference, but not required.	580 Roosevelt Pocatello, ID	232-2862
SEICAA-RSVP	Energy assistance (from Nov-March), Food boxes, (Mon-Thurs- 9-11:30am), commodities (once a month- call for dates), crisis funding & rental assistance (when available).	825 East Bridger Pocatello, ID	233-7364
CHEMICAL DEPENDENCY			
Adolescent Substance Abuse Program MK Place	Evaluations, intensive in & outpatient treatment to adolescents who are seriously involved with alcohol or drugs. (Residential)	110 South 19 Ave. Pocatello, ID	234-4722
Drug/Alcohol Treatment	24 hours hotline and referrals.	Toll-Free National Hotline	800-252-6465
Friendship Club	Social setting for those recovering from drug & alcohol dependency, also for family /friends.	745 South 1 st Avenue Pocatello, ID	232-9565
Idaho Commission on Hispanic Affairs	Health/Substance abuse programs for Spanish families; Scholarship & youth involvement activities. Youth Groups of anti-drug, anti-alcohol, anti-tobacco. Safe & Drug Free school program	5460 W. Franklin Road Suite B Boise, ID	(208) 334-3776 Contact Margie Gonzalez
Road To Recovery	Alcohol/ drug counseling to individuals & their families; family may seek counseling without the person involved with alcohol or drugs, IF problem exists in the family; individual/ group counseling, education classes. In & outpatient treatment in area. De-Tox program.	600 East Oak Pocatello, ID	233-9135
CHILD CARE			
Children's Health Insurance Program	CHIP-Health insurance for children 0-18 who don't qualify for Medicaid.	Call Idaho Care Line for information	1-800-926-2588
Idaho Department of Health and Welfare	Food stamps, WIC, Medicaid, child care & TANF- assistance for families, information.	1090 Hiline Pocatello, ID 24 hour crisis line	235-2900 1-800-356-9868
Human Development Center -Infant/Toddler Program	Early intervention Birth-3 provides services, evaluation, Individualized family service plan, short term crisis counseling & referrals	421 Memorial Drive Pocatello, ID 1-888-573-7652	234-7900 Emergency # 233-0590

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Southeastern District Health Department	WIC, Infant/toddler program, immunizations car seat assistance, family planning.	1901 Alvin Ricken Dr. Pocatello, ID	233-9080
COMMUNITY INVOLVEMENT			
Downey Public Library (for all of Marsh Valley)	Mon, Wed, Fri-1:00-5:00pm; Tues, Thurs-1-6; Sat-10-2pm. Bookmobile 10:30am Mondays in Inkom 10:30 am Tuesdays in McCammon 10:30am Wednesdays in Arimo	18 North Main Downey, ID	897-5270
South Bannock Lava Library	Hours: Mon, Wed, Fri, 1:00-5:00 pm; Tues, Thurs. 1-6 pm; Sat: 10-2pm Summer Reading: Take home packet once a week on Thursdays. Goes for 6 weeks.	33 East Main Lava Hot Springs	776-5301
EMPLOYMENT			
Center for New Direction	Free career/personal counseling for people interested in going to school, work, change jobs, growth workshops, Job corps/ training	College of Technology ISU Campus Pocatello	282-2454 282-3984
Idaho Department of Labor (Jobcorps)	Provides job training, unemployment benefits, application assistance, and job listings. Career exploration, job search assistance, job training. Jobcorps	430 N. 5th Avenue Pocatello, ID	236-6710 Jason Palmer 236-6710 ext. 3695
Idaho Division of Vocational Rehabilitation	For individuals with physical, vocational, emotional, & mental disabilities with services toward employment.	1070 Hiline Suite 200 Pocatello, ID	236-6333
Idaho Home Health Hospice	Physical/occupational therapy, personal care aid, skilled nursing, Hospice care.	315 East Alameda Pocatello, ID	232-1122
Community Council of Idaho	Advocacy for migrant, seasonal farm workers, & very low income families; food pantry, rent assistance, employment counseling, training, emergency services, & primary health clinic.	625 West Pacific Suite #3 Blackfoot, ID	785-6390
Health Works Family Center	Free short term work training provided for in demand jobs that last 1-6 weeks; must qualify.	31 West Center Soda Springs, ID	Melissa Vogel 547-0047
Job Corps (now with ID. Dept. of Labor)	Help to finish GED, receive diploma, job training & help finding employment.	430 N. 5th Avenue Pocatello, ID	Jason Palmer 236-6710 ext. 3695
LDS Employment Resource Center	Employment information, training, & job board open to all prefer reference, but not required.	580 Roosevelt Pocatello, ID	232-2862
FAMILY RELATIONS			
Bannock House	48-hour crisis center for at-risk youth ages 10- 18; individual/family counseling, life skills, independent living program for ages 18-21.	620 W. Fremont Pocatello, ID	234-2244
Bannock Youth Foundation- Family Resource Center	Referrals, resources, activities, workshops, classes for entire family; Birth to 3, Baby steps, anger management, & counseling.	403 North Hayes Pocatello, ID	234-1122
Bear River Head Start	Preschool-Child & family development program for eligible families; must qualify.	Home Based Only	1-877-755-0081
Big Brothers/ Sisters of Southeastern Idaho	Program for children without father/mother in the home. (Flexible for 2 parent homes).	545 Shoup Ave # 341 Idaho Falls, ID	523-4842
Bright Tomorrows	Free counseling/support services to children & their families who've been affected by sexual abuse. Funding resources available.	409 Washington Ave. Pocatello, ID	234-2646
Children's Supportive	Services for children with behavioral problems	224 East Evans Lane	237-4782

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Services	& psychosocial rehabilitation ages 3-18, after school & summer programs; individual /group counseling- Accepts Medicaid	Chubbuck, ID	
Family Pathways	Psychosocial rehabilitation, a personal consultation, individual & family counseling, accepts Medicaid-sliding scale	3607 Poleline Rd Pocatello, ID	637-1662
Friendship Club	Setting for those recovering from drug & alcohol dependency, for family and friends.	745 South 1 st Avenue Pocatello, ID	232-9565
Human Development Center -Infant/Toddler Program	Early intervention Birth-3 provides services, evaluation, Individualized family service plan, short term crisis counseling & referrals	421 Memorial Drive Pocatello, ID	234-7900 Emergency # 1-888-573-7652
Idaho Child Support Services	Help with child support collections & family support services.	1070 Hiline Pocatello ID.	1-800-356-9868
Idaho Harbor House	Individual, family, and couple counseling, functional family therapy. Interpersonal skills training, crisis intervention and play therapy for children. Sliding fee scale. Drug & Alcohol treatment facility for Youth	262 Northridge Idaho Falls, ID	529-6696
ISU Counseling and Testing Center	Individual and couple counseling. Free to ISU students	921 S. 8 th Gravelly Hall Room 351 Pocatello, ID	282-2130
LDS Family Services	Counseling, adoption, placement services, support group for pregnant women, addiction recovery program. All welcome.	1169 Call Creek Place Suite B Pocatello, ID	232-7780
National Alliance for the Mentally Ill (NAMI)	For consumers, families, & friends of people with a mental illness, education advocacy, & support meetings.	Call for information. namisi@dats.com	Zina Magee 232-5791
Road To Recovery	Alcohol/ drug counseling to individuals & their families; family may seek counseling without the person involved with alcohol or drugs, IF problem exists in the family; individual/ group counseling, education classes. In & outpatient treatment in area. De-Tox program.	600 East Oak Pocatello, ID	233-9135

FOOD, NUTRITION, & CLOTHING

Community Council of Idaho	Advocacy for migrant, seasonal farm workers, & very low income families; food pantry, rent assistance, employment counseling, training, emergency services, & primary health clinic.	625 West Pacific Suite #3 Blackfoot, ID	785-6390
Deseret Industries	Sells used clothing and toys, etc. for discounted price. Accepts donations.	580 Roosevelt, Pocatello	232-5174
Expanded Food and Nutrition Education Program	Advisors come to the home, to give free lessons on nutrients, meal planning, food buying, safety, resource management.	130 North 6 th Street Suite B Pocatello, ID	236-7318
Health West Lava Clinic	Primary medical outpatient care, nutrition & education programs.	85 South 5 th West Lava Hot Springs, ID P.O. Box 178	776-5202
Idaho Department of Health and Welfare	Food stamps, WIC, Medicaid, child care & TAFI-temporary assistance for families info	1090 Hiline Pocatello, ID Child Support Services	235-2900 1-800-356-9868
Idaho Community Action Network-ICAN	Food program for families with limited incomes, political advocacy & activism.	3450 Hill Road Boise, ID 83702	1-208-385-9146
Salvation Army	Offers emergency services of food, clothing and referrals for shelter to those in need.	400 North 4 th Pocatello, ID	232-5318
Southeastern District Health Department	WIC, Infant/Toddler Program, immunizations, car seat assistance, family planning, Medicaid.	1901 Alvin Ricken Dr. Pocatello, ID	233-9080

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
St. Vincent's DePaul	Emergency food, clothing bank, used household items & appliances when available-help based on income & individual need.	855 South 2 nd Street Pocatello	Belza Kerstetter 233-2555
HOUSING/SHELTER			
Aids for Friends Shelter	Transitional housing, emergency shelter, payee representative program, and case management.	555 S. 1 st Ave. Emergency Shelter: 653 South 4 th Pocatello	232-0178-Day 232-5669-Night
Bannock House & Youth Foundation	48-hour crisis center for at-risk youth ages 10-18; individual/family counseling, life skills, independent living program for ages 18-21.	620 West Fremont Pocatello, ID	234-2244 or 234-1122
Habitat for Humanity	Home building assistance for low-income families.	990 Yellowstone Suite 2 B Pocatello, ID P.O. Box 6456	233-9081
Idaho Falls Legal Services	Legal assistance for housing /domestic violence, & social service, Medicare, Medicaid, senior problems.	482 Constitution Way #101 Idaho Fall, ID	524-3660
Idaho Housing & Finance Agency	Assistance with low-income housing. Emergency rental assistance & IDA program.	390 W. Sunnyside Rd Idaho Falls, ID	1-208-522-6002
Idaho Migrant Council	Advocacy for migrant, seasonal farm workers, & very low income families; food pantry, rent assistance, employment counseling, training, emergency services, & primary health clinic.	625 West Pacific Suite #3 Blackfoot, ID	785-6390
Salvation Army	Offers emergency services of food, clothing and referrals for shelter to those in need.	400 North 4 th Pocatello, ID	232-5318
SEICAA - Resource & Referral – Affordable Housing	Energy assistance-Nov 1-Mar 31, information/referral services, family development, food boxes, personal hygiene products, housing for chronically homeless/ mentally disabled, phone assistance, school supplies, working closet-clothing help, & mental health program.	825 East Bridger Pocatello, Idaho	232-1114
Square One	Transitional Living Program for at risk teens 16-18 years old. Emergency overnight care for 13-18 years old	735 N. Main Pocatello, ID.	478-1333
USDA Rural Development & Housing Services	Provides home ownership loans to families with low or very low income.	725 Jenson Grove Dr. Blackfoot, ID.	237-3435 785-2090 ext 4
INCOME/ BUDGET			
Consumer Credit Management Services Of Idaho	Budget planning, money management, pre & post bankruptcy counseling, advice about how to get out of debt & use credit wisely.	800 Falls Ave. Suite 11 Twin Falls ID.	1-877-733-2267 1-208-738-2227
Debt Reduction Services	Counseling and help for getting out of debt & budgeting. Education classes on budgeting. Free to the public.	611 Wilson Suite 6B Pocatello, ID	239-0500
Idaho Volunteer Lawyer Program	Free legal services for low income people depending on case, family law, debt relief, civil cases only.	P.O Box 895 Boise, ID 83701	1-800-221-3295
Idaho Child Support Services		Boise, ID.	1-800-356-9868
SEICAA - Resource & Referral	Energy assistance-Nov 1-Mar 31, information/referral services, family development, food boxes, personal hygiene products, housing for chronically homeless/ mentally disabled,	825 East Bridger Pocatello, Idaho	232-1114

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Who	Services	Location	Phone Number
	phone assistance, school supplies, working closet-clothing help, & mental health program.		
Social Security Administration	Provides Medicare, survivors' benefits, supplemental security income	725 Jenson Grove Dr. Blackfoot , ID	1-800-772-1213
USDA Rural Development & Housing Services	Provides home ownership loans to families with low or very low income.	725 Jenson Grove Dr. Blackfoot , ID	785-2090 ext. 4
LEGAL PROBLEMS			
Area Agency on Aging & Adult Protection Services	Helps maximize independence/quality of life for those 60 years & older. Investigates abuse reports, neglect, & exploitation of vulnerable adults ages 18 & older. Information on: case management, adult protection program, legal services, advocacy, assistance, neglect, abuse, for those in long term care facilities.	Call to report suspected abuse 24 Hour phone line 214 East Center Pocatello, ID	1-800-526-8129 233-4032 Ext.16
Co-Ad	Free legal services to individuals with disabilities	845 W. Center C107 Pocatello, ID	232-0922
Family Services Alliances	Conduit for legal aid, help with domestic violence/sexual assault issues, parenting classes & anger management.	355 South Arthur Pocatello, ID	232-0742
Idaho Falls Legal Services	Legal assistance for housing /utility, & social service, Medicare, Medicaid, senior problems.	482 Constitution Way #101 Idaho Fall, ID	524-3660
Idaho Legal Aid Services, Inc.	Help for public rights cases: Medicare, food stamps, Medicare, unemployment, social security, county assistance, tenant rights, rental, & handles domestic violence-cases upon referral.	150 South Arthur Suite 203 Pocatello, ID	233-0079 Domestic Violence Hotline 1-877-500-2980
Idaho Volunteer Lawyer Program	Free legal services for low income people depending on case, family law, debt relief, civil cases only.	P.O Box 895 Boise, ID 83701	1-800-221-3295
Idaho Child Support Services	Assistance in collection of child support.		1-800-356-9868
MEDICAL & DENTAL			
AIDS Hotline	Information and support.	English	1-800- 232-4636
Bannock County Indigent Services	Financial medical help to Bannock County residents without Medicaid or other health insurance, application must be completed & received within 30 days of an emergency or 10 days for prior approval & Board will decide.	624 East Center Room 106 Pocatello, ID	236-7347
Community Education Department	CPR, community & child birth education, health topic classes; free blood pressure screenings; reduced fee mammography clinic	Portneuf Medical Center 777 Hospital Way Pocatello, ID	239-2430
Dental Care	For a list of dentists in your area call Alicia at Head Start.	95 West 100 South #200 Logan, UT	(435) 755-0081 ext. 240
211 IDAHO CARE LINE	Health and human service referrals. Children health insurance program, parenting classes, doctors, dentists, etc.	Call for information 8 am-6 pm	1-800-926-2588
Idaho Department of Health and Welfare	Food stamps, WIC, Medicaid, child care & TAFI-temporary assistance for families info	1090 Hiline Pocatello, ID	235-2900
Idaho Home Health Hospice	Physical/occupational therapy, personal care aid, skilled nursing, Hospice care.	315 East Alameda Pocatello, ID	232-1122
Health West Lava Clinic	Primary medical outpatient care, nutrition & programs.	85 South 5 th West Lava Hot Springs, ID	776-5202

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Medicaid Unit	CHIP Health insurance for children 0-18 who don't qualify for Medicaid	Idaho Falls	1-866-326-2485
Pocatello Children & Adolescent Clinic	Medical services for children 0-18. Mon-Thurs- 9:00am-9:00pm, Fri-9:00-5:00 Sat. 9:00-12:00. 24 hour emergency services.	500 South 11 th Avenue Pocatello, ID	232-1443
Pocatello Family Dentistry	Dental clinic. Sliding fee scale based on financial need - accepts Medicaid billing. Also accepts Idaho Smiles.	465 Memorial Drive Pocatello, ID 83209	282-6000
Pocatello Free Clinic	Family medicine, diagnostic testing, dental services, & prescription assistance. Mon– Fri: 3-6pm Free to people with no insurance	429 Washington Ave Pocatello, ID	233-6245
Poison Control	Advice for poison ingestion.	By appt. only 1-800-860-0620	1-800-222-1222
SEICAA-RSVP	Free information, review, education for safe & effective medication use; living will/durable power of attorney for health care; home safety checks, exercise videos, lending library, America Reads/tutoring	825 East Bridger Pocatello, ID	233-7364
Su Familia- National Hispanic Family Health Helpline	Health information for Hispanic families to help prevent and manage chronic conditions, references to providers & federal programs like CHIP-children's health insurance; Fact sheets for: cardiovascular disease, asthma, cancer screening, domestic violence, child & adult immunizations, diabetes & HIV / AIDS. Referrals for low-cost clinics in US and Puerto Rico.	Toll-free help line is open Mon–Fri. 9am-6pm Eastern Time	1-866-783-2645 1-866-SU-FAMILIA General helpline for English & Spanish Pre-Natal helpline 1-800-504-7081
Southeastern District Health Department	WIC, Infant/Toddler Program, immunizations, car seat assistance, family planning.	1901 Alvin Ricken Dr. Pocatello, ID	233-9080
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
AIDS Hotline	Information and support.	English	1-800- 232-4636
Area Agency on Aging & Adult Protection Services	Helps maximize independence/quality of life for those 60 years & older. Investigates abuse reports, neglect, & exploitation of vulnerable adults ages 18 & older. Information on: case management, adult protection program, legal services, advocacy, assistance, neglect, abuse, for those in long term care facilities.	Call to report suspected abuse 24 Hour phone line 214 East Center Pocatello, ID	1-800-526-8129 233-4032 Ext.16
Big Brothers/ Sisters of Southeastern Idaho	Program for children without father/mother in the home. (Flexible for 2-parent homes.)	545 Shoup Ave # 341 Idaho Falls, ID	523-4842
Bright Tomorrows	Free counseling/support services to children & their families who've been affected by sexual abuse.	409 Washington Ave. Pocatello, ID	234-2646
Center for New Direction	Free career/personal counseling for people interested in going to school, work, change jobs, growth workshops, Job corps/ training	College of Technology ISU Campus Pocatello	282-2454 282-3984
Children's Supportive Services	Services for children with behavioral problems & psychosocial rehabilitation ages 3-18, after school & summer programs; individual /group counseling- Accepts Medicaid.	224 East Evans Lane Chubbuck, ID	237-4782
Developmental Disabilities Program	Services & assistance to individuals with a developmental disability, infant/toddler prog.	421 Memorial Drive Pocatello, ID	234-7900
Developmental Options	Services for those who are developmentally & mentally delayed. Accepts Medicaid.	415 South Arthur Pocatello, ID	233-6833

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	Residential, residential rehabilitation, service coordination, residential affiliate services.		
Friendship Club	Social setting for those recovering from drug & alcohol dependency, also for family / friends	745 South 1 st Avenue Pocatello, ID	232-9565
Family Pathways	Psychosocial rehabilitation, individual & family counseling, personal consultation, accepts Medicaid-sliding scale.	3607 Poleline Rd Pocatello, ID	637-1662
Human Development Center -Infant/Toddler Program	Early intervention Birth-3 provides services, evaluation, Individualized family service plan, short term crisis counseling & referrals.	421 Memorial Drive Pocatello, ID	234-7900 Emergency # 1-888-573-7652
211 IDAHO CARE LINE	Health and human service referrals. CHIP, parenting classes, doctors, dentists, etc.	Call for information	1-800-926-2588
Idaho Division of Vocational Rehabilitation	For people with emotional, vocational, mental & physical disabilities with services toward employment.	1070 Hiline Suite 200 Pocatello, ID	236-6333
Idaho Infant/Toddler Program & Child Find	Home based program for children 0-3 who are developmentally delayed.	1901 Alvin Ricken Dr. Pocatello, ID	208-233-9080 Ext. 247
Idaho Youth Ranch Family Services & Harbor House	Individual, family, and couple counseling, functional family therapy. Interpersonal skills training, crisis intervention and play therapy for children. Sliding fee scale.	262 Northridge Idaho Falls, ID	529-6696
ISU Psychology Clinic	Mental health counseling- Mon-Fri 9-6pm.	ISU Campus Pocatello	282-2129
ISU Counseling and Testing Center	Individual and couple counseling. Free to ISU students. ISU students only.	921 S. 8 th Gravelly Hall Room 351 Pocatello, ID	282-2130
LDS Family Services	Counseling, adoption, placement services, support group for pregnant women, addiction recovery program. All welcome.	1169 Call Creek Place Suite B Pocatello, ID	232-7780
Life Incorporated	Advocacy training & counseling for people with disabilities, home health services.	640 Pershing, Suite A Pocatello, ID	232-2747
Marsh Valley Joint School District	Regular schooling & services for children with special needs ages 5-18. Preschool referrals for children with special needs ages 3-5.	District Office: 40 School Street Arimo, Idaho	254-3306
National Alliance for the Mentally Ill (NAMI)	For consumers, families, & friends of people with a mental illness, education advocacy, & support meetings.	Call for information. namisi@dats.com	Zina Magee 232-5791
New Generations	Behavior modification, play therapy, etc. Accepts Medicaid, except for counseling.	1023 Yellowstone, Ste. J Pocatello, ID	478-9551
Parents Unlimited	Advocacy, education & support to parents of children with disabilities/special needs; ages birth-21.	1878 West Overland Boise, ID	1-800-242-4785
Reliance Mental Health Services	Psychosocial rehabilitation services to help with school work, symptom management, daily living activities or other problems related to mental illness. Medicaid accepted, sliding fee scale.	427 North Arthur Pocatello, ID.	478-2172
Psychological Assessment Specialist	For children with ADD, ADHD, Aggressive Behavior. Accepts Medicaid	500 S. 11 th Ave # 302 Pocatello, ID	Dr. Corgiat 233-0150
Road To Recovery	Alcohol/ drug counseling to individuals & their families; family may seek counseling without the person involved with alcohol or drugs, IF problem exists in the family; individual/ group counseling, education classes. In & outpatient treatment in area. De-Tox program.	600 East Oak Pocatello, ID	233-9135
Family Services Alliance Advocates	Parenting & anger management classes, supervised visitation, assisting & counseling	355 South Arthur Pocatello, ID	232-0742

