

HOME SAFETY

Maintaining a safe home and yard is important for the safety of your family, but also for the safety of your friends, guests, workers, and other people who may be accessing your property. Keeping your home free of dangers and equipped with home safety products can prevent mundane accidents such as falls and can protect you from emergencies like fires. Practice some good habits around your home to keep you and your loved ones safe. Consider the hazards below and identify ways you can improve your home safety!



FIRE SAFETY



- ◆ Obtain at least one fire extinguisher per level of home.
- ◆ Obtain smoke detectors and test batteries every 6 months.
- ◆ Obtain carbon monoxide detectors and install in areas where sleeping occurs
- ◆ Don't plug extra things into one outlet
- ◆ Keep children away from stoves and ovens
- ◆ Monitor open flames and put out before leaving
- ◆ Keep lighters and matches out of reach of children

CHEMICAL AND POISON DANGERS



- ◆ Keep medications out of reach
- ◆ Use pet/child safe cleaning products
- ◆ Keep cleaners out of reach
- ◆ Test your home for lead
- ◆ Clean surfaces of home frequently
- ◆ Sweep and mop often
- ◆ Use pet/child safe pest control systems
- ◆ Properly clean mold
- ◆ Open windows and ventilate home often
- ◆ Use bathroom vent

CHOKING HAZARD



- ◆ Pick up all small toys from floor like legos
- ◆ Cut food into small bites for young children
- ◆ Monitor children while they eat
- ◆ Use cordless blinds or keep blind cords out of reach
- ◆ Keep loose bedding and soft toys out of cribs

TRIP AND FALL RISKS



- ◆ Pick up clutter from floors
- ◆ Don't leave electrical cords out along floors
- ◆ Use a floor mat with rubber grips in bathroom and other frequently wet space
- ◆ Help children clean as they go along
- ◆ Mop up spills immediately

Remember, you are the first defense in keeping your home safe for your family! Teach your children about home safety and how to prevent these common

And as always, if there is an emergency, call 9-1-1

WEEKLY CLEANING CHECKLIST

EVERYDAY

- ◇ Wash Dishes
- ◇ Wipe Counters and table
- ◇ Pick up all the toys and items on floor
- ◇ Wipe bathroom counter
- ◇ Take out Trash
- ◇ _____

MONDAY– Kitchen/Dining

- ◇ Clean sink, counters, stove
- ◇ Sweep and mop
- ◇ Straighten cupboards
- ◇ Straighten pantry
- ◇ Wipe out microwave
- ◇ Wipe out fridge
- ◇ Wipe cabinet doors and handles
- ◇ _____

TUESDAY– Living Room

- ◇ Dust and Polish
- ◇ Vacuum/Sweep and mop
- ◇ Straighten shelves
- ◇ Water plants
- ◇ _____

WEDNESDAY– Bathrooms

- ◇ Clean sink and mirror
- ◇ Wipe down tub/shower
- ◇ Clean toilet
- ◇ Sweep and mop
- ◇ _____

THURSDAY– Bedrooms

- ◇ Launder bed linens
- ◇ Straighten closet and drawers
- ◇ Dust
- ◇ Take out garbage
- ◇ Vacuum/sweep and mop
- ◇ _____

FRIDAY– Office/Hall/Stairs

- ◇ Straighten drawers, shelves and desk-top
- ◇ Vacuum
- ◇ Wipe off washer and dryer
- ◇ Take out garbage
- ◇ _____

