

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
ADULT EDUCATION			
Bear River Environmental Health Department	Food handler's classes, health inspections, & clean air quality. www.brhd.org/environmentalhealth	85 East 1800 North Logan, UT 84321	435-792-6570
Bear River Health Department	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	655 East 1300 North Logan, UT 84321 WIC: nutrition education for expectant moms & children 0-5.	435-792-6500
Bridgerland Applied Technology College (BATC)	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$120.00.	1301 North 600 West Logan, UT 84321	435-753-6780
Bridgerland Literacy	Assistance in improving or attaining reading skills. www.bridgerlandliteraly.org	1410 North 1000 West Logan, UT 84321	435-750-3262
Cache County School District	Adult Education.	2063 North 1200 East North Logan, UT 84341	435-792-7600
Cache/Rich Drug Task Force	Drug prevention, information and training.	290 North 100 West Logan, UT 84321	435-716-9000
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc. http://www.jobs.utah.gov	180 North 100 West Logan, UT 84321	866-435-7414
English Language Center	Language & citizenship classes. Family Literacy Program. Refugee services.	1544 North 200 West Logan, UT 84321	435-750-6534 www.elc-cv.org
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	190 East Center Logan, UT 84321	435-752-1976 Finu.org
Heart t' Heart	Support group for any addiction or co-dependency. www.heart-t-heart.org	600 South 200 East, Rm. D Hyrum, UT 84319	435-512-2108
LDS Employment Resource Center	Job board, training videos, job search classes, self-employment information, resume assistance. www.ldsjobs.org	175 W. 1400 N., Ste. C Logan, UT 84321	435-752-7911
Logan School District	Adult Education.	101 W. Center Logan, UT 84321	435-755-2300
Paul Mitchell Beauty School	Cosmetology school, financial aide available.	255 South Main, #200 Logan, UT 84321	435-752-3599
New Horizons Beauty College	Beautician Licensing.	550 North Main, Suite 115 Logan, UT 84321	435-753-9779
Stevens Henager College	Degree training programs in business, medical and computer training, etc. http://www.stevenshenager.edu	755 S. Main St. Logan, UT 84321	435-752-0903
USU Access and Diversity Center	For re-entry students scholarships, opportunities, campus resources.	0185 Old Main Hill, Rm. #315 Logan, UT 84322	435-797-1728
USU Food \$ense Extension Services	Information and classes about healthy family relationships, finances, youth mentoring programs, food preparation, and gardening. http://extension.usu.edu/cache	179 North Main, Ste. 111 Logan, UT 84321	435-752-6263
USU Career Services Testing	GED Testing: \$120.00. ACT Tests: \$50.00	0118 Old Main Hill University Inn Rm #115 Logan, UT 84321	435-797-1004

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Utah State University	College education. USU Campus.	1600 Old Main Hill (TSC) Logan, UT 84321 Gen. Admission Financial Aid	435-797-1079 435-797-0173
CHEMICAL DEPENDENCY			
211 Information & Referral	Information on employment, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Alcoholics Anonymous	Support group for adults with an alcohol problem.		435-890-5977
Bear River Health Department Division of Substance Abuse	Counseling for individuals, families, youth or groups for any type of sub-stance abuse, prevention services, & women's programs.	655 East 1300 North Logan, UT 84341	435-792-6420 After hours crisis: 435-881-0358
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & educational programs.	90 East 200 North Logan, UT 84321	435-752-0750
Cache/Rich Drug Task Force	Drug prevention, information and training.	290 North 100 West Logan, UT 84321	435-716-9000
Catalyst	Referral information for adolescent substance abuse.	www.catalysttrtc.com	435-723-4600
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	190 East Center Logan, UT 84321	435-752-1976 www.finu.org
Heart t' Heart	Support group for any addiction or co-dependency. www.heart-t-heart.org	600 South 200 East Hyrum Stake Center Hyrum, UT 84319	435-245-4744 Colleen
Narcotics Anonymous	Search website for dates and times. www.na.org		877-479-6262
Tobacco Quit Line	Help recover from tobacco addiction.	www.tobaccofreeutah.org	888-567-8788
CHILD CARE			
Care About Childcare	Childcare referral, support for childcare providers. www.usuchild.usu.edu	6510 Old Main Hill, #11 Logan, UT 84322	435-797-1552
Child Support Enforcement Program	Office of Recovery Services. Mon-Thurs: 7am-6pm, except holidays.	Call for more information.	801-536-8500
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, & unemployment insurance claims, etc. CHIP health insurance for ages 0-18, who qualify-Medicaid, PCN, UPP.	180 North 100 West Logan, UT 84321 http://www.jobs.utah.gov	866-435-7414
Division of Child and Family Services	Protection for abused and neglected children, foster care & adoption info.	115 W. Golf Course Rd., Ste. B Logan, UT 84321	435-787-3400
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups, classes. www.finu.org	190 East Center Logan, UT 84321	435-752-1976
The Family Place	Parenting & child classes, support groups, child abuse/neglect prevention, counseling, nursery.	1525 North 200 West Logan, UT 84341	435-752-8880