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	for victims of domestic violence, battered women & children treatment program, psycho-education groups, men's non-violence groups.	24 hour crisis line	251-help
Mental Health Crisis Team		State of Idaho	1-800-564-2120
PARENTING/ CHILD EDUCATION			
American Red Cross of Eastern Idaho	CPR/ First Aid training, disaster prevention & preparation, response to emergencies.	330 Shoup Ave. Suite B Idaho Falls, ID	243-0519 1-800-853-2570
Bannock House	48-hour crisis center for at-risk youth ages 10-18; individual/family counseling, life skills, independent living program for ages 18-21.	620 W. Fremont Pocatello, ID	234-2244
Bannock Youth Foundation- Family Resource Center	Referrals, resources, activities, workshops, classes for entire family; Birth to 3, Baby steps, anger management, & counseling.	403 North Hayes Pocatello, ID	234-1122
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6 classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening	95 West 100 South Suite 200 Logan, Utah	To attend these classes call Kami 1 877-755-0081, Ext. 232
Bear River Head Start	Preschool-Child & family development program for eligible families.	Home Based Only	1-877-634-8885
Children's Supportive Services	Services for children with behavioral problems & psychosocial rehabilitation ages 3-18, after school & summer programs; individual /group counseling- Accepts Medicaid	224 East Evans Lane Chubbuck, ID	237-4782
Expanded Food and Nutrition Education Program	Advisors come to the home, to give free lessons on nutrients, meal planning, food buying, safety, resource management.	130 North 6 th Street Suite B Pocatello, ID	236-7318
Family Pathways	Psychosocial rehabilitation, individual & family counseling, personal consultation, accepts Medicaid-sliding scale.	3607 Poleline Rd Pocatello, ID	637-1662
4-H Programs	Program to help children develop interests, talents and skills.	130 North 6 th Ave, Pocatello, Idaho	236-7312
IDAHO CARE LINE	Health and human service referrals. CHIP, parenting classes, doctors, dentists, etc.	Call for information	1-800-926-2588
Idaho Infant/Toddler Program	Home based program for children 0-3 who are developmentally delayed.	1901 Alvin Ricken Dr. Pocatello, ID	208-233-9080 Ext. 247
Idaho School for the Deaf and the Blind	Services for hearing or visually impaired ages 0-21; consultations, instructions testing, referrals & classroom instruction if needed.	427 North Main Suite J Pocatello, ID	236-6057
Idaho State Department of Education	Special education for Title I, migrants, LEP, & homeless.	650 West State Street 2 nd floor Boise, ID	1-800-432-4601
Idaho Youth Ranch Family Services	Individual, family, and couple counseling, functional family therapy. Interpersonal skills training, crisis intervention and play therapy	262 Northridge Idaho Falls, ID	529-6696

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	for children. Sliding fee scale.		
South Bannock Lava Library	Hours: Mon, Wed, Fri, 1:00-5:00 pm; Tues, Thurs. 1-6 pm; Sat: 10-2pm	33 East Main Lava Hot Springs	776-5301
Marshall Public Library	Hours: Monday-Thursday 9:00 am-9:00 pm Friday & Saturday 9:00-6:00 pm	113 South Garfield Pocatello, ID	232-1263
Marsh Valley Joint School District	Regular schooling & services for children with special needs ages 5-18. Preschool referrals for children with special needs ages 3-5.	District Office: 40 School Street Arimo, Idaho	254-3306
National Alliance for the Mentally Ill (NAMI)	Education advocacy & support meetings for families & friends of those with mental illness.	Call for information. namisi@dats.com	Zina Magee 232-5791
New Generations	Behavior modification, play therapy, etc. Accepts Medicaid.	1023 Yellowstone Suite J Pocatello, ID	478-9551
Parents Unlimited	Advocacy, education & support to parents of children with disabilities/special needs; ages birth-21. Transition Assistance for those 21-25	1878 West Overland Boise, ID	1-800-242-4785
Psychological Assessment Specialist	For adults & children with ADD, ADHD, Aggressive Behavior. Accepts Medicaid.	500 S. 11 th Ave # 302 Pocatello, ID	233-0150
Reliance Mental Health Services	Services to help with school work, symptom management, daily living activities or other problems related to mental illness. Medicaid accepted, sliding fee scale. For children & Adolescence	427 North Arthur Pocatello, ID	478-2172
Road To Recovery	Alcohol/ drug counseling to individuals & their families; family may seek counseling without the person involved with alcohol or drugs, IF problem exists in the family; individual/ group counseling, education classes. In & outpatient treatment in area. De-Tox program.	600 East Oak Pocatello, ID	233-9135
SEICAA-RSVP	Free information, review, education for safe & effective medication use; living will/durable power of attorney for health care; home safety checks, exercise videos, lending library, America Reads/tutoring	825 East Bridger Pocatello, ID	233-7364
Su Familia- National Hispanic Family Health Helpline	Health information for Hispanic families to help prevent and manage chronic conditions, references to providers & federal programs like CHIP-children's health insurance; Fact sheets for: cardiovascular disease, asthma, cancer screening, domestic violence, child & adult immunizations, diabetes & HIV / AIDS. Referrals for low-cost clinics in US and Puerto Rico.	Toll-free help line is open Mon-Fri. 9am-6pm Eastern Time	1-866-783-2645 1-866-SU-FAMILIA General helpline for English or Spanish. Pre-Natal helpline 1-800-504-7081
Family Services Alliance Advocates	Parenting & anger management classes, supervised visitation, assisting & counseling for victims of domestic violence, battered women & children treatment program.	355 South Arthur Pocatello, ID 24 hour crisis line	232-0742 251-help (4357)
PREGNANCY & INFANT CARE			
211 IDAHO CARE LINE	Health and human service referrals. Children health insurance program, parenting classes, doctors, dentists, etc.	Call for information	1-800-926-2588
Idaho Infant/Toddler Program	Home based program for children 0-3 who are developmentally delayed	1901 Alvin Ricken Dr. Pocatello, ID	208-233-9080 Ext. 247

BANNOCK COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Health West Lava Clinic	Primary medical outpatient care, nutrition & programs.	85 South 5 th West Lava Hot Springs, ID	776-5202
LDS Family Services	Counseling, adoption, placement services, support group for pregnant women, addiction recovery program. All welcome.	1169 Call Creek Place Suite B Pocatello, ID	232-7780
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers in local area, information on pregnancy & health issues, depression, nutrition, general care & other concerns.	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
Pocatello Children & Adolescent Clinic	Medical services for children 0-18. Mon-Thurs- 9:00am-9:00pm, Fri-9:00-5:00 Sat. 9:00-12:00. 24 hour emergency services.	500 South 11 th Avenue Pocatello, ID	232-1443
Southeastern District Health Department	WIC, Infant/Toddler Program, immunizations, car seat assistance, family planning.	1901 Alvin Ricken Dr. Pocatello, ID	233-9080
TRANSPORTATION			
Axtell-Taylor	Reduced-cost Car Seats & checks	1955 North Main Logan, UT	435-752-6801
Bear River Health Department	Appointment only –Car Seat Checks	655 East 1300 North Logan, UT	435-792-6510
Bear River Health Department	Reduced-cost Car Seats-	655 East 1300 North Logan, UT	435-792-6510
Emergency Services Facility	Reduced-Cost Car Seats & Checks	442 West Forrest, Brigham City	
Head Start	Reduced-cost Car Seats-Clients only:	75 South 400 West Logan, UT	435-792-6510
Kids First Class	Child passenger safety education class from 6:30-8:30 pm. Cost is \$35.00	655 East 1300 North Logan, UT	Call for class sign up & information 435-792-6510
UTILITIES			
Idaho Falls Legal Services	Legal assistance for housing /utility, & social service, Medicare, Medicaid, senior problems.	482 Constitution Way #101 Idaho Fall, ID	524-3660
Idaho Legal Aid Services, Inc.	Help for public rights cases: Medicare, food stamps, Medicare, unemployment, social security, county assistance, tenant rights, rental, customer, utility disputes, & handles domestic violence-cases upon referral.	150 South Arthur Suite 203 Pocatello, ID	233-0079
SEICAA - Resource & Referral	Energy assistance-Nov 1-Mar 31, information/referral services, family development, food boxes, personal hygiene products, housing for chronically homeless/ mentally disabled, phone assistance, school supplies, working closet-clothing help, & mental health program.	825 East Bridger Pocatello, Idaho	232-1141

BEAR LAKE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
Idaho Commission for the Blind & Visually impaired	Consultation, testing, instruction and referral if necessary	427 North Main Street Suite 1 Pocatello, ID	236-6392
ISU Outreach & Adult Education	Job service search, classes, education planning, compass test, skill building & GED preparation. Classes are Tues. & Thurs. 6 pm – 8 pm	680 North 4 th Suite 5 Montpelier, ID	847-4230 Office hours are Tues. 9:00am-4:30pm
CHEMICAL DEPENDENCY			
National Alcohol & Drug Treatment	24 hours hotline. In-patient 28 day program		1-800-252-6465
CHILD CARE			
Child Abuse Reporting	To report suspected child abuse.	Call	239-6200
COMMUNITY INVOLVEMENT			
Bear Lake County Library	Mon-Thurs: 11-7pm, Fri: 9-5, Sat: 9-2 Story Hour: Thursday: 0-24 months at 10:30 Thursday: Preschool-Kinder. at 11:00	138 North 6 th Montpelier, ID	847-1664
EMPLOYMENT			
ISU Outreach & Adult Education	Job service search, classes, education planning, compass test, skill building & GED preparation.	680 North 4 th Suite 5 Montpelier, ID	847-4230 Office hours are Tues. 9:00am-4:30pm
FAMILY RELATIONS			
Bear River Head Start	Preschool-child & family development program for eligible families.	Home-based & Center-based options.	1-877-755-0081
211 IDAHO CARE LINE	Health & human service referrals. CHIP, parenting classes, doctors/dentists, etc.	Call for information 1-800-926-2588	In Montpelier 847-1652
Health Works: Family Center	Offers individual, family, marital, & group counseling & parenting classes.	31 West Center Soda Springs, ID	547-0047 Melissa Vogel
Southeastern Idaho District Health Dept	Immunizations, prenatal, WIC, planned parenthood, etc.	455 Washington, Suite 2 Montpelier, ID	847-3000
FOOD, NUTRITION, & CLOTHING			
Idaho Community Action Network	Food program for families with limited incomes political advocacy & activism.	3450 Hill Road Boise, ID 83702	1-208-385-9146
National Hispanic Prenatal Hotline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
Pregnancy Risk Line	Services & information on use of herbs or drugs during pregnancy & lactation.	Mon. – Thurs. 7 am- 6 pm	1-800-822-2229 Fax 1-866-626-0715
SEICAA	Food Bank, energy & housing assistance. Commodities, family development, mutual self-help housing.	680 N. 4 th Street, Ste. #2 Montpelier, ID	847-1462
Southeastern Idaho District Health Dept	Immunizations, prenatal, WIC, planned parenthood, etc.	455 Washington, Suite 2 Montpelier, ID	847-3000
HOUSING/SHELTER			
SEICAA	Food Bank, energy & housing assistance. Commodities, family development, mutual self-help	680 N. 4 th Street, Ste. #2 Montpelier, ID	847-1462

BEAR LAKE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	housing.		
USDA Montpelier Service Center	Provides home ownership loans to families with low or very low income. Applications will be done out of Preston or Blackfoot offices.	785 North 4 th Street Ste A Montpelier Idaho	847-1264
INCOME/BUDGET			
Consumer Credit Management Services Of Idaho	Budget planning, money management, advice, credit use, pre & post bankruptcy counseling.	800 Falls Ave, Suite 11 Twin Falls, ID.	1-208-733-2227
Social Security Administration	Provides Medicare, survivors' benefits, supplemental security income		1-800-772-1213
LEGAL PROBLEMS			
Idaho Child Support Services		Boise, ID	1-800-356-9868
Idaho Legal Aid Services	Free legal assistance for housing, senior, utility, & unemployment compensation problems, Medicare/Medicaid, SSA/SSI	482 Constitution Way # 101 Idaho Falls, ID.	524-3660
MEDICAL & DENTAL			
AIDS Hotline	Information and support.	English	1-800- 232-4636
Community Health Center -Bear Lake	Medical, dental services, pharmacy, and counseling on sliding fee scale.	325 West Logan Highway Garden City, UT	1-435-946-3660
Dental Care	For a list of dentists in your area call Alicia at Head Start	95 West 100 South #200 Logan, UT	(435) 755-0081 Ext. 240
Department of Health & Welfare	Health information and assistance.	Soda Springs, ID	208-547-4317
211 Idaho Care Line	Health/human services doctor/dentist referrals, CHIP, & parenting classes.	In Montpelier - 847-1652	1-800-926-2588
Idaho Commission for the Blind & Visually Impaired	Consultation, testing, instruction and referral if necessary	427 North Main Street Suite 1 Pocatello, ID	236-6392
Poison Control	Advice for poison ingestion.		1-800-222-1222
Rx Medication	Affordable Rx medication for those who don't have insurance coverage.		1-877-633-7463
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
AIDS Hotline	Information and support.	English	1-800- 232-4636
Bear Lake County School District	Schooling & services for children ages 5-18 also for those with special needs.	39 Fielding St. Box 300 Paris, ID	945-2891
Children & Family Services	To report suspected child abuse.	1070 Hiline Pocatello, ID	239-6200
Community Health Center -Bear Lake	Medical, dental services, pharmacy, and counseling on sliding fee scale.	325 West Logan Highway Garden City, UT	946-3660
Health Works: Family Center	Offers individual, family, marital/ group counseling & parenting classes.	31 West Center Soda Springs, ID	547-0047 Melissa Vogel
Idaho Care Line	Health/human services doctor/dentist referrals, CHIP, & parenting classes.	In Montpelier - 847-1652	1-800-926-2588
Idaho Commission for the Blind & Visually Impaired	Consultation, testing, instruction and referral if necessary	427 North Main Street Suite 1 Pocatello, ID	236-6392
Mental Health Counseling	Psychosocial rehabilitation; Medicaid accepted; sliding fee scale.	822 Washington Street Montpelier, ID	Shaun or Julie 847-4464

BEAR LAKE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
National Hispanic Prenatal Hot Line	Referrals to prenatal care provider's information on pregnancy health issues, depression, nutrition, general care.	Toll-free help line is open Mon-Fri 9:00am-6:00pm Eastern Time	1-800-504-7081
PARENTING/CHILD EDUCATION			
American Red Cross of Eastern Idaho	CPR & first aid training, emergency response, disaster preparation, and prevention, etc.	330 Shoup Ave Suite 13 Idaho Falls, ID	243-0519 1-800-853-2570
Bear Lake County School District	School & services for children ages 5-18, also for those with special needs.	39 Fielding St. Box 300 Paris, ID	945-2891
Bear River Head Start	Preschool-child & family development program for eligible families.	Home-based & center-based options.	1-877-877-755-0081
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6 classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening	852 South 100 West Logan, Utah	To attend these classes call Kami 1-866-755-0081 Ext. 235
Health Works: Family Center	Offers individual, family, marital, & group counseling & parenting classes.	31 West Center Soda Springs, ID	547-0047 Melissa Vogel
IDAHO CARE LINE	Health & human service referrals. CHIP, parenting classes, doctors/dentists, etc.	Call for information 1-800-926-2588	In Montpelier 847-1652
Southeastern Idaho District Health Dept	Immunizations, prenatal, WIC, planned parenthood, etc.	455 Washington, Suite 2 Montpelier, ID	847-3000
PREGNANCY & INFANT CARE			
Bear Lake Memorial Hospital	Pre-natal education, breastfeeding classes, etc.	164 South 5 th Montpelier, ID	847-1630
Pregnancy Risk Line	Services & information on use of herbs or drugs during pregnancy & lactation.		1-800-822-2229 1-866-626-0715
National Hispanic Prenatal Helpline	Referrals to prenatal care providers information on health & pregnancy issues, depression, nutrition, general care, & other concerns.	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
Southeastern Idaho District Health Dept	Immunizations, prenatal, WIC, planned parenthood, etc.	455 Washington, Suite 2 Montpelier, ID	847-3000
TRANSPORTATION			
Axtell-Taylor	Reduced-cost Car Seats Call for dates.	1955 North Main Logan, UT	435-752-6801
Bear River Health Department	Appointment only – Car Seat Checks Call for dates.	655 East 1300 North Logan, UT	435-792-6510
Bear River Health Department	Reduced-cost car seats-	655 East 1300 North Logan, UT	435-792-6510
Head Start	Reduced-cost Car Seats-Clients only:	95 West 100 South Logan, UT	1-877-755-0081
Kids First Class	Child passenger safety education class from 6:30-8:30 pm. Cost is \$35.00	655 East 1300 North Logan, UT	Call for class sign up & info. 435-792-6510

BEAR LAKE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
UTILITIES			
SEICAA	Food Bank, energy & housing assistance. Commodities, family development, self-help housing.	680 N. 4 th Street, Ste. #2 Montpelier, ID	847-1462

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
Bear River Health Department	Health education, immunizations, WIC food supplement program, home health services, infectious disease screening, food handler's permits, and Medicaid.	817 West 950 South Brigham City,	734-0845
Bridgerland Applied Technology College	Career training in drafting, office technology systems, automotive repair, dental assisting, G.E.D. testing-in Logan	325 West 1100 South Brigham City, Utah	734-0614 for GED info: 753-6788
Single Mom Foundation	Support and education for single mothers. www.singlemomfoundation.org	2369 West Orton Circle Salt Lake City, Utah	801-977-7764
Dale Young Community High	Box Elder County School District GED, Diploma, ESL, Alternative High school.	230 West 200 South Brigham City	734-4834
LINC-Life Skills & Individual Needs Center Box Elder County	Helps developmentally delayed adults 22 & older, build job skills, day trainings, retirement program for ages 55 & older. Summer program for those under 22.	862 South Main St. #8 Brigham City	723-3913
Literacy Program	Reading / writing assistance for all ages; personal tutoring for adults, family literacy program. ESL classes.	26 East Forest Brigham City also 40 South 100 West Tremonton	723-5850 257-3687
USU Continuing Education	College education.	265 West 1100 South Brigham City	734-9945
CHEMICAL DEPENDENCY			
Alcoholics Anonymous	Support group for adults with an alcohol problem.	Call for information	755-7772
BRHD- Division of Substance Abuse	Prevention services & counseling for all types of substance abuse to individuals, families or groups.	817 West 950 South Brigham City	734-1321 or 24 hour crisis line 730-2793
National Alcohol & Drug Treatment	Information and referrals. Toll free-24 hour hotline.		1-800-252-6465
211 Information & Referral	Referrals to support groups, emergency shelter/housing, substance abuse, food assistance, health clinics, mental health, legal resources, employment programs.		Dial 211
CHILD CARE			
Childcare Resource/ Referral	Childcare referral, subsidy grants for students, support for providers.	USU-EEGC Building Room 11 – Logan, UT	797-1552 1-800-670-1552
Department of Workforce Services	Employment, childcare, & food stamp information, training & schooling funds, financial & medical assistance.	1050 South Medical Drive Suite A Brigham City	734-4060 unemployment call 1-888-848-0688
Division of Child & Family Services	Child protective services and if working with a family counseling services.	1050 South Medical Drive Suite B Brigham City	734-4075
Office of Recovery Services	Child support services information and help.	2540 Washington Blvd. Ogden, UT	1-800-336-2629
COMMUNITY INVOLVEMENT			
Boys & Girls Club	During school year serve kids Kindergarten-12 th grade. During summer serve kids 1 st -12 th grade. Summer program: Morning Camp: 7:30-1pm 6:45-6:00 Regular Program: 6:45 – 6:00	271 North 100 West Brigham City	Lincoln Center 723-0887 723-6224
Domestic Violence Shelter-YCU- Your Community in Unity	Emergency shelter for abuse victims & families, 24-hour rape crisis help, legal aid services, support groups, & young	435 East 700 South Brigham City - location of shelter confidential.	723-5600 Toll Free:

