

Child development refers to the sequence of physical, language, thought and emotional changes that occur in a child from birth to the beginning of adulthood. During this process a child progresses from dependency on their parents/guardians to increasing independence. Child development is strongly influenced by genetic factors (genes passed on from their parents) and events during prenatal life. It is also influenced by environmental facts and the child's learning capacity. Observing and monitoring child development is an important tool to ensure that children meet their 'developmental milestones'.

Child development covers the full scope of skills that a child masters over their life span. It is beneficial to focus on activities that will help development in the following areas:



RESOURCES

Baby your Baby

- babyyourbaby.org
- Prenatal assistance
- Low cost immunizations
- Birth control
- Family planning
- Must qualify for program

What to Expect

- What to expect.com
- Parenting tips
- Developmental information

The Center for Parenting Education

- Educational Articles
 - Newsletters
- Recorded workshops
- Narrated presentations
- Centerforparenting.org

Up-to-3 Early Intervention

- Upto3.ort
- 6810 Old Main Hill Logan, UT
- (435) 797-3727
- Individualized services address the needs of families and children.

Early Learning Department of Education

- Www.ed.gov
- Search "early learning resources for families"
- Links to multiple resources



What is "school readiness?"

Head Start views school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life. Physical, cognitive, social, and emotional development are all essential ingredients of school readiness.

You can learn and use:

- child development early learning framework
- set, work towards, and evaluate progress of school readiness goals
- maintain a relationship and schedule for well child checks with your doctor to monitor development
- school district resources to prepare for and register for kindergarten
- Parent, family, and community engagement framework:
 - 1. Family Well-being
 - 2. Positive parent-child relationships
 - 3. Family as life-long educators/learners
 - 4. Family engagement in transitions
 - 5. Family connections with community and peers
 - 6. Family as advocate and leader

PARENT/MALE INVOLVEMENT ACTIVITY

It's time to register for kindergarten! Take your child to their new kindergarten class. Talk with them about what to expect in their new class. It could also be helpful to begin to establish their new kindergarten routines in the home such as bedtimes and reading routines.

School Districts

Logan:

- * 101 W. Center Street Logan, UT 84321
- * (435) 755– 2300
- * social@loganschools.org

Cache:

- * 2063 N 1200 E North Logan, UT 84341
- * (435) 752-3925
- * ccsdut.org

Box Elder:

- * 9060 S Main Brigham City, UT 84302
- * (435) 734-4880
- * besd.net

Oneida:

- 25 E 50 S Suite A Malad, ID 83252
- * (208) 534-6080
- * oneidaschooldistrict.org

Franklin:

- * 105 E. 2nd S. Preston, ID 83263
- * (208) 852-0283
- * prestonidahoschools.org

Caribou:

- * 250 E 2nd S Soda Springs, ID 83276
- * (208) 547-3371
- sodaschools.org

Bear Lake:

- Fielding St. P.O. Box 300 Paris, ID 83261
- * (208) 945-2891
- * blsd-id.schoolloop.com

Rich County:

- * 25 S 100 W Randolph, UT 84064
- * (435) 793-2135
- * richschools.org