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
COMMUNITY INVOLVEMENT			
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, etc.	90 East 200 North Logan, UT 84321	435-752-0750
Boys & Girls Club of Northern Utah	For children ages K-12 grades. Located at Mt. Logan Middle School. Tutoring, daily health challenges, arts, sports, recreation, science, technology, life skills, career exploration, crafts, character building, service learning Safe and fun. Locations also in Brigham City & Bear River. \$10 Yearly Membership.	875 North 200 East Logan, UT 84321	435-512-4171
Cache Employment and Training Center	Services for individuals with disabilities to maximize their vocational and/or independent living skills. Day training, supported employment, seniors program, family support, respite, supported living, vocational evaluations, and volunteer programs.	275 West 400 South Logan, UT 84321	435-752-7952
Cache County Senior Citizen's Center	Helps senior citizens, Meals on Wheels, service opportunities, exercise & recreational equip. Local field trips & more.	240 North 100 East Logan, UT 84321	435-755-1720
Common Ground Outdoor Adventures	Recreational & outdoor activities for children and adults with disabilities. www.cgadventures.org	335 North 100 East Logan, UT 84321	435-713-0288
Hyrum City Library	Hours: Mon-Fri: 10:00-7:00 & Sat: 10:00-3:00. Have Storytime. Spanish Storytime also.	50 West Main Hyrum, UT 84319	435-245-6411
Lewiston City Library	www.lewiston-ut.org/library	29 S. Main Street Lewiston, UT 84320	435-258-5515
Logan Library	Hours: Mon-Thurs: 10:00-9:00pm. Fri-Sat: 10:00-6:00pm. Have Storytime. www.library.loganutah.org	255 North Main Logan, UT 84321	435-716-9123
Newton Town Library	www.newtontownlibrary.com	51 South Center Street Newton, UT	435-563-9283
North Logan Library	Hours: Mon-Sat: 10:00-7:00-pm. Have Storytime. www.northloganlibrary.com	475 East 2500 North North Logan, UT 84341	435-755-7169
Providence City Library	www.providencecity.com/library	15 North Main Street Providence, UT 84332	435-752-7881
Richmond Public Library	Mon, Wed, Fri: 2:00-6:00pm, Sat: 9:00-1:00pm Tue & Thurs: 10:00-12:00 & 2:00-8:00pm Have Storytime.	38 West Main Richmond, UT 84333	435-258-5525
Smithfield Public Library	Hours: Mon-Thurs. 11:00-7:00pm Fri. 2:30-5:00pm, Sat. 11:00-3:00pm Pre-register for Storytime. School year: Sept-April, or Summer: June-Aug. www.smithfieldcity.org	25 North Main Smithfield, UT 84335	435-563-3555
USU PALS	Mentoring program for children.	Val R. Christensen Service Center @ USU.	435-797-1740
Whittier Community Center	A variety of programs that serve community members. Also have rooms to rent.	290 North 400 East Logan, UT 84321	435-753-9008