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	mothers program.		1-877-723-5600
COMMUNITY INVOLVEMENT CONTINUED			
Senior Citizen's Center	Helps senior citizens: daily meals for 60 & older, Meals on Wheels program service opportunities.	24 North 300 West Brigham City	723-3251
EMPLOYMENT			
Bridgerland Applied Technology College	Career training in drafting, automotive repair, office technology systems, dental assisting, G.E.D. testing-in Logan	325 West 1100 South Brigham City, Utah	734-0614 for GED info: 750-3188
Department of Workforce Services	Employment, childcare, & food stamp information, training & schooling funds, financial & medical assistance.	1050 South Medical Drive Suite A Brigham City	734-4060 unemployment call 1-888-848-0688
Division of Rehabilitation	Job training & placement, medical & psychological analysis. Must qualify.	275 West 1100 South Brigham City	734-9408
LDS Employment Resource Center	Job board, information, & training; open to all, career & employment workshop	571 West Forest Street Brigham City	734-9461
LINC-Life Skills & Individual Needs Center	Helps developmentally delayed adults 22 & older, build job skills, day trainings, retirement program for ages 55 & older. Summer program for those under 22.	862 South Main St. #8 Brigham City	723-3913
211 Information & Referral	Referrals to support groups, emergency shelter/housing, substance abuse, food assistance, health clinics, mental health, legal resources, employment programs.		Dial 211
Utah Labor Commission	Information on Labor Laws, housing discrimination, and employment.	160 E. 300 S., 3 rd Floor SLC, UT	1-800-222-1238
FAMILY RELATIONS			
Bear River Head Start	Preschool & child /family development program for eligible families.	820 North 100 East Brigham City	730-2626-Brigham 1-877-634-8885
Box Elder Family Support Center	Offers support and information to families. Childcare.	276 North 200 East Brigham City	723-6010
Children's Aid Society Of Utah	Adoption services, crisis pregnancy counseling, and parenting classes.	652 26 th Street Ogden, UT	1-800-273-8671
Starting over Single	Support group for formerly married or single people.	Tamra Boccia	753-8483
FOOD, NUTRITION, & CLOTHING			
Community Food Pantry- Box Elder	Offers food monthly for those who qualify. Mon-Thurs 12-4; Fri.10-2:00	272 North 200 West Brigham City	723-1449
Department of Workforce Services	Employment, childcare, & food stamp information, training & school funds, financial & medical assistance.	1050 South Medical Drive Suite A Brigham City	734-4060 unemployment call 1-888-848-0688
Deseret Industries	Sells used clothing and toys, furniture and appliances for discounted price.	668 South Main Street Brigham City	723-8741
Food Sense Nutrition Education Program	Helps apply for food stamps, use food budget wisely, make nutritious meals, & offers food classes.	195 West 1100 South Brigham City	734-9945 Ext. 261
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, general care & other concerns.	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
Ogden Rescue Mission	Homeless shelter, meals every evening, vouchers for clothing, furniture, &	2775 Wall Ave. Ogden, UT	801-621-4360

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	appliances when available.	24 hr. emergency hotline	801-399-3058
FOOD, NUTRITION, & CLOTHING CONTINUED			
Soup Kitchen	Serves Hot Meal to all - Thursday Evenings 5:00-7:00 PM	271 North 100 West Brigham City	723-7960
St. Anne's Center	Homeless shelter, clothing closet, daily lunch 12-1:00.	137 West Binford Ogden	(801) 621-5036
211 Information & Referral	Referrals to support groups, emergency shelter/housing, substance abuse, food assistance, health clinics, mental health, legal resources, employment programs.		Dial 211
USU Cooperative Extension Services	Home management information; home canning, budgeting, cooking, gardening, food preservation, agriculture, 4-H, etc.	195 West 1100 South Brigham City	734-9945
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 N. 700 E. Logan Marriage/Family Therapy Housing/Financial Counseling	Call for times: 797-7430 797-7224
Women, Infants & Children (WIC)	Nutrition, education, food program for expectant moms & children 0- 5. Food handlers permit Thurs-3:15 for \$10.00 at South Building. Immunizations-call for days & times	817 West 950 South Brigham City	734-0845
HOUSING/SHELTER			
Bear River Assoc. of Government	Housing, emergency, weatherization & heat assistance, for qualifying families.	2535 South HWY 89 Perry, UT	723-1111
Domestic Violence Shelter-YCU- Your Community in Unity	Emergency shelter for abuse victims & families, 24-hour rape crisis help, legal aid services, support groups, & young mothers program.	435 East 700 South Brigham City - location of shelter confidential.	723-5600 Toll Free: 1-877-723-5600
Habitat for Humanity	Build homes & sell them for cost with a no interest mortgage.	111 East Forest Street Suite #9 Brigham City	723-7133
Home Choice Utah	Home ownership opportunities for people with disabilities;	Must register through phone line.	1-866-493-4500
Neighborhood Non-Profit Housing Corporation	Home building/ buying assistance for low income families and people with disabilities; Cache & Box Elder counties	95 West Golf Course Rd Suite 104 Logan, UT	753-1112
Ogden Rescue Mission	Homeless shelter, meals every evening, vouchers for clothing, furniture, & appliances when available.	2775 Wall Ave. Ogden, UT 24 hr. emergency hotline	801-621-4360 801-399-3058
Pregnancy Care Center	Free pregnancy testing, counseling, assistance in finding temporary housing for women with unplanned pregnancies.	18 North 100 East Brigham City	Tues. & Thurs. 1-4 723-0500
St. Anne's Center	Homeless shelter, clothing closet, daily lunch 12-1:00.	137 West Binford Ogden	(801) 621-5036
211 Information & Referral	Referrals to support groups, emergency shelter/housing, substance abuse, food assistance, health clinics, mental health, legal resources, employment programs.		Dial 211
Utah Labor Commission	Information on Labor Laws, housing discrimination, and employment.	160 E. 300 S., 3 rd Floor SLC, UT	1-800-222-1238
INCOME/BUDGET			
Social Security Administration	Social Security information & assistance.	324 25th St. Room 2403 Ogden	1-800-772-1213 801-625-5641
Department of Workforce Services	Employment, childcare, & food stamp information, training & school funds,	1050 South Medical Drive Suite A Brigham City	734-4060 unemployment call

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	financial & medical assistance.		1-888-848-0688
USU Cooperative Extension Services	Home management information; home canning, budgeting, cooking, gardening, food preservation, agriculture, 4-H, etc.	195 West 1100 South Brigham City	734-9945
USU Family Life Center	Individual, family, couple therapy. Therapy for eating disorders. \$5 1 st session, additional on sliding fee scale. Housing counseling. No charge. Financial Counseling. \$5 1 st session, additional on sliding fee scale.	493 N. 700 E. Logan	797-7430 797-7224 797-7224
LEGAL PROBLEMS			
Domestic Violence Shelter-YCU- Your Community in Unity	Emergency shelter for abuse victims & families, 24-hour rape crisis help, legal aid services, support groups, & young mothers program.	435 East 700 South Brigham City - location of shelter confidential.	723-5600 Toll Free: 1-877-723-5600
Office of Recovery Services	Child support services information and help.	2540 Washington Blvd. Ogden, UT	1-800-336-2629
211 Information & Referral	Referrals to support groups, emergency shelter/housing, substance abuse, food assistance, health clinics, mental health, legal resources, employment programs.		Dial 211
Utah Labor Commission	Information on Labor Laws, housing discrimination, and employment.	160 E. 300 S., 3 rd Floor SLC, UT	1-800-222-1238
Utah Legal Services	Legal information and assistance for those who qualify.	205 North 400 West Salt Lake City, UT	1-800-662-4245
MEDICAL & DENTAL			
AIDS Hotline	Information and support.	English	1-800- 232-4636
Bear River Health Department	Health education, immunizations, WIC food supplement program, home health services, infectious disease screening, food handlers permits, and Medicaid	817 West 950 South Brigham City,	734-0845 257-3318
Bear River Valley Hospital	Medical services	440 West 600 North Tremonton, UT	257-7441
Brigham City Community Hospital	Medical services. Accepts Medicaid and Medicare.	950 South Medical Drive Brigham City	734-9471
Cache Valley Community Health Clinic	Medical /dental assistance for those with no insurance, Medicaid, or Medicare. Tues. & Thurs. 6:00-9:00pm.	272 ½ North Main Logan, UT	752-7060
Dental Care	For a list of dentists in your area call Alicia at Bear River Head Start.	95 West 100 South #200 Logan, UT	(435)-755-0081 Ext. 240
Department of Workforce Services	Employment, childcare, & food stamp information, training & schooling funds, financial & medical assistance.	1050 South Medical Drive Suite A Brigham City	734-4060 unemployment call 1-888-848-0688
Division of Rehabilitation	Job training & placement, medical & psychological analysis. Must qualify.	275 West 1100 South Brigham City	734-9408
Family Dental Plan	Dental Care for Medicaid, CHIP, PCN	950 East 25 th Street Suite A Ogden, UT	801-395-7090
Midtown Community Health Center	Provides health services; open to all. Mon, Wed, Thurs, Fri, 8:00am-6:00pm	2240 Adams Avenue Ogden, UT	801-393-5355
Migrant Health Clinic	Medical & dental services for migrants	14 North 100 East Suite 2 Brigham City - in back	723-8276
Ogden Rescue Mission Clinic	Free Medical services. Monday, Wednesday, & Friday 3:00-5:00pm	2775 Wall Avenue Ogden, UT	801-394-4161

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
PCN Insurance	Insurance for those not insured & aren't eligible for other programs; UPP, CHIP.	www.health.utah.gov/pcn Salt Lake, UT	1-888-222-2542 www.checkyourhealth.org
Poison Control	Advice & help for poison ingestion		1-800-222-1222
Pregnancy Care Center	Free pregnancy testing, counseling, assistance in finding temporary housing for women with unplanned pregnancies.	18 North 100 East Brigham City	Tues. & Thurs. 1-4 723-0500
Rx Medication	Affordable medication for people not insured.		1-877-633-7463
Su Familia- National Hispanic Family Health Helpline	Information for Hispanic families to help prevent & handle chronic conditions, referrals to providers, CHIP-Children's health insurance, fact sheets for asthma cardiovascular disease, domestic violence, cancer screening, child & adult immunization, diabetes, & HIV/AIDS. Referrals for low-cost clinics in US & Puerto Rico.	Toll-free helpline open- Monday-Friday 9:00am- 6:00pm Eastern time	1-866-783-2645 1-866-Su-familia General helpline for English or Spanish. Prenatal Helpline: 1-800-504-7081
211 Information & Referral	Referrals to support groups, emergency shelter/housing, substance abuse, food assistance, health clinics, mental health, legal resources, employment programs.		Dial 211
Veteran's Medical Clinic	Primary medical care & mental health services to Veterans.	982 East Chamber Street South Ogden, UT	801-479-4105
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
Affirmative Action	Information on affirmative action, equal opportunity, discrimination complaints, and sexual harassment.	-Military Science Bldg. #118 at USU	797-1266
BRHD- Division of Substance Abuse	Prevention services & counseling for all types of substance abuse to individuals, families or groups.	817 West 950 South Brigham City	734-1321 or 24 hour crisis line 730-2793
Bear River Mental Health	Family, group, person, child counseling & Safe kids group all on sliding fee scale. Take Medicaid or must meet criteria for sliding scale fee.	663 West 950 South Brigham City	734-9449
Single Mom Foundation	Support and education for single mothers. www.singlemomfoundation.org	2369 Orton Circle Salt Lake City, Utah	801-977-7764
Box Elder School District	Schooling & services for children with or without special needs ages 5 -18	960 South Main Street Brigham City	734-4800
Children's Aid Society Of Utah	Adoption services, crisis pregnancy counseling, and parenting classes.	652 26 th Street Ogden, UT	1-800-273-8671
Utah Crime Victims Reparation	Assistance for victims of crime	350 E. 500 S. Suite 200 Salt Lake, UT	1-800-621-7444
Division of Child & Family Services	Child protective services and if working with a family counseling services.	1050 Medical Drive Suite B Brigham City	734-4075
Division of Services People with Disabilities	Services for people with disabilities.	1050 Medical Drive Suite B Brigham City	734-4075
Division of Rehabilitation	Job training & placement, medical & psychological analysis. Must qualify.	275 West 1100 South Brigham City	734-9408
Domestic Violence Shelter-YCU- Your Community in Unity	Emergency shelter for abuse victims & families, 24-hour rape crisis help, legal aid services, support groups, & young	435 East 700 South Brigham City - location of shelter confidential.	723-5600 Toll Free: 1-877-723-5600

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	mothers program.		
Home Choice Utah	Home ownership opportunities for people with disabilities;	Must register through phone line.	1-866-493-4500
Intermountain Specialized Abuse Treatment Center	Individual & group counseling/ therapy for sexual & other abuse victims for all ages, sliding fee scale.	189 South State St. Clearfield, UT 84015	Open Thursday's by appointment 801-773-2044
LDS Family Services	Open to all-counseling, placement & adoption services, support group for pregnant young women, marriage & parent classes, addiction recovery prog.	175 West 1400 North Suite A Logan, UT	752-5302
LINC-Life Skills & Individual Needs Center	Helps developmentally delayed adults 22 & older, build job skills, day trainings, retirement program for ages 55 & older. Summer program for those under 22.	862 South Main St. #8 Brigham City, Utah	723-3913
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Mon.-Fri. 9am – 6pm Eastern Time	Toll-free helpline 1-800-504-7081
Neighborhood Non-Profit Housing Corporation	Home building/ buying assistance for low income families and people with disabilities; Cache & Box Elder counties	95 West Golf Course Rd Suite 104 Logan, UT	753-1112
Options for Independence	Services to individuals with any type of disability; for all ages. Mon-Fri 7:30-3:30pm	862 South Main Street Suite 9 Brigham City	723-2171 1-866-280-6700
Pregnancy Care Center	Free pregnancy testing, counseling, assistance in finding temporary housing for women with unplanned pregnancies.	271 North 100 West	Tues. & Thurs. 1-4 723-0500
Starting over Single	Support group for formerly married or single people.	Tamra Boccia	753-8483
211 Information & Referral	Referrals to support groups, emergency shelter/housing, substance abuse, food assistance, health clinics, mental health, legal resources, employment programs.		Dial 211
Up-to-3 Early Intervention	Services for children 0-3 with disabilities or delays; free developmental screening	Center For Persons With Disabilities USU, Logan, UT	797-3727 1-866-695-4336
USU Dept. of Psychology-Community Clinic	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale. No insurance- just sliding scale fee.	USU Education Building 4 th floor room # 413 Logan, UT	797-3401
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 N. 700 E. Logan Marriage/Family Therapy Housing/Financial Counseling	Call for times: 797-7430 797-7224
PARENTING/CHILD EDUCATION			
American Red Cross	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance must qualify.	130 South Main Suite 120 Logan, UT	752-1125
Bear River Early Head Start	Infant/toddler home-based program; for pregnant women & children ages 0-3.	95 West 100 South #200 Logan, UT	755-0081

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6 classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening	852 South 100 West Logan, Utah	To attend these classes call Kami 1-877-755-0081 Ext. 235
Bear River Head Start	Preschool & child /family development program for eligible families.	820 North 100 East Brigham City	730-2626
Box Elder School District	Schooling & services for children with or without special needs ages 5 -18	960 South Main Street Brigham City	734-4800 279-8716
Boys & Girls Club	During school year serve kids kindergarten-12 th grade. During summer serve kids 1 st -12 th grade. Summer Program: Morning Camp: 7:30-1pm Regular Program: 1-6pm	271 North 100 West Brigham City	Lincoln Center 723-0887 723-6224
Domestic Violence Shelter-YCU- Your Community in Unity	Emergency shelter for abuse victims & families, 24-hour rape crisis help, legal aid services, support groups, & young mothers program.	435 East 700 South Brigham City - location of shelter confidential.	723-5600 Toll Free: 1-877-723-5600
Children's Aid Society Of Utah	Adoption services, crisis pregnancy counseling, and parenting classes.	652 26 th Street Ogden, UT	1-800-273-8671
Literacy Program of Box Elder County	Reading / writing assistance for all ages; personal tutoring for adults, family literacy program. ESL classes.	26 East Forest Brigham City, UT	723-5850
Migrant Head Start	Preschool for migrant children, family development.	6980 North 2550 West Honeyville, UT	279-1088
USU Cooperative Extension Services	Home management information; home canning, budgeting, cooking, gardening, food preservation, agriculture, 4-H, etc.	195 West 1100 South Brigham City	734-9945
USU Dept. of Psychology-Community Clinic	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale.	USU Education Building 4 th floor room # 413 Logan, UT	797-3401
PREGNANCY & INFANT CARE			
Baby your Baby	Prenatal financial & health assistance for those who qualify. Mon-Fri. 8-5	817 West 950 South Brigham City	734-0845
Bear River Early Head Start	Infant/toddler home-based program; for pregnant women & children age 0-3.	95 West 100 South #200 Logan, UT	755-0081
Children's Aid Society Of Utah	Adoption services, crisis pregnancy counseling, and parenting classes.	652 26 th Street Ogden, UT	1-800-273-8671
Children's Health Insurance Program	CHIP-Health Insurance for Children 0-18yrs who don't qualify for Medicaid	1050 S. Medical Drive Suite A Brigham City	734-4060
La Leche League	Breastfeeding education & information	Jenny Cottrell	257-4650
LDS Family Services	Open to all-counseling, placement & adoption services, support group for	175 West 1400 North Suite A Logan, UT	752-5302

BOX ELDER COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	pregnant young women, marriage & parent classes, addiction recovery prog.		
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers' area, information on pregnancy health issues, depression, nutrition, concerns.	Mon.-Fri. 9am – 6pm Eastern Time	Toll-free help line 1-800-504-7081
Pregnancy Care Center	Free pregnancy testing, counseling, assistance in finding temporary housing for women with unplanned pregnancies.	18 North 100 East Brigham City	Tues. & Thurs. 1-4 723-0500
Pregnancy Risk line	Free services/ information on exposures during pregnancy & breastfeeding. Mon-Thurs 8:00-6:00 pm	Salt Lake City	1-800-822-2229
Women, Infants & Children (WIC)	Nutrition, education, food program for expectant moms & children 0- 5. Food handlers permit Thurs-3:15 for \$10.00 Immunizations-call for days & times	817 West 950 South Brigham City	734-0845
TRANSPORTATION			
Axtell-Taylor	Reduced-cost Car Seats & Checks Call to check dates.	1955 North Main Logan, UT	435-752-6801
Bear River Health Department	Appointment only-Car Seat Checks Every other week by appointment.	655 East 1300 North Logan, UT	435-792-6510
Bear River Health Department	Reduced-cost car seats by attending Kids First Class. Classes are every other month on the 4 th Wednesday. 6:30-8:30 Cost is \$ 35.00	655 East 1300 North Logan, UT	435-792-6510
Emergency Services Facility	Reduced-Cost Car Seats & Checks Nov. 14, 2007 – 3:00-7:00 pm	442 West Forrest, Brigham City, UT	
Head Start	Reduced-cost Car Seats-Clients only:	95 West 100 South Suite 200 Logan, UT	435-792-6510
Kids First Class	Child passenger safety education class; cost \$35.00: Class is every other month on 4 th Wednesday.	655 East 1300 North Logan, UT	Call for class sign up & information 435-792-6510
UTILITIES			
American Red Cross (Cache County)	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance must qualify.	130 South Main Suite 120 Logan, UT	752-1125
Bear River Assoc. of Government	Housing, emergency, weatherization & heat assistance, for qualifying families.	2535 South HWY 89 Perry, UT	723-1111

