



Home Safety

IN CASE OF EMERGENCY REFERENCES:

Poison Control Center:

1-800-222-1222

Questar Gas:

To report gas line breaks, leaks, odors

1-800-767-1689

For more information on home safety, visit:

Safekids.org

HOME SAFETY

Safety in the home is one of the most important things that you can do for your family. Here are some general tips/tricks to make your home a little safer and to keep your family happy and healthy.

Fire Safety:

- For the best protection, install smoke alarms on every level of your home, especially near sleeping areas. Test batteries every six months.
- Keep anything that can catch fire, such as dish towels or wooden spoons, away from your stovetop. Have a fire extinguisher in the kitchen in case of emergency, and make sure you know how it works.
- Create and practice a home fire escape plan with two ways out of every room. In the event of a fire, leave your home immediately. Once you're out of the house, stay out.

Water Safety:

- Actively supervise children in and around water. Avoid distractions of any kind, such as reading or talking on the phone.
- Once bath time is over, immediately drain the tub. Keep toilet lids, doors to bathrooms and laundry rooms doors closed to prevent drowning.

Medication Safety:

- Put all medicine and vitamins up and away, and out of sight after every use.

Poison Prevention:

- Store all household products and cleaning solutions out of children's sight and reach. Young kids are often eyelevel with items under the kitchen and bathroom sinks.
- Keep cleaning products in their original containers. Don't put a potentially poisonous product in something other than its original container, such as a plastic soda bottle, where it could be mistaken for something else.

Burn Prevention:

- Don't carry a child while cooking on the stove. It's better to put your child in a high chair where you can still see them.
- Keep an eye on appliances such as irons, curling irons or hair dryers that can heat up quickly or stay warm. Unplug and safely store these items after use.
- Keep appliance cords out of children's reach, especially if the appliances produce a lot of heat.

IS YOUR HOME SAFE?

Print out this checklist and do this inspection with your parents or another adult. If you find any hazards, check NEEDS FIXING and then ask an adult to have them fixed.

	TRUE	NEEDS FIXING
Electric outlets are not overloaded with lots of plugs.	<input type="checkbox"/>	<input type="checkbox"/>
Electric cords are in good condition.	<input type="checkbox"/>	<input type="checkbox"/>
Electric cords do not run under rugs or furniture legs or near hot appliances.	<input type="checkbox"/>	<input type="checkbox"/>
Electric appliances are used away from water.	<input type="checkbox"/>	<input type="checkbox"/>
People carry appliances by the handle, not the cord.	<input type="checkbox"/>	<input type="checkbox"/>
A multipurpose fire extinguisher is kept in the house.	<input type="checkbox"/>	<input type="checkbox"/>
All danger and warning signs are read and carefully followed.	<input type="checkbox"/>	<input type="checkbox"/>
Electric appliances that can get hot—such as heaters, toasters, and lightbulbs—are kept away from things that can burn.	<input type="checkbox"/>	<input type="checkbox"/>
Safety caps are inserted in outlets when small children are around.	<input type="checkbox"/>	<input type="checkbox"/>
Small appliances are turned off and/or unplugged when people leave home.	<input type="checkbox"/>	<input type="checkbox"/>
All extension cords, lights, and appliances used outdoors are labeled for outdoor use.	<input type="checkbox"/>	<input type="checkbox"/>

Father/Male Engagement Activity: This month the focus is home safety. Sit down with your child and make a fire escape plan. Talk to them about where to meet outside the home in case of fire or evacuations.