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Youth & Families with Promise (4-H YFP)	Mentoring program to help at-risk youth ages 10-14.	2975 Old Main Logan, UT 84322	435-797-4444
EMPLOYMENT			
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Anti-Discrimination & Labor Issues	Help with cases of discrimination in the workplace. www.laborcommission.utah.gov	160 E. 300 S. 3 rd Floor Salt Lake City, UT	801-530-6801
Bridgerland Applied Technology College (BATC)	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$120.00.	1301 North 600 West Logan, UT 84321	435-753-6780
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services, unemployment insurance claims, etc. www.jobs.utah.gov	180 North 100 West Logan, UT 84321	866-435-7414
Deseret Industries (DI)	Training opportunities to help individuals gain the skills they need for today's job market. Help people with disabilities maintain, regain, or enter employment. www.desertindustries.org	175 West 1400 North Logan, UT 84341	435-752-4511
Division of Vocational Rehabilitation	Job training & placement. Must meet guidelines.	115 W. Golf Course Rd., Ste. D Logan, UT 84321	435-787-3480
Futures Through Training	Training and help in job searches. Emergency support for those with low incomes. www.futuressthroughtraining.org	1140 East 36 th Street, Ste. 150 Ogden, UT	801-394-9774
Job Corps	Career training. www.jobcorps.gov	7400 South Cornia Drive Ogden, UT	802-479-9806
LDS Employment Resource Center	Job board, training videos, classes on job search, self-employment information, resume assistance. Career workshops, self-employment, professional placement workshop, work at home workshops. www.ldsjobs.org	175 W. 1400 N., Ste. C Logan, UT 84321	435-752-7911
Logan Regional Hospital	Employment Job Board. www.ihc.com	500 East 1400 North Logan, UT 84341	435-716-1000 Operator
Paul Mitchell Beauty School	Cosmetology school, financial aide available.	258 South Main Logan, UT 84321	435-752-3599
New Horizons Beauty College	Beautician Licensing.	550 North Main, Suite 115 Logan, UT 84321	435-753-9779
USU Employment	Job board & referral service.	USU Taggart Student Center 1600 Old Main Hill, Rm 106, Logan, UT 84322	435-797-7777
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment.	160 E. 300 S., 3 rd Floor Salt Lake City, UT 84114	801-530-6800
FAMILY RELATIONS			
Bear River Early Head Start	Infant/Toddler program for pregnant women and children ages 0-3 and their families.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Bear River Preschool Head Start	Preschool-child & family development program for eligible children ages 3-5 and their families.	95 West 100 South, Ste. 200 Logan, UT 84321 852 South 100 West Logan, UT 84321	435-755-0081 office 435-753-0951 center
Family Center	Story time, toys, books, training videos to check out free, workshops, literacy program.	50 South 400 East Logan, UT 84321	435-755-5171
Family Promise	Temporary shelter for homeless families. Shelter is drug-free. No pets allowed. Waitlist for admission.	814 West 800 South Salt Lake City, UT www.fpsl.org	801-961-8622
Help Me Grow Utah	Information on general child development and parenting topics, referrals to community resources, developmental screening questions, and more. Children ages 0-8.	www.helpmegrowutah.org	801-691-5322
Logan River Academy	Adolescent residential treatment facility offering mental health services, education services, and residential care services. Accepts most major insurances. Spanish or Other Language Services. Visit website for admission criteria. www.loganriver.com	1683 South Hwy. 89/91 Logan, UT 84321	435-755-8400
National Parent Helpline	Emotional support, information, and empowerment for parents/caregivers.	www.nationalparenthelpline.org	855-427-2736
Share Parents	Support group for families who've had a miscarriage, stillbirth, or new born death. shareparents@slu.net	Logan Hospital 500 East 1400 North Logan, UT 84321	435-753-0687
Victim Information & Notification Everyday (VINE)	Information about custody status of offenders in prisons and jails.	www.vinelink.com	866-277-7477
FOOD, NUTRITION, & CLOTHING			
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Alliance for Children	Food reimbursement for children under care of state care providers.	5667 South Redwood Rd. #5A Taylorsville, UT 84123	801-513-1090
Bear River Health Department	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, nutrition immigration, physicals, breastfeeding education, birth & death certificates, infant development for premature babies, etc.	655 East 1300 North Logan, UT 84321 WIC Breastfeeding Clinic	435-792-6500 435-792-6451 435-792-6466
Cache Community Food Pantry	Emergency food assistance program. www.cachefoodbank.org	359 South Main Logan, UT 84321	435-753-7140
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321 http://www.jobs.utah.gov	866-435-7414
Deseret Industries	Sells used clothing and toys, etc. for discounted price.	175 West 1400 North Ste. B Logan, UT 84321	435-752-4511

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
DROPS/Mobil Food Pantry-Utah Food Bank	Fighting hunger statewide. www.utahfoodbank.org	3150 South 900 West Salt Lake City, UT	801-978-2452
Primary Childrens Hospital Nutrition Services	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	81 N. Mario Capecchi Dr. Salt Lake City, UT 84113	801-662-1400
National Hispanic Prenatal Helpline English & Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Toll-free helpline.	800-504-7081
Pregnancy Risk line	Free services & information on use of drugs/herbs during pregnancy /lactation.	Salt Lake City, UT 84111	800-822-2229
Somebody's Attic	Sells used clothing and toys, etc. for discounted price.	39 West 100 North Logan, UT 84321	435-752-8502
Somebody's Attic Too	Sells used clothing, toys, etc. for discounted prices.	3 rd South Main Smithfield, UT 84335	435-563-5802
State Food Sense Nutrition Education Program (USU Extension Program)	Teaches how to use food budget wisely, make nutritious meals, and food classes. Serves various counties. Go through local Extension Service.	179 N. Main St., Ste. 111 Logan, UT 84321	435-797-2200
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main Ste. #111, Logan, UT 84321	435-797-2200
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee. Marriage/Family Therapy Housing/Financial Counseling.	493 North 700 East Logan, UT 84321	435-797-1501
WIC - Bear River Health Department	Nutritious foods for pregnant women and children. Must qualify. www.brhd.org/serviceplaceholder/wic.html	655 East 1300 North Logan, UT 84321	435-792-6451
HOUSING/SHELTER			
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Bear River Association of Governments (BRAG)	Emergency & heat assistance, housing subsidy information, community & economic development. Aging services, etc.	170 North Main Logan, UT 84321	435-752-7242 www.brag.utah.gov
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group home, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/workshops, Protective Order assistance. www.capsa.org	Shelter location confidential. Office located in Logan.	Crisis Line: 435-753-2500
Countryside Manor	Subsidized apartments.	950 East Hwy. 101 Hyrum, UT 84319	435-245-6833