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
<i>Note: Italics shows ages 0-3 as the population most served</i>			
Note: Bold shows ages 0-5 as the population most served			
Bear River Health Department	Health education, immunizations, <i>WIC food program</i> , cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, <i>breastfeeding education</i> , birth & death certificates, <i>infant development for premature babies</i> .	Women's Center 655 E. 1300 N. Logan WIC: nutrition education for expectant moms & children 0-5 Breastfeeding Clinic	792-6500 792-6451 792-6466
Bridgerland Applied Technology College	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$66.00	1301 North 600 West Logan	For GED info. call 753-6780
Bridgerland Literacy	Free reading, writing assistance and tutoring for adults, students & children. GED's.	255 North Main - Inside Logan Library	716-9141
Cache County School District	Adult Education: Mike Kirby -Mt. Crest Jim Stevenson -Sky View	2063 North 1200 East North Logan	752-3925
Cache/Rich Drug Task Force	Drug prevention, information and training.	290 North 100 West Logan	716-9381
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan http://www.jobs.utah.gov	792-0300
English Language Center	Language & citizenship classes. Family Literacy Program.	106 East 1120 North Suite A -Logan	750-6534 www.elc-cv.com
Environmental Health Department	Food handler's classes, health inspections, & clean air quality.	85 E.1800 N. Logan	792-6570
Heart t' Heart	Support group for any addiction or co-dependency. Wednesdays- just for men at Logan Library. Phil. Cell # 512-2107 www.heart-t-heart.org	500 East 800 North Rm.17 Colleen or Phil	245-4744
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	965 South 100 West Suite 203 Logan	752-1976
LDS Employment Resource Center	Job board, training videos, classes on job search, self-employment information resume assistance, all welcome	175 West 1400 North Suite C Logan	752-7911 www.ldsjobs.org
Logan School District	Adult Education- Call Mike Monson	101 W. Center -Logan	755-2300
Maximum Style Technology	Cosmetology school, financial aide available.	258 South Main Logan	752-3599
New Horizons Beauty College	Beautician Licensing	550 North Main Suite 115 Logan	753-9779
Stevens Henager College	Associate, Bachelor or Master degree training programs in business, medical and computer training etc.	755 S. Main St. -Logan http://www.stevenshenager.edu	713-4777
USU Re-Entry Student Services & USU Women's Center	For re-entry students scholarships, opportunities, campus resources. Women's Center. Helps both men and women.	3 rd floor Taggart Student Center Room 315	797-1728 or 797-1702

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Utah State University	College education. USU Campus	Gen. Admission Financial Aid	797-1096 797-0173
USU Testing	GED Testing for-\$66. ACT tests 8:30am Wednesday for \$45.00	University Inn Room #115 Logan	797-1004 Eric Jensen
CHEMICAL DEPENDENCY			
Alcoholics Anonymous	Support group for adults with an alcohol problem.	www.loganaa.org	755-7772
Bear River Health Department Division of Substance Abuse	Counseling for individuals, families, youth or groups for any type of substance abuse, prevention services, & women's programs. Free pamphlets	655 East 1300 North Logan	792-6420 After hours crisis: 881-0358
Cache/Rich Drug Task Force	Drug prevention, information and training.	290 North 100 West Logan	716-9381
Family Institutes	Adult solution focus group		752-1976
Heart t' Heart	Support group for any addiction or co-dependency. Wednesdays- just for men at the Logan Library. Phil. Cell # 512-2107 www.heart-t-heart.org	500 East 800 North Rm.17 Colleen or Phil	245-4744
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		211
CHILD CARE			
Alliance for Children	Food reimbursement for children under care of state care providers.	Karla Spackman	752-7985
Child and Family Support Center	Children's & parenting classes, child neglect /abuse prevention & counseling.	380 West 1400 North Logan	752-8880
Child Care Connection	Childcare assistance for qualifying families; home & center-base program. Ages 3-5	95 West 100 South #200 Logan	755-0081
Child Support Enforcement Program	Office of Recovery Services Mon-Fri 8am-5pm, except holidays.	Call for more information	1-800-662-8525
Child Care Resource & Referral	Childcare referral, support for childcare providers, subsidy grants for students.	6510 Old Main Hill EEJC Building #11 Logan	797-1552 1-800-670-1552
Children who have Witnessed Conflict Family Institute	For children-managing emotions, anger/ conflict management & personal safety skills, play therapy.	965 South 100 West Suite 203 Logan	752-1976
CHIP	Health insurance for ages 0-18, who qualify- Medicaid, PCN, UPP.	180 North 100 West Logan	792-0300
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, & unemployment insurance claims, etc.	180 North 100 West Logan http://www.jobs.utah.gov	792-0300
Division of Child and Family Services	Protection for abused and neglected children, foster care & adoption info.	115 W. Golf Course Rd. Suite B Logan	787-3400
COMMUNITY INVOLVEMENT			
Boys & Girls Club of Cache Valley	For 5-17 yrs old; group activities that promote self-esteem.	354 South Main Logan	752-5448

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Common Ground Outdoor Adventures	Recreational & outdoor activities for children and adults with disabilities.	335 North 100 East Logan programs@cgadventures.org	713-0288
Multicultural Center of Cache Valley	Resources for the Hispanic community.	290 North 400 East Whittier Center Logan	753-8486
Hyrum City Library	Hours: Mon-Fri 12-7 & Sat 2-5pm Have Storytime. Pre-registration is needed. Spanish Storytime also.	50 W. Main Hyrum, UT	245-6411
Logan Library	Mon-Thurs 10-9pm & Fri-Sat 10-6pm Have Storytime.	255 North Main Logan, UT	716-9123
North Logan Library	Tues-Fri 10-7pm & Mon & Sat 12-4pm Have Storytime.	475 E. 2500 N. North Logan, UT	755-7169
Richmond Public Library	Mon, Wed, Fri 2-6pm & Sat 9-1pm & Tue & Thurs 10-12 & 2-8, Storytime Thursday 10-11.	38 West Main Richmond, UT	258-5525
Cache County Senior Citizen's Center	Helps senior citizens, Meals on Wheels service opportunities-lunch served. Exercise & recreational equipment. Local field trips & more.	240 North 100 East Logan	755-1720
Smithfield Public Library	Hours: Mon-Thurs. 11-7pm Fri. 2:30-5:00pm Sat. 11:00-3:00pm Pre-register for Storytime. School year Sept-April or Summer, June-Aug.	25 North Main Smithfield, UT smithfieldcity.org	563-3555
USU PALS	Mentoring program for children.	Val R. Christenson Service Center @ USU	713-6375 Tabitha Lazenby
Youth & Families with Promise 4-H YFP	Mentoring program to help at risk youth ages 10-14.	179 N. Main, Ste. 111 Logan, UT	797-1543 (State) 752-6263 (Local)
EMPLOYMENT			
Bridgerland Applied Technology College	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$55.00	1301 North 600 West Logan	753-6780 For GED info. call 750-3188
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, & unemployment insurance claims, etc.	180 North 100 West Logan http://www.jobs.utah.gov	792-0300
Division of Vocational Rehabilitation	Job training & placement. Must meet guidelines.	115 W. Golf Course Road Suite D Logan	787-3480
Intermountain Staffing Resources	Provide job search for temporary or permanent employment. Employment listings,	130 S. Main #205 Logan Intermountainstaffings.com	752-9797
LDS Employment Resource Center	Job board, training videos, classes on job search, self-employment information resume assistance, all welcome. Career workshops, self employment, professional placement program workshop, professional networking group, work at home workshop, scholarship workshop.	175 West 1400 North Suite C Logan www.ldsjobs.org 8:30-4:30 pm	752-7911 www.ldsjobs.org
Logan Regional Hospital	Employment Job Board- www.ihc.com	1400 North 235 East Logan	716-1000 operator 716-5321 H.R. Dept.

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Maximum Style Technology	Cosmetology school, financial aide available.	258 South Main Logan	752-3599
New Horizons Beauty College	Beautician Licensing	550 North Main Suite 115 Logan	753-9779
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		211
USU Employment	Job board & referral service. www.usu.edu/studemp	USU Taggart Student Center Room 106 Logan	797-0184
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment.	160 E. 300 S. 3 rd Floor SLC, UT	1-800-222-1238
FAMILY RELATIONS			
Bear River Preschool Head Start	Preschool-child & family development program for eligible families. Ages 3-5	95 West 100 South #200 Logan	787-8885 offices 753-0951 center
Family Information & Resource Center	Story time, toys, books, training videos to check out free, workshops, literacy program, Parents as teachers ages 0-5	Open to Public M-F 9-3 50 South 400 East Logan	755-5171
Share Parents	Support group for families who've had a miscarriage, stillbirth, or new born death	Meetings held at the Logan Hospital on the 2 nd Thursday 7:00 am # 5	Contact Patty 753-0687
FOOD, NUTRITION, & CLOTHING			
Alliance for Children	Food reimbursement for children under care of state care providers.	Karla Spackman	752-7985
Bear River Health Department	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	Women's Center 655 E. 1300 N. Logan WIC: nutrition education for expectant moms & children 0-5 Breastfeeding Clinic	792-6500 792-6451 792-6466
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, & unemployment insurance claims, etc.	180 North 100 West Logan http://www.jobs.utah.gov	792-0300
Deseret Industries	Sells used clothing and toys, etc. for discounted price.	175 West 1400 North Suite B Logan	752-4511
Food Pantry	Emergency food help. Must qualify. After you are on the program food pick-up is Tuesdays from 10-3pm Mon-Thurs 8:00-3:30, Fri. 8:00-12:00	359 South Main Logan	753-7140
State Food Sense Nutrition Education Program (USU Extension Program)	Teaches how to use food budget wisely, make nutritious meals, and food classes. Serves various counties. Go through local Extension service.	County Extension number: Cache County number:	752-6263 State # : 1-888-744-3232
Logan Hospital Nutrition Center	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	1400 N. 500 E. Logan For class information:	716-5329 716-5310
National Hispanic	Referrals to prenatal care providers in	Toll-free helpline is open	1-800-504-7081

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Prenatal Helpline English & Spanish	area, information on pregnancy health issues, depression, nutrition, concerns.	Mon.-Fri. 9am – 6pm Eastern Time	
Pregnancy Risk line	Free services & information on use of drugs/herbs during pregnancy /lactation.	Mon-Fri 8 – 6 pm Salt Lake City	1-800-822-2229
Somebody's Attic	Sells used clothing and toys, etc. for discounted price.	39 West 100 North Logan	752-8502
Somebody's Attic Too	Sells used clothing, toys, etc. for discounted prices.	3 rd South Main Smithfield	563-5802
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		211
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main Suite 111 Logan	752-6263
USU Family Life Center	Marriage/Family counseling, therapy for eating disorders. \$5.00 1 st session, additional on sliding fee scale. Housing Counseling, no charge Financial Counseling, \$5.00 1 st session, additional on sliding fee scale.	493 North 700 East Logan Marriage/Family Therapy	Call for times. 797-7430
		Financial Counselor-	797-7224
HOUSING/SHELTER			
Bear River Assoc. of Governments-BRAG	Emergency, & heat assistance, housing subsidy information community & economic development. Aging services.	170 North Main Logan www.brag.utah.gov	752-7242
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group home, & apartments for mentally ill.	90 East 200 North Logan	752-0750
Countryside Manor	Subsidized apartments. Mon-Fri. 10-3	960 East Hwy 101 Hyrum	245-6833
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office located in Logan	Crisis Line: 753-2500 Office: 752-4493
Habitat for Humanity	Home-building assistance for low-income families.	William Lye: Cyndi Smith:	752-9669 787-1550
Home Choice Utah	Home ownership opportunities for people with disabilities.	Must register on hotline:	1-866-493-4500
In Home Service Program	Senior companion program, health insurance information, helps prevent long-term placement before necessary.	170 North Main Logan	752-7242
Logan Point Apartments	Housing assistance- must qualify-application fee \$25.00.	1320 North 200 East Logan	753-1300
Neighborhood Non- Profit Housing Corp.	Home-building assistance for low-income families in Cache & Box Elder.	95 West Golf Course Road Suite 104 Logan M-F 8:30-4:30	753-1112
North Point Apartments	Housing assistance- must qualify-application fee-\$25.00	1580 North 200 East Logan	752-8787
Riverwalk	Subsidized housing; No pets. 2 bath-	781 South Riverwalk Drive	753-5324

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Apartments	rooms, 3 bedrooms.	Logan	
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		211
USU Family Life Center	Individual, family, couple, & financial counseling, therapy for eating disorders sliding fee scale, housing counseling.	493 North 700 East Logan Marriage/Family Therapy Housing/Financial Counseling	Call for times. 797-7430 797-7224
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment and OSHA	160 E. 300S Logan	1-800-222-1238
INCOME/BUDGET			
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, & unemployment insurance claims, etc.	180 North 100 West Logan http://www.jobs.utah.gov	792-0300
Social Security Administration	1 st & 3 rd Wednesday 9:30-2:00pm. No appointments- first come first serve.	180 North 100 West	792-0300 1-800-772-1213
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H.	179 North Main Suite 111 Logan	752-6263
USU Cooperative Extension Services	Info. on budgeting, home canning, food preservation, gardening, cooking, etc.	1780 North Research Parkway Suite 108 Logan	752-6263
USU Family Life Center	Individual, family, couple, & financial counseling, therapy for eating disorders sliding fee scale, housing counseling.	493 North 700 East Logan Marriage/Family Therapy Housing/Financial Counseling	Call for times. 797-7430 797-7224
LEGAL PROBLEMS			
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office: PO Box 3617 Logan	Crisis Line: 753-2500 Office: 752-4493
Child Support Enforcement Program	Office of Recovery Services Mon-Fri 8am-5pm	Call for more information	1-800-662-8525
Guardian Ad Litem		135 N. 100 W. Logan, UT	713-6220
Holy Cross Immigration Lawyers	Legal assistance to those who have immigrated. Call for an appointment. \$20 Consultation fee.	250 East 725 South Catholic Church Hyde Park	Mary 752-1478 Ext. 103 Lorena, Ext. 104
Legal Services	Free legal advice 2 nd & 4 th Thursdays 1:30-4:30pm Conference Room Please call first	135 North 100 West Logan	Court Clerk 750-1300
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		211
Thursday Night at the Bar	Service is designed for those who cannot otherwise afford an attorney. Services will be provided on a first come, first serve basis. Second	Cache County Council Chambers 199 N. Main Logan, UT	Rand Henderson Law Offices 435-716-0660

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	Thursdays from 6-7 pm. Call for more information.		loganoffice@hendersonlaw.biz
Utah Legal Services	Legal information and assistance	205 N. 400 W. Salt Lake	1-800-662-4245
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment.	160 East 300 South SLC, UT 84114	1-800-222-1238
MEDICAL & DENTAL			
AIDS Hotline CDC	Information & support	Open 24 hours a day	1-800-232-4636
Bear River Health Department	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	Women's Center 655 E. 1300 N. Logan WIC: nutrition education for expectant moms & children 0-5 Breastfeeding Clinic	792-6500 792-6451 792-6466
Cache Valley Community Health	Medical, dental, & mental health counseling on a sliding scale fee.	550 East 1400 North Suite K Logan	755-6061
Cache Valley Community Health Clinic	Medical & dental services for those with NO Medicaid, Medicare, or insurance. Tuesday & Thursday from 6-9pm.	272 ½ North Main Logan	752-7060
CHIP	Health insurance for ages 0-18, who qualify- Medicaid, PCN, UPP.	180 North 100 West Logan	792-0300
Circle of Benefits	The Circle-of-Benefits RXDrugs \$9.00 or less program is for individuals who have low income and NO prescription insurance (discount cards are ok).	Call for more information and to receive a Patient Advocate.	1-800-960-4194
Dental Care	For a list of dentists in your area call Alicia at Head Start	95 W. 100 S. #200 Logan	755-0081 Ext. 240
Division of Vocational Rehabilitation	Job training & placement. Must meet guidelines.	115 W. Golf Course Road Suite D Logan	787-3480
Health Resource Line	General Health information	Baby your baby Immunization Hotline	1-800-826-9662 1-800-275-0659
Logan Regional Hospital	Medical services. Insta-care clinic for walk-in needs.	1400 North 500 East Logan	716-1010 716-1000
Medicaid	Information & assistance for those who qualify for WIC, PCN, CHIP, UPP	180 North 100 West	792-0300
Partnership for Prescription Plan	Assistance with prescriptions.	Call for information.	1-866-822-7281
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 N. Main #17 Logan Emergency #	753-0724 716-1000 1-800-230-7526
Poison Control	Advice for poison ingestion.		1-800-222-1222
Rx Medications	Affordable Medications for people who don't have insurance coverage.		1-877-633-7463
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		211
Su Familia- National Hispanic Family Health Helpline	Health information for Hispanic families to prevent/manage chronic conditions like asthma, cardiovascular disease,	Toll-free helpline is open Mon – Fri. 9am-6pm Eastern Time	1-866-783-2645 1-866-SU-FAMILIA

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	child cancer screening, immunizations, diabetes, domestic violence, HIV/AIDS, references to providers, programs & children's health insurance.		
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
Affirmative Action	Provides information on affirmative action, equal opportunity.	9535 Old Main Hill Military Science Bldg. #216 Logan	797-1266
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group homes, & apartments for mentally ill.	90 East 200 North Logan	752-0750
Bear River Health Department Division of Substance Abuse	Counseling for individuals, families, youth or groups for any type of substance abuse, prevention services, & women's programs. Free pamphlets	655 East 1300 North Logan	792-6420 After hours crisis: 881-0358
Boys & Girls Club of Cache Valley	For 5-17 yrs old; group activities that promote self-esteem.	354 South Main Logan	752-5448
Breast Cancer Support Group	Survivors will visit those with cancer receive free information & products.	American Cancer Society	1-800-234-0533
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office located in Logan	Crisis Line: 753-2500 Office: 752-4493
Center for Persons with Disabilities	Services for children and adults with disabilities, etc.	6800 Old Main Hill USU (N. of Edith Bowen) Logan	797-1981
Child and Family Support Center	Children's & parenting classes, child neglect /abuse prevention & counseling.	380 West 1400 North Logan	752-8880
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT	1-800-273-8671
Common Ground Outdoor Adventures	Recreational & outdoor activities for children and adults with disabilities.	335 North 100 East Logan	713-0288
Division of Services-Persons w/ Disabilities	Help for those who qualify; Family to Family Network, parent support group.	Program through Utah Parent Center	787-3450 Ryan or Barbara
Division of Child and Family Services	Protection for abused and neglected children, foster care & adoption info.	115 W. Golf Course Rd. Suite B Logan	787-3400
Grieving Support Group	Support group for anyone grieving for the loss of a loved one.	1400 N. 550 E. Suite G Logan UT	716-5349
Family Resource Library	Books, audio, videos about behavioral management, handicapping conditions & learning at home	6825 Old Main Hill, CPD #173 Logan, UT 84321	797-7022
Multicultural Center of Cache Valley	Resources for the Hispanic community.	290 North 400 East Whittier Center Logan	753-8486
Hollow Ridge Strategies	Family counseling on a sliding fee scale	560 Hollow Ridge Rd. Hyrum	245-6148
Home Choice Utah	Home ownership opportunities for people with disabilities.	Must register on hotline:	1-866-493-4500
Hospice	Support/sharing group for grieving children & adults; books on grieving, dying and death.	550 East 1400 North Suite G Logan	716-5349
In Home Service	Senior companion program, health	170 North Main	752-7242