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Family Promise	Temporary shelter for homeless families. Shelter is drug-free. No pets allowed. Waitlist for admission.	814 West 800 South Salt Lake City, UT www.fpsl.org	801-961-8622
Habitat for Humanity	Home-building assistance for low-income families.	55 East 100 North, Ste. 104 Logan, UT 84321	435-752-8419
Homechoice Utah	Home ownership opportunities for people with disabilities.	Must register through phone line.	866-493-4500
In Home Service Program (BRAG)	Senior companion program, health insurance information, helps prevent long-term placement before necessary.	170 North Main Logan, UT 84321	435-752-7242
Logan Point Apartments	Housing assistance- must qualify-application fee \$25.00.	1320 North 200 East Logan, UT 84321	435-753-1300
Neighborhood Non-Profit Housing Corporation	Home-building assistance for low-income families in Cache & Box Elder. www.nnhc.net	195 W. Golf Course Rd., Ste. 1 Logan, UT 84341	435-753-1112
North Point Apartments	Housing assistance; must qualify. Application fee-\$25.00.	1580 North 200 East Logan, UT 84341	435-752-8787
Ogden Rescue Mission	Shelter, meals, and a clinic. Free. Must present photo ID.	2775 Wall Avenue Ogden, UT	801-399-3085
Riverwalk Apartments	Subsidized housing. 2 bathrooms & 3 bedrooms.	781 Riverwalk Parkway Logan, UT 84321	435-753-5324
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 North 700 East Logan, UT 84321	435-797-1501
Utah Labor Commission	Information on labor laws, housing, discrimination, employment and OSHA.	Information hotline.	800-530-6800
INCOME/BUDGET			
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321 http://www.jobs.utah.gov	435-792-0300
Social Security Administration	Available every Thursday from 10:00-3:00 at Department of Workforce Services.	324 25 th Street Ogden, UT 84401	877-378-9081
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main, Ste. 111 Logan, UT 84321	435-797-2200
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 North 700 East Logan, UT 84321	435-797-1501
LEGAL PROBLEMS			
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Anti-Discrimination & Labor Issues	Help with cases of discrimination in the workplace. www.laborcomission.utah.gov	160 Broadway Salt Lake City, UT	801-530-6921

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Cache County Children's Justice Center	A child-friendly facility where victims of child abuse are interviewed and medically assessed by professionals specifically trained in the forensic investigation of abuse.	1362 North 400 West Logan, UT 84341	435-753-7017
Cache County Victim Services	District Attorney. www.cachecounty.org/victim-services	199 North Main Logan, UT 84321	435-755-1830
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/workshops, Protective Order assistance. www.capsa.org	Shelter location confidential. Office located in Logan.	Crisis Line: 435-753-2500 Office: 435-752-4493
Court Appointed Special Advocates (CASA)	Leaders in child advocacy, provide the highest level of representation to children and their best interests.		435-232-9151
Child Support Enforcement Program	Recovery Services.	Call for more information.	801-536-8500
Disability Law Center	Protect the rights of people with disabilities in Utah. www.disabilitylawcenter.org	205 North 400 West Salt Lake City, UT	800-662-9080
Division of Consumer Protection	Protects consumers from unfair business practices. www.consumerprotection.utah.gov	160 East 300 South Salt Lake City, UT	801-530-6601
Guardian Ad Litem	Court appointed guardians.	135 North 100 West, #4 Logan, UT 84321	435-713-6220
Holy Cross Immigration Lawyers	Legal assistance to those who have immigrated. Fee on sliding scale basis.	860 East 4500 South, #204 Salt Lake City, UT 84104	801-261-3440
Legal Services	Free legal advice 2 nd & 4 th Thursdays 1:30-4:30pm. Conference Room. Please call first.	135 North 100 West Logan, UT 84321	435-750-1300 Court Clerk
Mexican Consulate	Helps Mexicans in the United States with legal problems. www.consulmex.sre.gob.mx/saltlakecity	660 S. 200 E. Ste. 300 Salt Lake City, UT 84111	801-521-8502
Pro Se Legal Clinic	Legal support for low-income Utah residents. www.utcourts.gov/howto/legalclinics	135 North 100 West Logan, UT 84321	435-750-1300
Thursday Night at the Bar	Service is designed for those who cannot otherwise afford an attorney. Services will be provided on a first come, first serve basis. 2 nd Thursdays from 6:00-7:00pm.	Cache County Council Chambers 199 N. Main Logan, UT 84321	435-915-6088
Utah Self-Help Legal Services	Legal information and assistance.	www.utcourts.gov/selfhelp	888-683-0009
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment.	160 East 300 South SLC, UT 84114	800-530-6800
Victim Info & Notification Everyday (VINE)	Information about custody status of offenders in prisons and jails.	www.vinelink.com	877-884-8463
MEDICAL & DENTAL			
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
AIDS Hotline CDC	Information & support.	Open 24 hours a day.	800-366-2437