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Program (through BRAG)	insurance information, helps prevent long-term placement before necessary.	Logan	
Intermountain Specialized Abuse Treatment Center	Sexual & other abuse therapy for all ages, Individual & group counseling. Sliding fee scale.	862 South Main #5 Brigham City, UT	1-435-723-5126 Hotline 1-800-303-9805
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups, classes	965 South 100 West Suite 203 Logan	752-1976
LDS Family Services	Social services, counseling, addiction recovery program, support group for pregnant young women, adoption, placement services. All Welcome.	175 West 1400 North Suite A Logan	752-5302
National Alliance for the Mentally ill- NAMI	Meetings, classes, & support for people with mental illnesses & their families.	200 N. 90 E. Logan Bsmt. North side entrance	787-4165
National Hispanic Prenatal Helpline English & Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
Options for Independence	Services to individuals with any type of disability; for all ages.	1095 North Main Street Logan	753-5353 1-800-753-2344
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 N. Main #17 Logan Emergency #	753-0724 716-1000 1-800-230-7526
Starting Over Single	Support group and activities for formerly married or single people.	Tamara Boccia	753-8483
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		211
Up-to-3 Early Intervention	<i>Services for children ages 0-3, with disabilities or delays; free developmental screenings.</i>	6810 Old Main Hill USU (N. of Edith Bowen) Logan	797-0592 1-866-695-4336
USU Dept. of Psychology-Community Clinic	ADHD, ADD & learning disability testing, behavioral therapy for all ages, parent training, & counseling. Sliding scale fee.	4 th Floor Education Bldg. USU Campus, Room 413 Logan	797-3401
USU Family Life Center	Individual, family, couple, & financial counseling, therapy for eating disorders sliding fee scale, housing counseling.	493 North 700 East Logan Marriage/Family Therapy Housing/Financial Counseling	Call for times. 797-7430 797-7224
Victim Services	Info. & assistance for victims of crime	199 North Main Basement	716-8361
PARENTING/CHILD EDUCATION			
American Red Cross	Emergency response/preparation, CPR, first aid, & babysitter training; disaster preparation, utility help must qualify.	130 South Main Suite 120 Logan, UT	752-1125
Bear River Early Head Start	<i>Infant/toddler home-based program for pregnant women & children ages 0-3.</i>	95 West 100 South Suite #200 Logan	755-0081
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6	852 South 100 West Logan, Utah	To attend these classes call Kami 1-877-755-0081 Ext. 235

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening		
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group homes& apartments for mentally ill.	90 East 200 North Logan	752-0750
Bear River Preschool Head Start	Preschool-child & family development program for eligible families. Ages 3-5	95 West 100 South #240 Logan	787-8885 offices 753-0951 center
Bridgerland Literacy	Free reading, writing assistance and tutoring for adults, students & children. GED's.	255 North Main - Inside Logan Library	716-9141
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office: PO Box 3617 Logan	Crisis Line: 753-2500 Office: 752-4493
Center for Persons with Disabilities	Services for children and adults with disabilities, etc.	6800 Old Main Hill USU (N. of Edith Bowen) Logan	797-1981
Child Care Connection	Childcare assistance for qualifying families; home & center-base program. Ages 3-5	95 West 100 South #200 Logan	755-0081
Child and Family Support Center	Children's & parenting classes, child neglect /abuse prevention & counseling.	380 West 1400 North Logan	752-8880
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT	1-800-273-8671
Family Information & Resource Center	Story time, toys, books, training videos to check out free, workshops, literacy program, Parents as teachers ages 0-5	Open to Public 50 South 400 East Logan	755-5171
Family Resource Library	Books, audio, videos about behavioral management, handicapping conditions & learning at home	6825 Old Main Hill, CPD #173 Logan, UT 84321	797-7022
Health Resource Line	General Health information	Baby your baby Immunization Hotline	1-800-826-9662 1-800-275-0659
Hospice	Support/sharing group for grieving children & adults; books on grieving, dying and death.	550 East 1400 North Suite G Logan	716-5349
Hyrum City Library	Hours: Mon-Fri 12-7pm & Sat. 2-5pm Have Story time, pre-registration is needed. Spanish Story time.	50 W. Main Hyrum, UT	245-6411
Logan Hospital Nutrition Center	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	1400 N. 500 E. Logan For class information:	716-5329 716-5310
Logan Library	Mon-Thurs.10-9pm and Fri-Sat 10-6pm Have Story time.	255 North Main Logan	716-9123
North Logan Library	Tues- Fri 10-7pm & Mon & Sat 12-4pm Have Story time.	475 E. 2500 N. N Logan	755-7169
Parenting therapy	Information on child guidance, discipline	Family Institute	752-1976

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Group	development, behavior, blended families		
Richmond Public Library	Mon, Wed, Fri. 2-6, Sat. 9-1, Tue & Thurs 10-12 & 2-8; story time Thurs-10-12.	6 West Main Richmond	258-5525
Smithfield Public Library	Hours: Mon-Thurs. 11-7pm Fri. 2:30-5:00pm Sat. 11:00-3:00pm	25 North Main Smithfield, UT	563-3555
Up-to-3 Early Intervention	<i>Services for children ages 0-3, with disabilities or delays; free developmental screenings.</i>	6810 Old Main Hill USU (N. of Edith Bowen) Logan	797-0592 1-866-695-4336
USU PALS	Mentoring program for children.	Val R. Christenson Service Center @ USU 797-2912	797-2912 Lisa Vaughan
USU Cache County Extension Services	Home management information on; food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, and 4-H, etc.	179 North Main Suite 111 Logan	752-6263
USU Psychology Dept Community Clinic	ADHD, ADD & learning disability testing, behavioral therapy for all ages, parent training, & counseling. Sliding scale fee.	4 th Floor Education Bldg. USU Campus, Room 413 Logan	797-3401
Youth & Families with Promise -YFP	Mentoring program to help at risk youth ages 10-14.	179 N. Main, Ste. 111 Logan	797-1543 (State) 752-6263 (Local)
PREGNANCY & INFANT CARE			
Bear River Early Head Start	<i>Infant/toddler home-based program for pregnant women & children ages 0-3.</i>	95 West 100 South Suite #200 Logan	755-0081
Bear River Health Department	Health education, immunizations, <i>WIC food program</i> , cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, <i>breastfeeding education</i> , birth & death certificates, <i>infant development for premature babies.</i>	Women's Center 655 E. 1300 N. Logan	792-6500
		WIC: nutrition education for expectant moms & children 0-5	792-6451
		Breastfeeding Clinic	792-6466
Baby your Baby	Immunization at low cost, birth control-family planning. Prenatal assistance must qualify.	655 East 1300 North Logan Hotline:	792-6500 1-800-826-9662
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT	1-800-273-8671
IHC Lactation Clinic	Breastfeeding/ pregnancy education & classes cost \$5.00	Logan Hospital: Women's Center:	716-1000 716-2560
La Leche League	Breastfeeding education/information, lending library, phone help.	3 rd Thursday meetings at 7:00pm	Karin 754-7037
LDS Family Services	Social services, counseling, addiction recovery program, support group for pregnant young women, adoption, placement services. All Welcome.	175 West 1400 North Suite A Logan	752-5302
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Mon.-Fri. 9am – 6pm Eastern Time	Toll Free help line 1-800-504-7081
Newborn Intensive Care Support Group	For parents & family members who have had a baby in NICU.	Logan Regional Hospital Call for times	716-5569
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 N. Main #17 Logan Emergency #	753-0724 716-1000 1-800-230-7526
Pregnancy Risk line	Free services & information on use of	Salt Lake City	1-800-822-2229

CACHE COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	drugs/herbs during pregnancy /lactation.		
Up-to-3 Early Intervention	<i>Services for children ages 0-3, with disabilities or delays; free developmental screenings.</i>	6810 Old Main Hill USU (N. of Edith Bowen) Logan	797-0592 1-866-695-4336
TRANSPORTATION			
LTD-Logan City Bus CVTD-Hyrum-Richmond	Logan public bus. No cost to ride.	754 W. 600 N. Logan, UT	Route/scheduling info. 752-2877
Axtell-Taylor	Reduced-cost Car Seats & checks	1955 N. Main Logan, UT	752-6801
Bear River Health Department	Reduced-cost car seats by attending Kids First Class. Classes are every other month on the 4 th Wednesday.	655 East 1300 North Logan, UT	792-6510
Bear River Health Department	Car Seat Checks-Appointment Only	655 East 1300 North Logan, UT	792-6510
Driver License Division	Obtain a driver's license.	110 East 700 South Logan, UT	752-0332
Emergency Services Facility	Reduced-Cost Car Seats & Checks	442 West Forrest, Brigham City, UT	
Head Start Car Seat Checks	Reduced-cost Car Seats-Clients only:	95 West 100 South Suite 200 Logan, UT	1-877-755-0081
Kids First Class (BRHD)	Child passenger safety education class; cost \$35.00:	655 East 1300 North Logan, UT	Call for class sign up & information 792-6510
Motor Vehicle Division (Cache County Assessor)	Register motor vehicles.	179 North Main Logan, UT	755-1610 or 716-7110
UTILITIES			
American Red Cross	Emergency response/preparation, CPR, first aid, & babysitter training; disaster preparation. Utility assistance must qualify	130 South Main Suite 120 Logan, UT	752-1125
Bear River Assoc. of Governments-BRAG	Emergency, & heat assistance available Nov-Apr., housing subsidy information community & economic development.	170 North Main Logan, UT	752-7242

CARIBOU COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
American Red Cross of Eastern Idaho	CPR & first aid training, disaster prevention preparation & response to emergencies.	330 Shoupe Suite B, Idaho Falls	800-853-2570 Ext. 701
Center for New Directions/Idaho State University Adult Outreach Center	Free career & personal counseling to those interested in school or work; workshops, GED classes, job services, adult basic education, English as a second language.	139 West 200 South Soda Springs, ID	547-3843
Health Works Family Center	Short term work training for in demand jobs that last 1-6 weeks; must qualify; parenting classes and counseling.	31 West Center Soda Springs, ID	Melissa Vogel 547-0047
211 Idaho Care Line	Information Referral		1-800-926-2588
Idaho School for the Deaf and Blind	For hearing and/or visually impaired students' ages 0-21; testing, consultations, referrals, & classroom instruction available if necessary	427 North Main Suite J Pocatello, ID	236-6057
LDS Employment Resource Center	Employment information, training, & job board open to all.	580 Roosevelt Ave. Pocatello, ID	232-2862
SEICAA-RSVP	Free medication review, info, & education for safe/effective medication use. Home safety checks, America reads/tutoring, exercise video, lending library.	825 East Bridger Pocatello, ID	233-7364
University of Idaho Caribou Extension	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. Parents as Teachers.	53 East 100 South Soda Springs, ID	547-3205
Vocational Rehabilitation	Training for disabled individuals to be self-reliant; employment, advocacy & counseling	1070 Hiline Street Pocatello ID.	236-6333
CHEMICAL DEPENDENCY			
Idaho Commission on Hispanic Affairs	Health & Substance abuse programs for Spanish speaking families. Scholarship & youth involvement activities.	5460 West Franklin Rd Suite B Boise, ID	(208) 334-3776 Contact Margie Gonzalez
National Drug and Alcohol Treatment & Referral	24 Hour help and information	Toll-free hotline	1-800-252-6465
Road To Recovery	Alcohol /drug counseling to individuals & their families; family may seek help without person involved with substances, IF problem exists in family; counseling, education classes In /outpatient treatment. De-Tox program.	600 East Oak Pocatello, ID	233-9135
CHILD CARE			
Pocatello Children & Adolescent Clinic	Mon-Thurs 9:00-9:00, Fri-9:00-5:00 & Sat. 9:00-12:00; Emergency services	500 South 11 th Ave. Pocatello, ID	232-1443
SEICAA-Southeastern Idaho Community Action Agency	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 South Main Room #102 Soda Springs	547-4257
COMMUNITY INVOLVEMENT			
Caribou County Senior Citizens Center	Meals-on Wheels & at senior center twice a week, extra dinners if needed, for mentally disabled or physically challenged; support groups for visual disabilities.	60 South main Soda Springs, ID	547-3007
Grace Library	Story time Mondays 10-7 Tuesday-Friday 10-5	204 S. Main Grace, ID	425-3695

CARIBOU COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Idaho Commission of Hispanic Affairs	Health & Substance abuse programs for Spanish speaking families. Scholarship & youth involvement activities.	5460 West Franklin Rd Suite B Boise, ID	(208) 334-3776 Contact Margie Gonzalez
Soda Springs Library	Children's program, computer, internet, & job service access. Monday-Thursday 10-8, Friday 10-5	149 South Main Soda Springs, ID	547-2606
University of Idaho Caribou Extension	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. Parents as Teachers.	53 East 100 South Soda Springs, ID	547-3205
EMPLOYMENT			
Health Works Family Center	Short term work training for in demand jobs can last 1-6 weeks; must qualify. Parenting classes and counseling.	31 West Center Soda Springs, ID	Melissa Vogel 547-0047
LDS Employment Resource Center	Employment information, training, & job board open to all.	580 Roosevelt Pocatello, ID	232-2862
Soda Springs Library	Children's program, computer, internet, & job service access.	149 South Main Soda Springs, ID	547-2606
FAMILY RELATIONS			
Bear River Head Start	Preschool-child/ family development program for eligible families.	60 East 400 South Soda Springs	1-877-755-0081 547-2634
Health Works Family Center	Short term work training for in demand jobs can last 1-6 weeks; must qualify. Parenting classes and counseling.	31 West Center Soda Springs, ID	Melissa Vogel 547-0047
Idaho Youth Ranch Family Services	Individual, family, couple & group counseling, skills training, crisis intervention & play therapy for children. Sliding fee scale	262 Northridge Idaho Falls	529-6696
Road To Recovery	Alcohol /drug counseling to individuals & their families; family may seek help without person involved with substances, IF problem exists in family; counseling, education classes In /outpatient treatment. De-Tox program.	600 East Oak Pocatello, ID	233-9135
SEICAA-Southeastern Idaho Community Action Agency	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 South Main Room #102 Soda Springs	547-4257
FOOD, NUTRITION, & CLOTHING			
Department of Health & Welfare	Food stamps, Medicaid, mental health & child protection services.	184 South Main Soda Springs, ID	547-4317
Deseret Industries	Sells used clothing, appliances, furniture, toys, etc.	580 Roosevelt Ave. Pocatello, ID	232-5174
Family Resources Partnership Program	For school children & families to develop plan for self-sufficiency; clothing, housing, utilities, food, counseling, medical care, behavior problems, parenting classes & transportation.	60 East 400 South Soda Springs, ID	Tues & Thursday 547-4426 Monica
Health West Clinics, Inc.	Provides primary medical outpatient care, nutrition programs.	85 South 5 th West Lava Hot Springs, ID	776-5202
Idaho Community Action Network-ICAN	Food program for families with limited incomes.	3450 Hill Road Boise, ID	1-208-385-9146
Idaho Legal Aid Services, Inc.	Represent cases of public rights: Medicare, food stamps, Medicaid, social security, county assistance, unemployment, tenant rights, rental, customer, & domestic violence cases upon referral. Must qualify.	150 South Arthur Suite 203 Pocatello, ID	233-0079

CARIBOU COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, nutrition, depression, general care, concerns.	Open Mon.-Fri. 9am – 6pm Eastern Time	Toll-free help line 1-800-504-7081
SEICAA-Southeastern Idaho Community Action Agency	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 South Main Room #102 Soda Springs	547-4257
Southeastern District Health Department	WIC, Infant/Toddler program, prenatal care, immunizations, school health, family planning, car seat assistance, environment safety inspections; STD communicable disease program, smoking help	55 East 1 st South Soda Springs, ID	547-4375
University of Idaho Caribou Extension	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. Parents as Teachers.	53 East 100 South Soda Springs, ID	547-3205
HOUSING/SHELTER			
Family Resources Partnership Program	For school children & families to develop plan for self-sufficiency; clothing, housing, utilities, food, counseling, medical care, behavior problems, parenting classes & transportation.	60 East 400 South Soda Springs, ID	Tues & Thursday 547-4426 Monica
Idaho Legal Aid Services	Free legal assistance for housing, senior, utility, & unemployment compensation problems, Medicare/ Medicaid, SSA/SSI.	482 Constitution Way #101 Idaho Falls, ID	524-3660
Idaho Legal Aid Services, Inc.	Represent cases of public rights: Medicare, food stamps, Medicaid, social security, county assistance, unemployment, tenant rights, rental, customer, utility disputes, & domestic violence cases upon referral. Must qualify.	150 South Arthur Suite 203 Pocatello, ID	233-0079
SEICAA-Southeastern Idaho Community Action Agency	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 South Main Room #102 Soda Springs	547-4257
USDA Soda Springs Service Center	Provides home ownership loans to families with low or very low income.	390 East Hooper Ave. Soda Springs	547-4396 Sstacey Moyles
INCOME/BUDGET			
Consumer Credit Management Services Of Idaho	Free advice on debt problems, credit use, manage money, avoid bankruptcy, budget planning, bankruptcy counseling.	1090 North Cole Road Boise, ID	1-208-733-2227
County Clerk's Office-Caribou Indigent Service	Assistance for those with a catastrophic medical emergency; a last resource; it can't be used with other insurances, application must be filled out board will make a decision.	159 South Main Soda Springs, ID	547-4324
Social Security	Provides Medicare, survivors' benefits,		1-800-772-1213
LEGAL PROBLEMS			
Idaho Legal Aid Services	Free legal assistance for housing, senior, utility, & unemployment compensation problems, Medicare/ Medicaid, SSA/SSI.	482 Constitution Way #101 Idaho Falls, ID	524-3660
Idaho Legal Aid Services, Inc.	Represent cases of public rights: Medicare, food stamps, Medicaid, social security, county assistance, unemployment, tenant rights, rental, customer, & domestic violence cases upon referral. Must qualify.	150 South Arthur Suite 203 Pocatello, ID	233-0079
Idaho Volunteer Lawyer Program	Free legal service for low-income people depending on case, family law, debt relief, civil case only.	Call for more information	1-800-221-3295
Social Security	Provides Medicare, survivors' benefits,		1-800-772-1213

CARIBOU COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Administration	Supplemental Security Income.		
MEDICAL & DENTAL			
AIDS Hotline & CDC Information	Information and support	English	1-800-232-4636
Dental Care	For a list of dentists in your area call Alicia at Head Start.	95 W. 100 S. #200 Logan, UT	(435)755-0081 Ext. 240
Department of Health & Welfare	Food stamps, Medicaid, mental health & child protection services.	184 South Main Soda Springs, ID	547-4317
IDAHO CARE LINE	CHIP, parenting classes, doctors/dentists, etc	Call for information	1-800-926-2588
MEDICAL & DENTAL CONTINUED			
Idaho Commission for the Blind & Visually Impaired	Consultation, testing, instruction and referral if necessary	427 North Main Suite K Pocatello, ID	236-6392
Idaho Home Health Hospice	Physical/occupational therapy, personal care aid, skilled nursing, Hospice Care.	315 East Alameda Pocatello, ID	232-1122
Idaho Legal Services	Free legal assistance for housing, senior, utility, & unemployment compensation problems, Medicare/ Medicaid, SSA/SSI.	482 Constitution Way #101 Idaho Falls, ID	524-3660
Idaho School for the Deaf and Blind	For hearing and/or visually impaired students' ages 0-21; testing, consultations, referrals, & classroom instruction available if necessary.	427 North Main Suite H Pocatello, ID	236-6057
Health West Clinics, Inc.	Provides primary medical outpatient care, nutrition programs.	85 South 5 th West Lava Hot Springs, ID	776-5202
Pocatello Children & Adolescent Clinic	Mon-Thurs 9:00-9:00, Fri-9:00-5:00 & Sat. 9:00-12:00; Emergency services	500 South 11 th Ave. Pocatello, ID	232-1443
Pocatello Family Dentistry	Dental clinic. Sliding fee scale based on financial need; accepts Medicaid billing.	465 Memorial Drive Pocatello, ID	282-6000
Pocatello Free Clinic	General family medicine, diagnostic testing, & prescription, dental services. Free to those without insurance. By appointment only	429 Washington Ave Pocatello, ID	Mon-Fri 3:-6pm 233-6245
Poison Control	Advice for poison ingestion.	Utah	1-800-222-1222
SEICAA-RSVP	Free medication review, info, & education for safe/effective medication use. Home safety checks, America reads/tutoring, exercise video, lending library.	825 East Bridger Pocatello, ID	233-7364
Social Security Administration	Provides Medicare, survivors' benefits, Supplemental Security Income.		1-800-772-1213
Southeastern District Health Department	WIC, Infant/Toddler program, prenatal care, immunizations, school health, family planning, car seat assistance, environment safety inspections; STD communicable disease program, smoking help	55 East 1 st South Soda Springs, ID	547-4375
Su Familia- National Hispanic Family Health Helpline	Health information for Hispanic families to prevent/manage chronic conditions, programs references to providers, children's health insurance; fact sheets for asthma, domestic violence, cancer screening, cardiovascular disease, immunizations, diabetes, HIV/AIDS. Referrals for low-cost clinics in US and Puerto Rico.	Toll-free helpline is open Mon. – Fri. 9am-6pm Eastern Time	1-866-783-2645 1-866-SU-FAMILIA General helpline in English & Spanish Prenatal helpline 1-800-504-7081
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
AIDS Hotline	Information and support	English	1-800-232-4636
Are you O.K.?	System that calls senior citizens or people	Caribou Hospital	

CARIBOU COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	with a disability who live alone to make sure that they are all right.	Carol Lynn Rigby Janice Hildreth	547-3831 547-3795
Caribou County Senior Citizens Center	Meals-on Wheels & at senior center twice a week, extra dinners if needed, for mentally disabled or physically challenged; support groups for visual disabilities.	60 South main Soda Springs, ID	547-3007
Developmental Options	Serves developmentally & mentally delayed individuals. Accepts Medicaid.	415 South Arthur Pocatello, ID	233-6833
Center for New Directions/Idaho State University	Free career & personal counseling to those interested in school or work; workshops, GED classes, job services, adult basic education, English as a second language.	139 West 200 South Soda Springs, ID	547-3843
Diabetes Association	Support group meetings at Thirkill Elementary. Call for times.	60 East 400 South Soda Springs	547-2362 Irene
Family Resources Partnership Program	For school children & families to develop plan for self-sufficiency; clothing, housing, utilities, food, counseling, medical care, behavior problems, parenting classes & transportation.	60 East 400 South Soda Springs, ID	Tues & Thursday 547-4426 Monica
Family Services Alliance	Legal assistance with domestic violence & sexual assault issues, support groups, court advocacy, shelter.	355 South Arthur Pocatello, ID	232-0742
Idaho Legal Aid Services, Inc.	Represent cases of public rights: Medicare, food stamps, Medicaid, social security, county assistance, unemployment, tenant rights, rental, customer, utility disputes, & domestic violence cases upon referral. Must qualify.	150 South Arthur Suite 203 Pocatello, ID	233-0079
Idaho School for the Deaf and Blind	For hearing and/or visually impaired students' ages 0-21; testing, consultations, referrals, & classroom instruction available if necessary.	427 North Main Suite I Pocatello, ID	236-6057
Idaho Commission for the Blind & Visually Impaired		427 North Main Suite K Pocatello, ID	236-6392
Idaho Youth Ranch Family Services	Individual, family, couple & group counseling, skills training, crisis intervention & play therapy for children. Sliding fee scale	262 Northridge Idaho Falls	529-6696
Health Works Family Center	Short term work training for in demand jobs can last 1-6 weeks; must qualify. Parenting classes and counseling.	31 West Center Soda Springs, ID	Melissa Vogel 547-0047
Human Development Center	Short-term counseling, referrals to other agencies as needed. For 18 and older.	421 Memorial Pocatello Emergency #:	234-7900 233-0590
LDS Family Services	Counseling, adoption, placement services; support group for pregnant young women, etc. Open all; addiction recovery program.	1169 Call Creek Place Suite B Pocatello, ID	232-7780
Life Incorporated	Advocacy training & counseling for persons with disabilities; home health services.	640 Pershing, Suite A Pocatello, ID	232-2747
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, nutrition, depression, general care, concerns.	Open Mon.-Fri. 9am – 6pm Eastern Time	Toll-free help line 1-800-504-7081
Parents Unlimited	Advocacy, education, support to parents of children with disabilities/special needs ages birth to 21.	1878 West Overland Boise, ID	1-800-242-4785
Road To Recovery	Alcohol /drug counseling to individuals & their families; family may seek help without person involved with substances, IF problem exists in family; counseling, education classes In	600 East Oak Pocatello, ID	233-9135

CARIBOU COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	/outpatient treatment. De-Tox program.		
Soda Springs School District	Regular schooling & services for children with special needs ages 5-18.	250 East 200 South Soda Springs	547-3371
Southeastern District Health Department	WIC, Infant/Toddler program, prenatal care, immunizations, school health, family planning, car seat assistance, environment safety inspections; STD communicable disease program, smoking help	55 East 1 st South Soda Springs, ID	547-4375
State of Idaho Mental Health Crisis Team			1-800-864-2120
PARENTING/CHILD EDUCATION			
American Red Cross of Eastern Idaho	CPR & first aid training, disaster prevention preparation & response to emergencies.	410 Memorial Drive Suite 204, Idaho Falls	800-853-2570 Ext. 701
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6 classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening	852 South 100 West Logan, Utah	To attend these classes call Kami 1-877-755-0081 Ext. 235
Bear River Head Start	Preschool-child/ family development program for eligible families.	60 East 400 South Soda Springs	1-877-634-8885 547-2634
Family Resources Partnership Program	For school children & families to develop plan for self-sufficiency; clothing, housing, utilities, food, counseling, medical care, behavior problems, parenting classes & transportation.	60 East 400 South Soda Springs, ID	Tues & Thursday 547-4426 Monica
Grace Library	Story time Mondays at 10:00am Oct.-April	204 S. Main Grace, ID	425-3695
Health Works Family Center	Short term work training for in demand jobs can last 1-6 weeks; must qualify. Parenting classes and counseling.	31 West Center Soda Springs, ID	Melissa Vogel 547-0047
211 IDAHO CARE LINE	CHIP, parenting classes, doctors/dentists, etc	Call for information	1-800-926-2588
Idaho Youth Ranch Family Services	Individual, family, couple & group counseling, skills training, crisis intervention & play therapy for children. Sliding fee scale	262 Northridge Idaho Falls	529-6696
Psychological Assessment	Works with children with ADD, ADHD, Aggressive Behavior, etc. Accepts Medicaid	500 S. 11th Ave # 302 Pocatello, ID	233-0150
Parents Unlimited	Advocacy, education & support to parents of children with disabilities/special needs; ages birth to 21.	1878 West Overland Boise, ID	1-800-242-4785
Road To Recovery	Alcohol /drug counseling to individuals & their families; family may seek help without person involved with substances, IF problem exists in family; counseling, education classes In /outpatient treatment. De-Tox program.	600 East Oak Pocatello, ID	233-9135
SEICAA-Southeastern Idaho Community Action Agency	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 South Main Room #102 Soda Springs	547-4257 Karen Crawshaw

CARIBOU COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
SEICAA-RSVP	Free medication review, info, & education for safe/effective medication use. Home safety checks, America reads/tutoring, exercise video, lending library.M-TH 10-8, Friday 10-5	825 East Bridger Pocatello, ID	233-7364
Soda Springs Library	Children's program, computer, internet, & job service access.	149 South Main Soda Springs, ID	547-2606
Soda Springs School District	Regular schooling & services for children with special needs ages 5-18.	250 East 200 South Soda Springs	547-3371
Southeastern District Health Department	WIC, Infant/Toddler program, prenatal care, immunizations, school health, family planning, car seat assistance, environment safety inspections; STD communicable disease program,smoking help.	55 East 1 st South Soda Springs, ID	547-4375
University of Idaho Caribou Extension	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. Parents as Teachers.	53 East 100 South Soda Springs, ID	547-3205
PREGNANCY & INFANT CARE			
LDS Family Services	Counseling, adoption, placement services; support group for pregnant young women, etc. Open all; addiction recovery program.	1169 Call Creek Place Suite B Pocatello, ID	232-7780
Health West Clinics, Inc.	Provides primary medical outpatient care, nutrition programs.	85 South 5 th West Lava Hot Springs, ID	776-5202
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, nutrition, depression, general care, concerns.	Open Mon.-Fri. 9am – 6pm Eastern Time	Toll-free help line 1-800-504-7081
Southeastern District Health Department	WIC, Infant/Toddler program, prenatal care, immunizations, school health, family planning, car seat assistance, environment safety inspections; STD communicable disease program,smoking help.	55 East 1 st South Soda Springs, ID	547-4375
TRANSPORTATION			
Axtell-Taylor	Reduced-cost Car Seats	1955 North Main Logan, UT	435-752-6801
Bear River Health Department	Appointment only – Car Seat Checks	655 East 1300 North Logan, UT	435-792-6510
Bear River Health Department	Reduced-cost car seats- Car seat checks, by appt. only	655 East 1300 North Logan, UT	435-792-6510
Head Start	Reduced-cost Car Seats-Clients only	95 West 100 South Logan, UT	1-877-755-0081
Kids First Class	Child passenger safety education class from 6:30-8:30 pm. Cost is \$35.00	655 East 1300 North Logan, UT	Call for class sign up & info. 435-792-6510
UTILITIES			
Family Resources Partnership Program	For school children & families to develop plan for self-sufficiency; clothing, housing, utilities, food, counseling, medical care, behavior problems, parenting classes & transportation.	60 East 400 South Soda Springs, ID	Tues & Thursday 547-4426 Monica
SEICAA-Southeastern Idaho Community Action Agency	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 South Main Room #102 Soda Springs	547-4257 Karen Crawshaw

FRANKLIN COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
AIDS Hotline	Information and support.	English	1-800- 232-4636
American Red Cross of Eastern Idaho	CPR & first aid training, disaster preparation, prevention & response to emergencies, etc	Idaho Falls	1-800-853-2570 Ext. 701
Bridgerland Applied Technology College	Job training in drafting, office technology, car repair, dental assisting, & GED testing.	1301 North 600 West Logan, UT	435-753-6780 GED # 435-750-3188
ISU Outreach Center	Career & mental health counseling, GED & English as a second language training. Summer hours: Monday 8-5pm	16 th South 1 st West Suite C Preston, ID	852-3566 GED # 800-626-9433
The Larson Sant Library	Literacy programs, reading, writing & sign language, Story Time Summer: June 24-July Tuesdays at 11:00 Winter: Wednesdays at 11:00	109 South 1 st East Preston, ID	852-0175
LDS Employment Resource Center	Information on job board, training, resume assistance, & self employment.	175 West 1400 North Suite C, Logan, UT	(435) 752-7911 www.ldsjobs.org
Logan Regional Hospital	Education Department- Classes available: Smoking Cessation, Prenatal, CPR, etc.	1400 North 500 East Logan, UT	435-716-5310
Parents Unlimited	Training, education & support to parents of children with disabilities & special needs in public school system; ages birth-21.	1878 West Overland Rd. Suite 100 Boise, ID	1-800-242-4785
Stevens Henager College	Associate and Bachelor degree training programs in Business, medical fields, etc.	755 South Main St. North Logan, UT	435-713-4777 www.stevenshenager.edu
Summit Counseling Services	Skill building, counseling, & coping programs for children and adults.	2072 North Main St. Suite 101 Logan, UT	390-9282 - Idaho # 435-752-4646 - UT #
U of I Franklin County Extension	Nutrition, health, food safety, family finance, 4H programs, etc.	561 West Oneida Preston, ID	852-1097
Vocational Rehabilitation	Training to disabled individuals to be self-reliant, employment, advocacy & counseling.	30 South State Street Preston, ID	852-0092
CHEMICAL DEPENDENCY			
Addiction Recovery Program	Provides weekly support & training for all addictions.	Call for information	208-852-1634 208-852-1754
Al-Anon	Support group for adults affected by someone else with a drug or alcohol problem.	Call for information	801-393-2311
Alcoholics Anonymous	Support group for adults with alcohol problems.	Idaho welcome	1-435-755-7772
Hispanic Council of Idaho	Health & substance abuse programs for Hispanic families. Scholarship & activities. Youth Groups on anti-drugs, anti-alcohol, anti-tobacco. Safe & Drug Free school program.	5460 W. Franklin Rd Suite B Boise, ID	(208) 334-3776 Contact Margie Gonzalez
Logan Regional Hospital	Education Department- Classes available: Smoking Cessation, Prenatal, CPR, etc.	1400 North 500 East Logan, UT	435-716-5310
National Alcohol & Drug Treatment	24 hours hotline. In-patient 28 day program.		1-800-252-6465
Road to Recovery Preston Counseling			752-0750 Tim Mitchell
State of Idaho Substance Abuse Program			1-800-922-3406
CHILD CARE			
Child and Family	Parenting & child classes, support groups,	Most services available	435-752-8880

FRANKLIN COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Support Center	child abuse/neglect prevention, abuse counseling, & nursery.	to Idaho families.	380 West 1400 North Logan, UT
211 Care Line	-CHIP-Health insurance for children 0-18 who don't have health insurance.	Call for information	1-800-926-2588
Idaho Infant/ Toddler Program	Home based program for developmentally delayed children 0-3, offers immunizations.	42 W. 1 st S. Preston IDAHO Care line	852-0478 1-800-926-2588
Recovery Services	Assistance in collecting child support	Boise, ID	1-800-356-9868
COMMUNITY INVOLVEMENT			
Multi Cultural Center of Cache Valley	For all cultures in the community.	290 N. 400 E. Logan	435-753-8486
Hispanic Council of Idaho	Health & substance abuse programs for Hispanic families. Scholarship & activities. Youth Groups on anti-drugs, anti-alcohol, anti tobacco. Safe & Drug Free school program.	5460 W. Franklin Rd Suite B Boise, ID	(208) 334-3776 Contact Margie Gonzalez
U of I Franklin County Extension	Nutrition, health, food safety, family finance, 4H programs, gardening, etc.	561 West Oneida Preston, ID	852-1097
EMPLOYMENT			
ISU Outreach Center	Career & mental health counseling, GED & English as a second language training.	16 th South 1 st West Suite C Preston, ID	852-3566 GED # 800-626-9433
Idaho Dept. of Labor	Computer access to see job listings & apply for benefits, ABE classes.	16 th South 1 st West Preston, ID	852-3566
LDS Employment Resource Center	Information on job board, training, resume assistance, & self employment.	175 West 1400 North Suite C, Logan, UT	435-752-7911 www.ldsjobs.org
Logan Regional Hospital	Employment information and job line. Idaho families welcome	1400 North 500 East Logan, UT	435-716-1000 716-5321 H.R. Dept.
USU Employment	Employment information for USU jobs. www.usu.edu/studemp	USU Taggart Student Center-Room 106	435-797-0184 Logan, UT
Vocational Rehabilitation	Training to disabled individuals to be self-reliant, employment, advocacy & counseling.	30 South State Street Preston, ID	852-0092
Workforce Services	State employment information & job board Idaho families welcome to call job line.	180 North 100 West Logan, UT	435-792-0300 www.jobs.utah.gov
FAMILY RELATIONS			
Bear River Head Start	Preschool-child and family development program for eligible families.	515 South 400 East Preston, ID	1-877-755-0081
Idaho Department of Health & Welfare	Child and family services all provided after a referral by the state.	223 North State Preston, ID	852-0634
Southeastern Idaho District Health Dept.	Family planning, health education, immunizations, cervical cancer screening, infectious disease screening, WIC. Infant Toddler Program	42 West 100 South Preston, ID	852-0478
National Alliance for the Mentally ill- NAMI	Classes and support for families/ individuals with mental illness.	1770 N Research Pkwy Suite 130 Logan, UT	435-787-4165
FOOD, NUTRITION, & CLOTHING			
Deseret Industries	Low cost clothing and other items	36 S. State Preston, ID	852-1286
Idaho Community Action Network-ICAN	Food program for families with limited incomes.	3450 Hill Road Boise, ID	1-208-385-9146
Logan Hospital Nutrition Center	Help for parents or children with food allergies, eating problems, etc.	1400 North 500 East Logan, UT	Idaho welcome 435-716-5329
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues,	Mon.-Fri. 9am– 6pm Eastern Time	Toll-free help line 1-800-504-7081

FRANKLIN COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
English/Spanish	depression, nutrition, general care, etc		
Pregnancy Risk line	Free services and information on use of drugs/herbs during pregnancy & lactation.	Call for information	1-800-822-2229 1-866-626-0715 Fax
SEICAA	Emergency food help & energy assistance to low-income individuals and families in paying for heat- once a year. Food Boxes, Rental assistance, commodities. Family development program. Must qualify.	16 South 100 West Suite B Preston, ID	852-1515
SEICAA-Resource & Referral	Working closet, financial, rent, & energy (Nov-March) assistance, commodities 1time a month, food boxes. Family development program. Must Qualify.	825 East Bridger Pocatello, Idaho	232-1141
U of I Franklin County Extension	Nutrition, health, food safety, family finance, 4H programs, etc.	561 West Oneida Preston, ID	852-1097
USU Family Life Center	Counseling on sliding fee scale, for eating disorders, financial & housing management.	493 North 700 East Logan, UT	Family: 435-797-7430 Finance: 435-797-7224
HOUSING/SHELTER			
CAPSA -Community Abuse Prevention Services Agency	Emergency shelter for abuse victims, work-shops, protective order help, support group, & counseling. Confidential location	24 hour crisis line: Office:	435-753-2500 435- 752-4493
Cedarwood Apartments	Subsidized apartments for low-income families. Must qualify	257 North 2 nd East Preston, ID	852-0122
Franklin County Victims Advocate	Shelter, counseling, legal help, support groups, case management, etc.	561 West Oneida Preston, ID	221-1396
Idaho Legal Services Inc.	Free legal assistance for housing, & unemployment compensation problems, Medicare/ Medicaid.	150 South Arthur Suit 203 Pocatello, ID	208-233-0079
USDA Preston Service Center Rural Development Office	Provides home ownership loans to families with low or very low income.	98 East 800 North Preston, Idaho	852-0562 Ext. 116 Lana Duke
USU Family Life Center	Counseling on sliding fee scale, for eating disorders, financial & housing management.	493 North 700 East Logan, UT	Family: 435-797-7430 Finance: 435-797-7224
Vista Apartments	Subsidized apartments for low-income families. Must qualify	250 East 400 North Preston, ID	852-3260
INCOME/BUDGET			
Consumer Credit Management Services	Money management advice, debt problems, bankruptcy counseling, use credit.	800 Falls Ave Suite 11 Twin Falls ID	1-208-733-2227 1-877-733-2267
SEICAA-Resource & Referral	Working closet, financial, rent, & energy (Nov-March) assistance, commodities 1time a month, food boxes. Must Qualify.	825 East Bridger Pocatello, Idaho	232-1141
U of I Franklin County Extension	Nutrition, health, food safety, family finance, 4H programs, etc.	561 West Oneida Preston, ID	852-1097
USU Family Life Center	Counseling on sliding fee scale, for eating disorders, financial & housing management.	493 North 700 East Logan, UT	Family: 435-797-7430 Finance: 435-797-7224
LEGAL PROBLEMS			
Franklin County Victims Advocate	Shelter, counseling, legal help, support groups, case management, etc.	561 West Oneida Preston, ID	221-1396
Idaho Legal Services Inc.	Free legal assistance for housing, & unemployment compensation problems, Medicare/ Medicaid, domestic violence	150 South Arthur Suite 203 Pocatello, ID	208-233-0079 Hotline 1-877-500-2980
Idaho Child Support Services	Assistance in collecting child support	Boise, ID	1-800-356-9868