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Alternative Perspectives	Chronic pain assessment, intervention, and management. Accepts most major insurances; Medicaid and Medicare are accepted. Contact for more information.	295 W. Schiess Court Nibley, UT	435-753-7332
Bear River Health Department	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, nutrition immigration, physicals, breastfeeding education, birth & death certificates, infant development for premature babies, etc.	655 East 1300 North Logan, UT 84321 WIC Breastfeeding Clinic	435-792-6500 435-792-6451 435-792-6466
Cache Valley Community Health Center	Offers medical, dental, pharmacy, mental/behavioral health, and nutrition services to the community on a sliding fee scale. Accepts most insurances. After hours and urgent care center available 24/7.	1515 North 400 East North Logan, UT 84341 South Location: 26 West Main St., Ste. 3B Hyrum, UT 84339	435-755-6061 435-245-6988
Cache Valley Community Health Clinic	Medical & dental services for those with No Medicaid, Medicare, or insurance. Tuesday & Thursday from 6-9pm.	272 ½ North Main, Ste. 104 Logan, UT 84321	435-752-7060
Cache Valley Specialty Hospital	Medical Services. www.cachevalleyhospital.com	2380 North 400 East North Logan, UT 84341	435-713-9700
CHIP (DWS)	Health insurance for ages 0-18, who qualify. Medicaid, PCN, UPP.	180 North 100 West Logan, UT 84321	435-792-0300
Dental Care	For a list of dentists in your area call Cherie at Head Start.	95 W. 100 S. #200 Logan, UT 84321	435-755-0081 Ext. 240
Division of Vocational Rehabilitation	Job training & placement. Must meet guidelines.	115 W. Golf Course Rd., Ste. D Logan, UT 84321	435-787-3480
Health Resource Line	General Health information.	Baby your Baby Hotline Immunization Hotline	800-826-9662 800-275-0659
Logan Regional Hospital	Medical services. www.ihc.com	500 East 1400 North Logan, UT 84341	435-716-1000
Logan Regional Hospital Insta-Care	Medical services. Insta-care clinic for walk-in needs.	412 North 200 East Logan, UT 84321	435-713-2710
Medicaid (DWS)	Information & assistance for those who qualify for WIC, PCN, CHIP, UPP.	180 North 100 West Logan, UT 84321	435-792-0300
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale. Resource materials.	550 North Main, #17 Logan, UT 84321	435-753-0724 800-230-7526
Poison Control	Advice for poison ingestion.	www.aapcc.org	800-222-1222
Su Familia- National Hispanic Family Health Helpline	Health information for Hispanic families to prevent/manage chronic conditions like asthma, cardiovascular disease, child cancer screening, immunizations, diabetes, domestic violence, HIV/AIDS, references to providers, programs & children's health insurance.	Toll-free helpline.	866-783-2645 866-SU-FAMILIA

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Affirmative Action	Provides information on affirmative action, equal opportunity.	1475 Old Main Hill, #118 Logan, UT 84321	435-797-1266
Bear Lake Community Health Centers	Therapy for abuse, anger management, depression, anxiety, addiction, and couple/parenting concerns. Charges on sliding fee scale. Payment plans available. Spanish Services. www.blchc.org	1515 North 400 East, Ste. 104 North Logan, UT 84341	435-755-6061
		944 South Hwy. 89 Logan, UT 84321	435-755-6061
		26 West Main. Ste. 3A Hyrum, UT	435-245-6988
Bear River Activity and Skills Center (BRASC)	Housed on the Utah State University campus. A program designed to support adults with disabilities by training and maintaining the skills necessary for their greatest independence. In addition, BRASC focuses on providing their consumers with activities that encourage their inclusion into the community.	809 North 800 East Logan, UT 84322 www.idasl.net/brasc.php	435-797-8528
Bear River Health Department-Division of Substance Abuse	Counseling for individuals, families, youth or groups for any type of sub-stance abuse, prevention services, & women's programs.	655 East 1300 North Logan, UT 84321	435-792-6420 After hours crisis: 435-881-0358
Bear River Clubhouse	Mental health services for adults and children who are Medicaid eligible. Non-Medicaid individuals, who qualify under a non-Medicaid service priority, may also be eligible for services.	88 West 1000 North Logan, UT 84321	435-753-9046
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group home, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
Breast Cancer Support Group	Survivors will visit those with cancer. Receive free information & products.	American Cancer Society	800-227-2345
Cache County Children's Justice Center	Help communities serve child victims of abuse. www.cachecjc.com	1362 North 400 West Logan, UT 84341	435-753-7017
Cache Employment and Training Center	Provide services for individuals with disabilities in order to maximize their vocational and/or independent living skills. Day training, supported employment, seniors program, family support, respite, supported living, vocational evaluations, and volunteer programs.	275 West 400 South Logan, UT 84321	435-752-7952