FRANKLIN COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
MEDICAL & DENTAL			
Children's Health Insurance Program	-CHIP-Health insurance for children 0-18 who don't have health insurance.	Call for information	1-800-926-2588
Dental Care	For a list of dentists in your area call Alicia at Head Start.	95 W. 100 S. #200 Logan, UT	435-755-0081 Ext. 240
Franklin County Medical Center	Medical services, Lamaze classes	44 North 100 East, Preston, ID	852-0137
211 IDAHO CARE LINE	Health & human service referrals. CHIP, parenting classes, doctors/dentists, etc.	Call for information	1-800-926-2588
Idaho Legal Services Inc.	Free legal assistance for housing, utility & unemployment compensation problems, Medicare/ Medicaid, Domestic Violence	150 South Arthur Suit 203 Pocatello, ID	208-233-0079
Logan Regional Hospital	Medical services. Insta-care clinic for walk-in needs.	1400 North 500 East Logan, UT	435-716-1000
Poison Control	Advice for poison ingestion.	Information Hotline	1-800-222-1222
Southeastern Idaho District Health Dept.	Family planning, health education, immunizations, cervical cancer & disease screening, & WIC. Family planning services. Infant/Toddler program	42 West 100 South Preston, ID	852-0478
Su Familia- National Hispanic Family Health Helpline	Information for Hispanic families to help prevent & manage chronic conditions, references to providers, children's health insurance, programs, fact sheets for asthma, cancer screening, immunizations, domestic violence, cardiovascular disease, diabetes, & HIV/AIDS. Referrals for low cost clinics in US & Puerto Rico.	Toll-free helpline Mon. – Fri. 9am-6pm Eastern Time	1-866-783-2645 1-866-SU-FAMILIA General Helpline for English & Spanish. Pre-Natal helpline 1-800-504-7081
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
AIDS Hotline	Information and support.	English	1-800- 232-4636
CAPSA -Community Abuse Prevention Services Agency	Emergency shelter for abuse victims, workshops, protective order help, support group, & counseling. Confidential location	24 hour crisis line: Office:	435-753-2500 435- 752-4493
Child and Family Support Center	Parenting & child classes, support groups, child abuse/neglect prevention, abuse counseling, & nursery.	Most services available to Idaho families.	435-752-8880 380 West 1400 North Logan, UT
Franklin County Victims Advocate	Victim's shelter, counseling, legal help, support groups, case management, etc.	561 West Oneida Preston, ID	221-1396
Franklin County Home Care	Home base community services.	44 North 100 East Preston, ID	852-1937 Contact Muriel
Franklin County Developmental services	Center for persons with disabilities for all ages.	153 N. State Street Suite B Preston, ID	852-0324
Idaho Infant/ Toddler Program	Home based program for developmentally delayed children 0-3, offers immunizations.	42 W. 1 st S. Preston IDAHO Care line	852-0478 1-800-926-2588
LDS Family Services	Counseling, adoption, placement services; support group for pregnant young women. All welcome, addiction recovery program.	175 West 1400 North Suite A Logan	435-752-5302 Idaho Families Welcome
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, general care, etc	Mon.-Fri. 9am– 6pm Eastern Time	Toll-free help line 1-800-504-7081
National Alliance for the Mentally ill- NAMI	Classes and support for families/ individuals with mental illness.	1770 N Research Pkwy Suite 130 Logan, UT	435-787-4165
Parents Unlimited	Training, education & support to parents of	1878 West Overland	1-800-242-4785

FRANKLIN COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	children with disabilities & special needs in public school system; ages birth-21.	Suite 145 Boise, ID	
Preston School District	Regular schooling & services for children with special needs ages 5 -18.	120 East 200 South Preston, ID	852-0283
Summit Counseling Services	Skill building, counseling, & coping programs for children and adults.	2072 N. Main North Logan, UT	208-390-8282 – ID # 435-752-4646 - UT #
USU Psychology Dept. Community Clinic	ADHD, ADD, learning disabilities testing, parent training, individual behavioral therapy; counseling, sliding fee scale.	4 th Floor Education Bldg. USU Room 413 Logan, UT	435-797-3401 Idaho Welcome
USU Family Life Center	Counseling on sliding fee scale, for eating disorders, financial & housing management.	493 North 700 East Logan, UT	Family: 435-797-7430 Finance: 435-797-7224
Vocational Rehabilitation	Training to disabled individuals to be self-reliant, employment, advocacy & counseling.	30 South State Street Preston, ID	852-0092
PARENTING/CHILD EDUCATION			
American Red Cross of Eastern Idaho	CPR & first aid training, disaster preparation, prevention & response to emergencies, etc	330 Shoup Suite B Idaho Falls	1-800-853-2570 Ext. 701
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6 classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening	852 South 100 West Logan, Utah	To attend these classes call Kami 1-877-755-0081 Ext. 235
Bear River Head Start	Preschool-child and family development program for eligible families.	515 South 400 East Preston, ID	852-3012
Child and Family Support Center	Parenting & child classes, support groups, child abuse/neglect prevention, abuse counseling, & nursery.	Most services available to Idaho families.	435-752-8880 380 West 1400 North Logan, UT
IDAHO CARE LINE	Health & human service referrals. CHIP, parenting classes, doctors/dentists, etc.	Call for information	1-800-926-2588
The Larson Sant Library	Literacy programs, reading, writing & sign language. Story Time Winter: 11:00 on Wednesday's. Summer: 11:00 on Tuesdays	109 South 1 st East Preston, ID	852-0175
Parents Unlimited	Training, education & support to parents of children with disabilities & special needs in public school system; ages birth-21.	1878 West Overland Suite 145 Boise, ID	1-800-242-4785
Preston School District	Regular schooling & services for children with special needs ages 5 -18.	109 South East Preston, ID	852-0283
Summit Counseling Services	Skill building, counseling, & coping programs for children and adults.	2072 North Main St. Suite 101 North Logan, UT	208-390-9282- ID# 435-752-4646 - UT #
U of I Franklin County Extension	Nutrition, health, food safety, family finance, 4H programs, etc.	561 West Oneida Preston, ID	852-1097
USU Psychology Dept. Community Clinic	ADHD, ADD, learning disabilities testing, parent training, individual behavioral therapy; counseling, sliding fee scale.	4 th Floor Education Bldg. USU Room 413 Logan, UT	435-797-3401 Idaho Welcome

FRANKLIN COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
PREGNANCY & INFANT CARE			
Bear River Early Head Start	Infant/toddler home-based program, serves pregnant women & children ages 0-3.	95 W. 100 S. #100 Logan, UT	435-755-0081 Franklin Co. welcome
Child and Family Support Center	Parenting & child classes, support groups, child abuse/neglect prevention, abuse counseling, & nursery.	Most services available to Idaho families.	435-752-8880 380 West 1400 North Logan, UT
Idaho Infant/ Toddler Program/WIC	Home based program for developmentally delayed children 0-3, offers immunizations. WIC office makes referrals to Infant/Toddler Program	42 W. 1 st S. Preston IDAHO Care line	852-0478 Kelly 1-800-926-2588
Franklin County Medical Center	Medical services, Lamaze classes, drug & alcohol counseling, etc.	44 North 100 East, Preston, ID	852-0137
La Leche League	Breastfeeding Education/Info; monthly meetings, & small library of books.	Call Kelly in Logan	435-754-7037
LDS Family Services	Counseling, adoption, placement services; support group for pregnant young women. All welcome, addiction recovery program.	175 West 1400 North Suite A Logan	435-752-5302 Idaho Families Welcome
Logan Regional Hospital	Education Department- Classes available: Smoking Cessation, Prenatal, CPR, etc.	1400 North 500 East Logan, UT	435-716-5310
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, general care, etc	Mon.-Fri. 9am– 6pm Eastern Time	Toll-free help line 1-800-504-7081
Pregnancy Risk line	Free services and information on use of drugs/herbs during pregnancy & lactation. Mon-Fri 8:30-4:30pm	Call for information	1-800-822-2229
TRANSPORTATION			
Axtell-Taylor	Reduced-cost Car Seats Call for dates.	1955 North Main Logan, UT	435-752-6801
Bear River Health Department	Appointment only – Car Seat Checks	655 East 1300 North Logan, UT	435-792-6510
Bear River Health Department	Reduced-cost car seats.	655 East 1300 North Logan, UT	435-792-6510
Head Start	Reduced-cost Car Seats-Clients only.	95 West 100 South Logan, UT	1-877-755-0081
Kids First Class	Child passenger safety education class from 6:30-8:30 pm. Cost is \$35.00	655 East 1300 North Logan, UT	Call for class sign up & info. 435-792-6510
UTILITIES			
SEICAA	Emergency food help & energy assistance to low-income individuals and families in paying for heat- once a year. Food boxes, rental assistance, commodities. Family development program. Must qualify.	16 South 100 West Suite B Preston, ID	852-1515
SEICAA-Resource & Referral	Energy assistance-Nov 1-Mar 31, information/ referral services, family development, food boxes, personal hygiene products, housing for chronically homeless/ mentally disabled, phone assistance, school supplies, working closet-clothing help, & mental health program	825 East Bridger Pocatello, Idaho	233-7348

ONEIDA COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
AIDS Hotline	Information and support about AIDS	English	1-800-232-4636
American Red Cross of Eastern Idaho	CPR, first aid training, disaster prevention, preparation & response to emergencies, etc	330 Shoupe, Suite B Idaho Falls	1-800-853-2570 Ext. 701
Area Agency on Aging	Information and services for people over 60 years old; handles neglect and abuse. Adult protection	214 East Center Pocatello	233-4032 Ext. 16
Bridgerland Applied Technology College	Job training in drafting, office technology systems, dental assisting, automotive repair, GED testing, etc. Exam cost \$55	1301 North 600 West Logan, UT Idaho families welcome	435-753-6780 For GED info. Call: 750-3188
Idaho Department of Labor & Job Corps	Provides funding options for qualified applicants, employment options training. Career exploration, job search assistance, job training.	430 N. 5 th Ave Pocatello, ID	236-6710 Jeff Sherwood
ISU Outreach Center Job Search	Career & personal counseling, GED & ESL classes, job training, workshops, etc. Summer hours: Monday 8-5pm	16 th South 1 st West Suite C Preston, ID	852-3566 1800-626-9433 GED
IHC Lactation Clinic	Education & questions regarding breast-feeding. Call for list of classes.	Logan Hospital, Women's Center	435-716-1000 716-5310- Ed. dept
La Leche League	Breastfeeding education/information; meetings & lending library.	Call Karin Logan	435- 754-7037
LDS Employment Resource Center	Employment information, training, & job board; all welcome.	580 Roosevelt Pocatello, ID	232-2862
LIFE Incorporated	Support & self-directed services, education, & independent living training, information, referrals, transition services.	640 Pershing, Suite A Pocatello, ID	232-2747
Logan Hospital Education Dept.	Several classes available: Smoking Cessation, Prenatal, CPR, etc.	1400 North 500 East Logan, UT	435-716-5310
Oneida Co. Health Dept. & Home Health	Health education; immunizations. WIC, etc.	175 South 300 East Malad, ID	766-4764
Oneida County Library	Story Hour w/crafts- Tuesday 12:30-1:30 Ages 0-5, 6-8, 9-11 Youth Teen Group (age 12-19) Summer Tuesday 4:30	31 North 100 West Malad, ID	766-2229
Southeastern Idaho District Health Department	Health Education, immunizations, cervical cancer & disease screening, WIC program, family planning, food handler's permit. Infant Toddler Program	175 South 300 East Malad, ID	766-4764
Stevens Henager College	Associate and Bachelor degree training programs in Business, medical fields, etc	755 South Main St. Logan, UT	435-713-4777 www.stevenshenager.edu
Summit Counseling Services	Medicaid-funded skill building, counseling & coping programs for children & adults.	Idaho contact : Heather	390-9282
University of Idaho Oneida Extension	Youth 4-H program, farming resources, food safety, agriculture, education, & cleaning information, canning, gardening.	30 North 100 West Malad, ID	766-2243
Vocational Rehabilitation	Training for disabled individuals to be self-reliant, employment, advocacy & counseling.	30 South State Street Preston, ID	852-0092
CHEMICAL DEPENDENCY			
Addiction Recovery Program	Provides support, training for all additions in weekly meetings.	Malad Stake House, contact Stake President	766-2902
Al-Anon	Support group for those affected by someone else with a drug or alcohol problem.	Call for information	801-393-2311
Alcoholics	Support group for adults with alcohol	Idaho families welcome	(435) 755-7772

ONEIDA COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Anonymous	problem.		
Idaho Commission on Hispanic Affairs	Community Resource Information for Hispanic Community; Youth Groups for anti-drug, anti-alcohol, & anti-tobacco. Safe & Drug Free school program.	5460 W. Franklin Road Suite B Boise, ID	208-334-3776 Contact: Margie Gonzalez
Logan Hospital Education Dept.	Several classes available: Smoking Cessation, Prenatal, CPR, etc.	1400 North 500 East Logan, UT	435-716-5310
National Alcohol & Drug Treatment	24 hour hotline. In-patient 28 day program.	Call for information	1-800-252-6465
Road To Recovery	In /out patient treatment & de-tox program; education classes IF problem is in family.	600 East Oak Pocatello, ID	233-9135
CHILD CARE			
Child and Family Support Center	Parenting & children's classes, crisis nursery for at risk of neglect or abuse.	Most services available to Idaho families.	435-752-8880 In Logan, UT
Idaho Child Support Services	Call for Information	Boise, ID	1-800-356-9868
Idaho Department of Health and Welfare	Food stamps, family support, child care & TAFI-temporary assistance, group therapy Medicaid, counseling, adult mental health, child mental health, 24-hr crisis line, etc - sliding fee scale	30 North 100 West Malad, ID Crisis Line	766-2281 235-5869
Office of Recovery Services	Assistance with collection of child support.	Call for information	1-800-336-2629
Up-to-3 Early Intervention	Services for children, 0-3, with disabilities or delays; free developmental screenings.	USU 6810 Old Main Hill Logan, UT	(435) 797-0592 1-866-695-4336
COMMUNITY INVOLVEMENT			
Cache Employment and Training Center	For people with disabilities. Day, community & employment, independent living & respite care assistance.	Idaho families welcome	435-752-7952 275 W. 400 S. Logan, UT
Idaho State University Library	Library cards & computer stations available to community.	850 South 9 th Street Pocatello, ID	Call for Library hours: 282-3152
Idaho Commission on Hispanic Affairs	Health & substance abuse programs for Hispanic families; scholarships & activities. Youth Groups for anti-drug, anti-alcohol, & anti-tobacco. Safe & Drug Free school program. Resource information for the Hispanic Community	5460 W. Franklin Road Suite B Boise, ID	208-334-3776 Contact Margie Gonzalez
Oneida County Library	Story Hour w/crafts: Tuesdays: 12:30-1:30. Ages 0-5, 6-8, 9-11. Youth Teen Group ages 12-19 Tuesdays at 4:30.	31 North 100 West Malad, ID	766-2229
University of Idaho Oneida Extension	Youth 4-H program, farming resources, food safety, agriculture, education, & cleaning information, canning, gardening.	30 North 100 West Malad, ID	766-2243
EMPLOYMENT			
Bridgerland Applied Technology College	Job training in drafting, office technology systems, dental assisting, automotive repair, GED testing, etc. Exam cost \$55	1301 N. 600 W. Logan Idaho families welcome	435-753-6780 For GED info. Call: 750-3188
Cache Employment and Training Center	For people with disabilities. Day, community & employment, independent living & respite care assistance.	Idaho families welcome	435-752-7952 275 W. 400 S. Logan, UT
Idaho Department of Labor	Job listings, Job Corps, training, application assistance, unemployment benefits, "work first" for qualified applicants. Hours Mon-Fri	430 N. 5 th Ave Pocatello, ID	236-6710 Jeff Sherwood

ONEIDA COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
	1-5pm Career exploration, job search assistance, job training.		
ISU Outreach Center Job Search	Career & personal counseling, GED & ESL classes, job training, workshops, etc.	16 th South 1 st West Preston, ID	852-3566 1800-626-9433 GED
LDS Employment Resource Center	Employment information, training, & job board; all welcome.	580 Roosevelt Ave. Pocatello, ID	232-2862
Logan Regional Hospital	Employment information and job-line. Idaho families welcome	1400 North 500 East Logan, UT	435-716-1000-office 716-5321 H.R. Dept.
Vocational Rehabilitation	Training for disabled individuals to be self- reliant, employment, advocacy & counseling	30 South State Street Preston, ID	852-0092
Workforce Services	Employment information. Idaho families welcome	180 North 100 West Logan, UT	(435) 792-0300 www.jobs.utah.gov

FAMILY RELATIONS

Bear River Head Start	Preschool-child and family development program for eligible families.	450 North 300 West Malad Elementary	766-2200
Idaho Department of Health and Welfare	Food stamps, family support, child care & TANF-assistance, group therapy Medicaid, counseling, adult mental health, 24-hr crisis line, etc - sliding fee scale	30 North 100 West Malad, ID Crisis Line	766-2281 235-5869

FOOD, NUTRITION, & CLOTHING

Deseret Industries	Sells used clothing and toys, etc. for discounted price.	36 South State Preston, ID	852-1286
Franklin County Food Pantry/Bank	Emergency food help. Must qualify by income.	16 S. 100 W. Suite B Preston, ID	852-1515
Idaho Community Action Network-ICAN	Food program for families with limited incomes. Political advocacy & activism.	3450 Hill Road Boise, ID	1-208-385-9146
Idaho Department of Health and Welfare	Food stamps, family support, child care & TANF-assistance, group therapy Medicaid, counseling, adult mental health, 24-hr crisis line, etc - sliding fee scale.	30 North 100 West Malad, ID Crisis Line	766-2281 235-5869
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, care, & concerns.	Mon.-Fri. 9am – 6pm Eastern Time	Toll-free Help line: 1-800-504-7081
Oneida County Hospital/Ambulance	Medical services, nutritionist, speech therapist, physical therapy.	150 North 200 West Malad, ID	766-2231
Oneida Co. Health Dept. & Home Health	Home Health services; Hospice, health education; immunizations. WIC, etc.	175 South 300 East Malad, ID	766-4764
SEICAA	Assistance to low-income individuals and families in paying for heat-once a year. Energy Assistance & Food Bank.	30 North 100 West Malad, ID	Mon-Thurs 8:30- 4 766-2737
Southeastern Idaho District Health Department	Health Education, immunizations, cervical cancer & disease screening, & WIC program, family planning, food handler's permit. Infant/Toddler Program	175 South 300 East Malad, ID	766-4764
University of Idaho Oneida Extension	Youth 4-H program, farming resources, food safety, agriculture, education, & cleaning information, canning, gardening.	30 North 100 West Malad, ID	766-2243

HOUSING/ SHELTER

Cache Employment and Training Center	For people with disabilities. Day, community & employment, independent living & respite care assistance.	Idaho families welcome	435-752-7952 275 W. 400 S. Logan, UT
CAPSA - Community Abuse Prevention	Emergency shelter for abuse victims, 24- hour crisis line, support group, counseling,	Confidential location Logan, UT	435-752-4493-Office Crisis line #

ONEIDA COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Services Agency	workshops, protective order assistance.	Idaho families welcome	435-753-2500
Franklin County Advocate	Victim's shelter, support groups, legal help, counseling, case management, etc.	561 West Oneida Preston, ID	221-1396 Ceceile
Habitat for Humanity	Home-building assistance for low-income families.	990 Yellowstone, Ste #5 Pocatello, ID	233-9081
Idaho Legal Services	Free legal assistance for housing, senior citizen, & domestic violence, unemployment compensation, Medicare & Medicaid.	482 Constitution Way #101 Idaho Falls, ID	524-3660
Rural Development	Provides home ownership loans to families with low or very low income.	725 Jenson Rd. Drive Suite 2 Blackfoot, ID	758-2090
INCOME/BUDGET			
Consumer Credit Management Services Of Idaho	Post filing bankruptcy education. www.consumerfinancialsolutions.com	800 Falls Ave. Suite 11 Twin Falls, ID	1-877-733-2267
USU Family Life Center	Individual, family, & group counseling on a sliding fee scale, including eating disorders, financial & housing management.	493 North 700 East Logan Idaho welcome	435-797-7430-house financial 435-797-7224
LEGAL PROBLEMS			
Area Agency on Aging	Information and services for people over 60 years old; handles neglect and abuse. Adult protection.	214 East Center Pocatello	233-4032 Ext. 16 1-800-526-8129 24 hr phone line
Franklin County Victims Advocate	Victim's shelter, support groups, legal help, counseling, case management, etc.	561 West Oneida Preston, ID	221-1396
Idaho Falls Legal Services	Free legal assistance for housing, senior citizen, & domestic violence, unemployment compensation, Medicare & Medicaid.	482 Constitution Way #101 Idaho Falls, ID	524-3660
Idaho Child Support Services	Assistance with collection of child support	Call for information Boise, ID	1-800-356-9868
MEDICAL & DENTAL			
Dental Care	For a list of dentists in our area call Alicia at Head Start.	95 W. 100 S. #200 Logan, UT	(435) 755-0081 Ext. 240
IDAHO CARE LINE	Referrals to doctors, dentists, children's health insurance, etc.	Call for information	1-800-926-2588
Idaho Commission Blind/Visually impaired	Provides job rehabilitation training, skills training and educational opportunities.	341 W. Washington St Boise, ID	800-542-8688 www.icbvi.state.id.us
Idaho Department of Health and Welfare	Food stamps, family support, child care & TANF-assistance, group therapy Medicaid, counseling, adult mental health, 24-hr crisis line, etc - sliding fee scale.	30 North 100 West Malad, ID Crisis Line	766-2281 235-5869
Idaho Home Health Hospice	Physical & occupational therapy, nursing, aid services, hospice	315 East Alameda Pocatello, ID	232-1122
Idaho Legal Services	Free legal assistance for housing, senior citizen, & utility problems, unemployment compensation, Medicare & Medicaid.	482 Constitution Way #101 Idaho Falls, ID	524-3660
Logan Regional Hospital	Medical services. Insta-care clinic for walk-in needs. Idaho families welcome	1400 North 500 East Logan, UT	(435) 716-1000
Malad Valley Clinic	Medical Services	230 W. 200 N. Malad, ID	766-2267
Oneida County Hospital/Ambulance	Medical services, nutritionist, speech therapist, physical therapy.	150 North 200 West Malad, ID	766-2231
Oneida Co. Health Dept. & Home Health	Home, Health and Hospice, health education; immunizations. WIC, etc.	175 South 300 East Malad, ID	766-4764
Poison Control	Advice for poison ingestion.	Call for Help	1-800-222-1222