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Cache Youth Resource Center	Youth drop-in center that is open every Friday: 4:30-7:30 to any youth ages 14-23. A safe and supportive space for LGBTQ youth where they can receive a hot dinner, clothing, hygiene donations, educational services, counseling, and participate in art/service projects.	596 East 900 North Logan, UT 84321 www.servicecenter.usu.edu	435-363-5473
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops. Protective Order assistance. www.capsa.org	Shelter location confidential. Office located in Logan.	Crisis Line: 435-753-2500 Office: 435-752-4493
Center for Persons with Disabilities	Services for children and adults with disabilities, etc. www.cpdusu.org	6800 Old Main Hill Logan, UT 84322	435-797-1981
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT 84401	801-393-8671
Common Ground Outdoor Adventures	Recreational & outdoor activities for children and adults with disabilities. www.cgadventures.org	335 North 100 East Logan, UT 84321	435-713-0288
Division of Child and Family Services	Protection for abused and neglected children, foster care & adoption info.	115 W. Golf Course Rd., Ste. B Logan, UT 84321	435-787-3400
Domestic Violence Information Line	Anonymous line to receive help with domestic violence issues. www.udvc.org	124 S. 400 E. Ste. 300 Salt Lake City, UT	1-800-897-5465
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups, classes. www.finu.org	190 East Center Logan, UT 84321	435-752-1976
Family Life Center	Counseling for couple and individual concerns, parent-child relationships, or other family issues. Counseling services are provided by graduate students in the M.S. emphasis in Marriage & Family Therapy under direct supervision of licensed clinical faculty. Spanish Services.	493 North 700 East Logan, UT 84321	435-797-1501
Family Resource Library	Books, audio, videos about behavioral management, handicapping conditions & learning at home, etc.	6880 Old Main Hill, #173 Logan, UT 84321	435-797-1552
Guardian Ad Litem/Court Appointed Special Advocate (CASA)	Helps to meet children's needs for safety, nurturance, and love. www.utahcasa.org	135 North 100 West Logan, UT 84321	435-232-6637
Help Me Grow Utah	Information on general child development and parenting topics, referrals to community resources, developmental screening questions, and more. Children ages 0-8.	www.helpmegrowutah.org	801-691-5322
Homechoice Utah	Home ownership opportunities for people with disabilities;	Must register through phone line.	866-493-4500
Hospice (CNS Community)	Support/sharing group for grieving children & adults; books on grieving, dying and death.	221 N. Gateway Dr. Providence, UT 84332	435-752-3355
In Home Service Program (BRAG)	Senior companion program, health insurance information, helps prevent long-term placement before necessary.	170 North Main Logan, UT 84321	435-752-7242