ONEIDA COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Pregnancy Risk line	Free information on use of drugs/herbs during pregnancy & lactation.	Call for information	1-800-822-2229 1-866-626-0715 fax
Southeastern Idaho District Health Department	Health Education, immunizations, cervical cancer & disease screening, WIC program, family planning, food handler's permit. Infant Toddler program.	175 South 300 East Malad, ID	766-4764
Su Familia- National Hispanic Family Health Helpline	Health information for Hispanic families to prevent/manage chronic conditions, reference to providers, programs, children's health insurance; fact sheets for asthma, cardiovascular disease, cancer screening, child & adult immunizations, diabetes, domestic violence & HIV/AIDS. Referrals for low cost clinics in US & Puerto Rico.	Toll-free helpline is open: Mon – Fri. 9-6pm	1-866-783-2645 1-866-SU-FAMILIA General helpline for English or Spanish Pre-Natal Helpline 1-800-504-7081
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
AIDS Hotline	Information and support about AIDS	English	1-800- 232-4636
Area Agency on Aging	Information and services for people over 60 years old; handles neglect and abuse	214 Center Pocatello	233-4032 Ext. 16
Cache Employment and Training Center	For people with disabilities. Day, community & employment, independent living & respite care assistance.	Idaho families welcome	435-752-7952 275 W. 400 S. Logan, UT
CAPSA - Community Abuse Prevention Services Agency	Emergency shelter for abuse victims, 24-hour crisis line, support group, counseling, workshops, protective order assistance.	Confidential location Logan, UT Idaho welcome	435-752-4493-Office Crisis line # 435-753-2500
Center for Persons with Disabilities	Services for children and adults with disabilities, etc.	USU 6810 Old Main Hill (N. Edith Bowen) Logan	435-797-1981
Child and Family Support Center	Parenting & children's classes, crisis nursery for at risk of neglect or abuse.	Most services available to Idaho families.	435-752-8880 In Logan, UT
Franklin County Victim Services	Victim's shelter, support groups, legal help, counseling, case management, etc.	561 West Oneida Preston, ID	221-1396
Franklin County Home Care	Home Community Base Services. Hospice, IDDA (Disability Developmental Agency)	44 North 100 East Preston, ID	852-1937 Contact Muriel
Human Development Center	Adult Mental Health Services; Services for youth and children with disabilities	421 Memorial Drive Pocatello, ID	234-7900
IDAHO CARE LINE	Referrals to doctors, dentists, children's health insurance, etc.	Call for information	1-800-926-2588
Idaho Department of Health and Welfare	Food stamps, family support, child care & TANF-assistance, group therapy Medicaid, counseling, adult mental health, 24-hr crisis line, etc - sliding fee scale.	30 North 100 West Malad, ID Crisis Line	766-2281 235-5869
Idaho Infant/ Toddler Program	Home based program for children 0-3 who are developmentally delayed.	1901 Alvin Ricken Dr. Pocatello, ID	208-233-9080, Ext. 247
LDS Family Services	Counseling, adoption, placement services, addiction recovery program, support group for pregnant young women, All welcome.	1169 Call Creek Place Suite B Pocatello, ID	232-7780
LIFE Incorporated	Support & self directed services, education & independent living training, information, referrals, transition services.	640 Pershing, Ste. A Pocatello, ID	232-2747
Oneida School District	Regular schooling & services for children with special needs ages 5 -18.	25 East 50 South Malad, ID	766-4701
National Hispanic	Referrals to prenatal care providers in area,	Mon.-Fri. 9am – 6pm	Toll-free Help line:

ONEIDA COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Prenatal Helpline	information on pregnancy health issues, depression, nutrition, care, & concerns.	Eastern Time	1-800-504-7081
Parents Unlimited	Training, education and support to parents of children with disabilities & special needs in public school system ages birth to 21.	1878 West Overland Boise, ID	1-800-242-4785
Road To Recovery	In /out patient treatment, education classes if problem is in family.	10 Court Street Malad, ID	241-9917 Jody Owens
Starting over Single	Support group for formerly married people.	Idaho families welcome	(435) 752-9538 Sylvia
Summit Counseling Services	Medicaid-funded skill building, counseling & coping programs for children & adults.	Idaho contact #	390-9282 Heather
Up-to-3 Early Intervention	Services for children, 0-3, with disabilities or delays; free developmental screenings.	USU 6810 Old Main Hill Logan, UT	(435) 797-0592 1-866-695-4336
USU Family Life Center	Individual, family, & group counseling on a sliding fee scale, including eating disorders, financial & housing management.	493 North 700 East Logan Idaho families welcome	435-797-7430-house financial 435-797-7224
Vocational Rehabilitation	Training for disabled individuals to be self-reliant, employment, advocacy & counseling	30 South State Street Preston, ID	852-0092
PARENTING/CHILD EDUCATION			
American Red Cross of Eastern Idaho	CPR, first aid training, disaster prevention, preparation & response to emergencies, etc	330 Shoupe Suite B Idaho Falls	1-800-853-2570 Ext. 701
Bear River Head Start	Preschool-child and family development program for eligible families.	450 North 300 West Malad Elementary	766-2200
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6 classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening	95 West 100 South Suite 200 Logan, Utah	To attend these classes call Kami 1 877-755-0081, Ext. 232
Center for Persons with Disabilities	Services for children and adults with disabilities, etc.	USU 6810 Old Main Hill (N. Edith Bowen) Logan	435-797-3727
Child and Family Support Center	Parenting & children's classes, crisis nursery for at risk of neglect or abuse.	Most services available to Idaho families.	435-752-8880 In Logan, UT
211 IDAHO CARE LINE	Referrals to doctors, dentists, children's health insurance, etc.	Call for information	1-800-926-2588
Idaho State University Library	Library cards & computer stations available to community.	850 South 9 th Street Pocatello, ID	Call for Library hours: 282-3152
Logan Hospital Education Dept.	Several classes available: Smoking Cessation, Prenatal, CPR, etc.	1400 North 500 East Logan, UT	435-716-5310
Oneida School District	Regular schooling & services for children with special needs ages 5 -18.	25 East 50 South Malad, ID	766-4701
Oneida County Library	Story Hour w/crafts: Tuesdays 12:30-1:30. Ages 0-5, 6-8, 9-11. Teen Group ages 12-19, Tuesdays 4:30	31 South 100 West Malad, ID	766-2229
Parents Unlimited	Training, education and support to parents of children with disabilities/special needs in public school system ages birth to 21.	1878 West Overland Boise, ID	1-800-242-4785
Summit Counseling	Medicaid-funded skill building, counseling	Idaho contact #	390-9282

ONEIDA COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Services	& coping programs for children & adults.		Heather
University of Idaho Oneida Extension	Youth 4-H program, farming resources, food safety, agriculture, education, & cleaning information, canning, gardening.	30 North 100 West Malad, ID	766-2243
Up-to-3 Early Intervention	Services for children, 0-3, with disabilities or delays; free developmental screenings.	USU 6810 Old Main Hill Logan, UT	(435) 797-0592 1-866-695-4336
USU Psychology Dept Community Clinic	ADHD, ADD & learning disabilities testing, behavioral therapy, marriage & couple counseling, parent training. Sliding fee.	4 th Floor Education Bldg Rm #413 USU Logan, UT	435-797-3401
PREGNANCY & INFANT CARE			
Child and Family Support Center	Parenting & children's classes, crisis nursery for at risk of neglect or abuse.	Most services available to Idaho families.	435-752-8880 In Logan, UT
Idaho Infant/ Toddler Program Child-Find	Home based program for children 0-3 who are developmentally delayed.	1901 Alvin Ricken Dr. Pocatello, ID	208-233-9080 Ext. 247
IHC Lactation Clinic	Education & questions regarding breast- feeding. Call for list of classes.	Logan Hospital, Women's Center	435-716-1000 716-5310- Ed. dept
La Leche League	Breastfeeding education/information; meetings & lending library.	Logan	435- 752-0168 Karin
LDS Family Services	Counseling, adoption, placement services, addiction recovery program, support group for pregnant young women, All welcome.	1169 Call Creek Place Suite B Pocatello, ID	232-7780
Logan Hospital- Education Dept.	Several classes available: Smoking Cessation, Prenatal, CPR, etc.	1400 North 500 East Logan, UT	435-716-5310
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, care, & concerns.	Mon.-Fri. 9am – 6pm Eastern Time	Toll-free Help line: 1-800-504-7081
Oneida Co. Health Dept. & Home Health	Health education; immunizations. WIC, etc.	175 South 300 East Malad, ID	766-4764
Pregnancy Risk line	Free information on use of drugs/herbs during pregnancy & lactation.	Call for information	1-800-822-2229 1-866-626-0715
Southeastern Idaho District Health Department	Health Education, immunizations, cervical cancer & disease screening, WIC program, family planning, food handler's permit. Infant/Toddler Program.	175 South 300 East Malad, ID	766-4764
Up-to-3 Early Intervention	Services for children, 0-3, with disabilities or delays; free developmental screenings.	USU 6810 Old Main Hill Logan, UT	(435) 797-0592 1-866-695-4336
TRANSPORTATION			
Axtell-Taylor	Reduced-cost Car Seats Call for dates.	1955 North Main Logan, UT	435-752-6801
Bear River Health Department	Appointment only – Car Seat Checks Call for dates.	655 East 1300 North Logan, UT	435-792-6510
Bear River Health Department	Reduced-cost car seats-	655 East 1300 North Logan, UT	435-792-6510
Head Start	Reduced-cost Car Seats-Clients only:	90 West 100 South Suite 200 Logan, UT	1-877-755-0081
KIDS FIRST CLASS	Child passenger safety education class from 6:30-8:30 pm. Cost is \$35.00	655 East 1300 North Logan, UT	Call for class sign up & information 435-792-6510
UTILITIES			
SEICAA	Assistance to low-income individuals and families in paying for heat-once a year. Energy Assistance & Food Bank.	30 North 100 West Malad, ID	Mon-Thurs 8:30- 4 766-2737

RICH COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
ADULT EDUCATION			
AIDS Hotline	Information and support.	English	1-800-232-4636
Bear River Health Department	Health education, immunizations, cervical cancer & disease screenings, Medicaid, WIC, home health services, early infant development for premature children, food handlers permit, immigration physicals, birth /death cert. breast feeding education.	275 N. Main Randolph WIC: Food program for expectant moms /children 0-5	793-2445 792-6451-Logan
Rich County School District	Adult Education; Superintendent: Dale Lamborn	25 South 100 West Randolph	793-2135
Rich High School	Principal: Rick Larsen	PO BOX 278 Randolph	793-2365
CHEMICAL DEPENDENCY			
Alcoholics Anonymous	Support group for adults with an alcohol problem.	Call for information	755-7772
Narcotics Anonymous	Support group for those affected by a drug addiction.	Hotline	801-626-2652
National Alcohol & Drug Treatment	24 hours hotline. In-patient 28 day program	Call for information	1-800-252-6465
211 Information & Referral	Information for emergency shelter/housing support groups, employment programs, food assistance, health clinics, mental health, legal resources, substance abuse.	Call for information	211
CHILD CARE			
Alliance for Children	Food reimbursement for children under care of state care providers	Karla Spackman	752-7985
Child Care Resource & Referral	Support for childcare providers, subsidy grants for students	USU EEJC Building #11 Logan, UT	435-797-1552 1-800-670-1552
COMMUNITY INVOLVEMENT			
Garden City Library	Summer: Mon, Wed, Fri 1-5pm Winter: Mon, Fri 1-5	145 West Logan Rd. Garden City	946-2950
EMPLOYMENT			
211 Information & Referral	Information for emergency shelter/housing support groups, employment programs, food assistance, health clinics, mental health, legal resources, substance abuse.	Call for information	211
Utah Labor Commission	Information on labor laws, employment, housing discrimination, etc.	160 E. 300 S., 3 rd Floor SLC, UT	1-800-222-1238
FAMILY RELATIONS			
Bear River Head Start	Preschool & child/ family development program for eligible families.	Toll Free: Carrie Hislop	1-877-755-0081 946-8242 1-877-634-8885
FOOD, NUTRITION, CLOTHING			
Alliance for Children	Food reimbursement for children under care of state care providers.	Karla Spackman	752-7985
Bear River Health Department	Health education, immunizations, cervical cancer & disease screenings, Medicaid, WIC, home health services, early infant development for premature children, food handlers permit, immigration physicals, birth /death cert. breast feeding education.	275 N. Main Randolph WIC: Food program for expectant moms /children 0-5	793-2445 792-6451 Logan
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, & concerns.	Mon.-Fri. 9am – 6pm Eastern Time	Toll-free help line 1-800-504-7081

RICH COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Pregnancy Risk Line	Free services & information on using drugs/herbs during pregnancy /lactation. Mon-Fri 8:30-4:30pm		1-800-822-2229
211 Information & Referral	Information for emergency shelter/housing support groups, employment programs, food assistance, health clinics, mental health, legal resources, substance abuse.	Call for information	211
HOUSE/SHELTER			
Bear River Assoc. of Governments-BRAG	Aging assistance, community & economic development, emergency/heat assistance, HUD or housing subsidy, etc	170 North Main Logan, UT	752-7242
Home Choice Utah	Home ownership opportunities for people with disabilities.	Must register on Hotline	1-866-493-4500
211 Information & Referral	Information for emergency shelter/housing support groups, employment programs, food assistance, health clinics, mental health, legal resources, substance abuse.	Call for information	211
Utah Labor Commission	Information on labor laws, employment, housing discrimination, etc.	160 E. 300 S., 3 rd Floor SLC, UT	1-800-222-1238
INCOME/BUDGET			
Alliance for Children	Food reimbursement for children under care of state care providers	Karla Spackman	752-7985
LEGAL PROBLEMS			
211 Information & Referral	Information for emergency shelter/housing support groups, employment programs, food assistance, health clinics, mental health, legal resources, substance abuse.	Call for information	211
Utah Labor Commission	Information on labor laws, employment, housing discrimination, etc.	160 E. 300 S., 3 rd Floor SLC, UT	1-800-222-1238
MEDICAL & DENTAL			
Bear Lake Community Health Center	Medical/dental services & mental health counseling on a sliding scale fee.	325 West Logan Highway Garden City	946-3660
Bear River Health Department	Health education, immunizations, cervical cancer & disease screenings, Medicaid, WIC, home health services, early infant development for premature children, food handlers permit, immigration physicals, birth/death cert. breast feeding education.	275 North Main Randolph WIC: Food program for expectant moms /children 0-5	793-2445 792-6451 -Logan
Dental Care	For a list of dentists in your area call Alicia at Head Start	95 W. 100 S. #200 Logan, UT	(435)755-0081 Ext. 240
Health Resource Line	General health information line.	Immunization Hotline:	1-800-275-0659
Poison Control	Advice for poison ingestion.	Call for help	1-800-222-1222
PCN Insurance	Insurance for adults who are uninsured and are not eligible for other programs.	www.health.utah.gov/pcn www.checkyourhealth.org	1-888-222-2542
Su Familia- National Hispanic Family Health Helpline English/Spanish	Health information for Hispanic families to prevent & manage chronic conditions; references to providers, federal programs, like children's health insurance; papers for asthma, cardiovascular disease, cancer screening, domestic violence, child /adult immunizations, diabetes & HIV/AIDS.	Toll-free helpline is open Mon. – Fri. 9am-6pm Eastern Time	1-866-783-2645 1-866-SU-FAMILIA
211 Information &	Information for emergency shelter/housing	Call for information	211

RICH COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Referral	support groups, employment programs, food assistance, health clinics, mental health, legal resources, substance abuse.		
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
AIDS Hotline	Information and support.	English	1-800- 342-2437
Bear Lake Community Health Center	Medical/dental services, & mental health counseling on a sliding fee scale	325 West Logan Highway Garden City	946-3660
Bear River Assoc. of Governments-BRAG	Aging assistance, community & economic development, emergency/heat assistance, HUD or housing subsidy, etc	170 North Main Logan, UT	752-7242
Bear River Mental Health	Family, group, person, child counseling & Safe kids group; on sliding fee scale	90 East 200 North Logan, UT	435-752-0750
Health Department	Counseling on a sliding fee scale; WIC.	275 N. Main Randolph, UT	793-2445
Home Choice Utah	Home ownership opportunities for people with disabilities.	Must register on Hotline	1-866-493-4500
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, & concerns.	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
Options for Independence	Services to individuals with any type of disability; for all ages.	1095 North Main Street Logan, UT	753-5353 1-800-753-2344
Preschool	Preschool & speech Pathology	Randolph, Utah	Susan Hansen 793-2135 ext. 110
Special Education	Karen Matthews	Laketown, UT	946-3358
211 Information & Referral	Information for emergency shelter/housing support groups, employment programs, food assistance, health clinics, mental health, legal resources, substance abuse.	Call for information	211
Utah Labor Commission	Information on labor laws, employment, housing discrimination, etc.	160 E. 300 S., 3 rd Floor SLC, UT	1-800-222-1238
PARENTING/CHILD EDUCATION			
Bear River Head Start	Parenting Classes: <u>November:</u> Mother /Father Read (English and Spanish), Second Step (English-2 classes; Spanish-1 class) <u>December:</u> Family Activities; Winter/Christmas Scrapbooking <u>January:</u> Love and Logic (6 classes) <u>February:</u> Marriage Enhancement (6 classes) <u>March/April:</u> Emergency Preparedness, Family Activities; Spring/Summer Gardening	95 West 100 South Suite 200 Logan, Utah	To attend these classes call Kami 1-877-755-0081 Ext. 235
Bear River Head Start	Preschool & child/ family development program for eligible families.	Toll Free: Carrie Hislop	1-888-634-8885 946-8242
Garden City Library	Monday – Friday 9:00am to 5:00pm 69 North Paradise Parkway	145 West Logan Road Garden City	946-2950
New Preschool	Provided by Maggie Weston Ages: 3-5	125 East Center Laketown	435-503-2601
North Rich Elementary	Schooling for elementary age children.	Laketown, UT	946-3358
Preschool	Preschool & speech pathology.	25 South 100 West Randolph, Utah	Susan Hansen 793-2135 ext. 110
South Rich Elementary	Public school system	Randolph, UT	793-2135

RICH COUNTY SERVICES DIRECTORY 2009-2010

Who	Services	Location	Phone Number
Special Education	Karen Matthews	Laketown, UT	946-3358
PREGNANCY & INFANT CARE			
Bear River Health Department	Health education, immunizations, cervical cancer & disease screenings, Medicaid, WIC, home health services, early infant development for premature children, food handlers permit, immigration physicals, birth /death cert. breast feeding education.	275 N. Main Randolph WIC: Food program for expectant moms /children 0-5	793-2445 792-6451- Logan
Pregnancy Risk Line	Free services & information on using drugs/herbs during pregnancy /lactation.		1-800-822-2229
National Hispanic Prenatal Helpline English/Spanish	Referrals to prenatal care providers' in area, information on pregnancy health issues, depression, nutrition, & concerns.	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
TRANSPORTATION			
Axtell-Taylor	Reduced-cost Car Seats & checks. Call for dates.	1955 North Main Logan, UT	435-752-6801
Bear River Health Department	Car Seat Checks-Appointment Only	655 East 1300 North Logan, UT	435-792-6510
Bear River Health Department	Reduced-cost car seats-	655 East 1300 North Logan, UT	435-792-6510
Head Start Car Seat Checks	Reduced-cost Car Seats-Clients only:	95 West 100 S. Suite 200 Logan, UT	1-877-755-0081
Kids First Class	Child passenger safety education class; cost \$35.00:	655 East 1300 North Logan, UT	Call for class sign up & information 435-792-6510
UTILITIES			
Bear River Assoc. of Governments-BRAG	Aging assistance, community & economic development, emergency/heat assistance, HUD or housing subsidy, etc	170 North Main Logan, UT	752-7242