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Intermountain Specialized Abuse Treatment Center	Sexual & other abuse therapy for all ages, Individual & group counseling. Sliding fee scale.	1555 W. 2200 S. Ste. A Salt Lake City, UT 84119	801-886-8900
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	175 East Pioneer Ave. Logan, UT 84321	435-752-1976
LDS Family Services	Social services, counseling, addiction recovery program, support group for pregnant young women. All Welcome.	175 West 1400 North, Suite A Logan, UT 84321	435-752-5302
Logan River Academy	Adolescent residential treatment facility offering mental health services, education services, and residential care services. Accepts most major insurances. Spanish or Other Language Services. Visit website for admission criteria. www.loganriver.com	1683 South Hwy. 89/91 Logan, UT 84321	435-755-8400
National Alliance for the Mentally ill- NAMI	Meetings, classes, & support for people with mental illnesses & their families. www.namicachevalley.org	200 N. 90 E. Bsmt. N (side) Logan, UT 84321	435-787-4165
National Suicide Prevention Hotline	24-hour support for those having suicidal thoughts.	www.suicidepreventionlifeline.org	800-273-8255
National Hispanic Prenatal Helpline English & Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Toll-free helpline.	800-504-7081
New Discoveries Clubhouse	Offers social support services to persons with mental illness.	1153 North Main, Ste. B120 Logan, UT 84321	435-213-3666
Options for Independence	Services to individuals with any type of disability; for all ages. www.optionsind.org	106 East 1120 North Logan, UT 84341	435-753-5353
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 North Main, #17 Logan, UT 84321	435-753-0724
Rape Recovery Center Crisis Hotline	24-hour crisis line for reporting sexual assault/rape, receiving support, and accessing other resources.	www.raperecoverycenter.com	-801-467-7273
The Family Place	Parenting & child classes, support groups, child abuse/neglect prevention, counseling, nursery. www.thefamilyplaceutah.org	1525 North 200 West Logan, UT 84341	435-752-8880-
UNI Crisis Line	24/7 hotline providing crisis intervention, emotional support, problem solving, referral to available resources, and risk assessment. Spanish or Other Language Services.	http://healthcare.utah.edu/uni/crisisline	801-587-3000
Up-to-3 Early Intervention	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill, USU Logan, UT 84332	435-797-3727 866-695-4336
USU Department of Psychology Community Clinic	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale. No insurance-sliding scale fee.	2810 Old Main Hill, Rm. # 413 Logan, UT 84322	435-797-1460

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
USU Family Life Center	Counseling for eating disorders, family, couple, personal, financial, & housing on sliding scale fee. Marriage/Family Therapy Housing/Financial Counseling.	493 North 700 East Logan, UT 84321	435-797-1501
Utah Coalition Against Sexual Assault (UCASA)	Help for victims of sexual assault as well as resources for those who wish to end sexual assault in Utah.	284 West 400 North Salt Lake City, UT 84103 www.ucasa.org	801-746-0404
Utah Domestic Violence Link Line	24/7 helpline for those who are in danger from domestic violence.	http://udvc.org/Utah-domestic-violence-help/find-help	800-897-5465
Victim Information & Notification Everyday (VINE)	Information about custody status of offenders in prisons and jails.	www.vinelink.com	877-844-8463
Victim Services	Information & assistance for victims of crime	199 North Main (Basement) Logan, UT 84321	435-755-1830
PARENTING/CHILD EDUCATION			
American Red Cross	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance must qualify.	130 South Main, Ste. 120 Logan, UT	435-752-1125
Bear River Early Head Start	Infant/toddler home-based program for pregnant women & children ages 0-3.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
Bear River Health Department	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, nutrition immigration, physicals, breastfeeding education, birth & death certificates, infant development for premature babies, etc.	655 East 1300 North Logan, UT 84321 WIC Breastfeeding Clinic	435-792-6500 435-792-6451 435-792-6466
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group homes, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
Bear River Preschool Head Start	Preschool-child & family development program for eligible families. Ages 3-5 Parenting classes for all families enrolled in the program.	95 West 100 South, Ste. 200 Logan, UT 84321 852 South 100 West Logan, UT 84321	435-755-0081 offices 435-753-0951 Center
Care About Childcare	Childcare referral, support for childcare providers.	6510 Old Main Hill, #11 Logan, UT 84322	435-797-1552
CAPSA-Community Abuse Prevention Services Agency	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/workshops, Protective Order assistance. www.capsa.org	Shelter location confidential. Office located in Logan.	Crisis Line: 435-753-2500 Office: 435-752-4493
Center for Persons with Disabilities	Services for children and adults with disabilities, etc. www.cpdusu.org	6800 Old Main Hill Logan, UT 84322	435-797-1981
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT 84401	801-393-8671
Family Resource Library	Books, audio, videos about behavioral management, handicapping conditions & learning at home.	6800 Old Main Hill, CPD #173 Logan, UT 84322	435-797-1552
Baby Your Baby Hotline	General infant health information.		800-826-9662

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Help Me Grow Utah	Information on general child development and parenting topics, referrals to community resources, developmental screening questions, and more. Children ages 0-8.	www.helpmegrowutah.org	801-691-5322
Hospice (CNS Community)	Support/sharing group for grieving children & adults; books on grieving, dying and death.	221 No. Gateway Drive Providence, UT 84332	435-752-3355
Hyrum City Library www.hyrumlibrary.com	Hours: Mon-Fri: 10:00-7:00 & Sat: 10:00-3:00. Have Storytime. Spanish Storytime also.	50 West Main Hyrum, UT 84319	435-245-6411
Logan Hospital Nutrition Center	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	1400 North 500 East Logan, UT 84321	435-716-5866
Logan Library	Hours: Mon-Thurs: 10:00-9:00pm. Fri-Sat: 10:00-6:00pm. Have Storytime.	255 North Main Logan, UT 84321	435-716-9123
National Parent Helpline	Emotional support, information, and empowerment for parents/caregivers.	www.nationalparenthelpline.org	855-427-2736
North Logan Library	Hours: Mon-Sat: 10:00-7:00-pm. Have Storytime.	475 East 2500 North North Logan, UT 84341	435-755-7169
Parenting Therapy Group	Information on child guidance, discipline development, behavior, blended families.	Travis	435-363-3752
Richmond Public Library	Mon, Wed, Fri: 2:00-6:00pm, Sat: 9:00-1:00pm Tue & Thurs: 10:00-12:00 & 2:00-8:00pm Have Storytime.	38 West Main Richmond, UT 84333	435-258-5525
Smithfield Public Library	Hours: Mon-Thurs. 11:00-7:00pm Fri. 2:30-5:00pm, Sat. 11:00-3:00pm Pre-register for Storytime. School year: Sept-April, or Summer: June-Aug.	25 North Main Smithfield, UT 84335 www.smithfieldcity.org	435-563-3555
The Family Place	Parenting & child classes, support groups, child abuse/neglect prevention, abuse counseling, & nursery. Most services available to Idaho families.	1525 North 200 West Logan, UT 84341	435-752-8880
Up-to-3 Early Intervention	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill USU Logan, UT 84332	435-797-0592
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main, Ste. #111 Logan, UT 84321	435-752-6263
USU Department of Psychology Community Clinic	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale. No insurance- just sliding scale fee.	2810 Old Main Hill, Rm. #413, Logan, UT 84322	435-797-1460
USU PALS	Mentoring program for children.	Val R. Christenson Service Center @ USU	435-797-1740
Youth & Families with Promise (4-H YFP)	Mentoring program to help at risk youth ages 10-14.	2975 Old Main Hill Logan, UT 84322	435-797-4444
PREGNANCY & INFANT CARE			
Baby Watch	Help for infants with disabilities.	www.utahbabywatch.org	800-961-4226
Baby Your Baby BRHD	Immunization at low cost, birth control, family planning. Prenatal assistance.	655 East 1300 North Logan, UT 84321	435-792-6500 1-800-826-9662

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
Bear River Early Head Start	Infant/toddler home-based program for pregnant women & children ages 0-3.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
Bear River Health Department	Health education, immunizations, WIC, food program, cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	655 E. 1300 N. Logan, UT 84321	435-792-6500
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT 84401	801-393-8671
IHC Lactation Clinic	Breastfeeding and pregnancy education classes. www.intermountainhealthcare.org	500 East 1400 North Logan, UT 84321 Logan Hospital: Women's Center:	435-716-1000 435-753-9999
La Leche League	Breastfeeding education/information, lending library, phone help.	www.llusa.org/UT/LoganUt/Logan.html	435-554-8667
LDS Family Services	Social services, counseling, addiction recovery program, support group for pregnant young women. All Welcome.	175 West 1400 North, Suite A Logan, UT 84321	435-752-5302
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Toll Free help line.	800-504-7081
Newborn Intensive Care Support Group	For parents & family members who have had a baby in NICU. Call for times.	500 East 1400 North Logan, UT 84321	435-716-1000
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale. Resource materials.	550 North Main, #17 Logan, UT 84321	435-753-0724
Pregnancy Risk line	Free services & information on use of drugs/herbs during pregnancy /lactation. www.mothersbaby.uta.gov/about	Salt Lake City	800-822-2229
Up-to-3 Early Intervention	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill, USU Logan, UT 84332	435-797-3727 866-695-4336
TRANSPORTATION			
Bear River Head Start Car Seat Checks	Reduced-cost Car Seats- Clients only.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
Bear River Health Department	Reduced-cost car seats by attending Kids First Class. Car Seat Checks-Appointment Only.	655 East 1300 North Logan, UT 84321	435-792-6500
Driver License Division	Obtain a driver's license.	110 East 700 South Logan, UT 84321	801-965-4437
LTD-Logan City Bus, CVTD-Hyrum-Richmond	Logan public bus. No cost to ride. Call for route schedule information.	150 E. 500 North Logan, UT 84321	435-752-2877
Motor Vehicle Division (Cache County Assessor)	Register motor vehicles.	179 North Main Ste. 209 Logan, UT 84321	435-755-1610 or 435-716-7110

CACHE COUNTY SERVICES DIRECTORY 2018-2019

Who	Services	Location	Phone Number
UTILITIES			
American Red Cross	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance; must qualify.	130 South Main Ste. 120 Logan, UT 84321	435-752-1125
Bear River Assoc. of Governments-BRAG	Emergency, & heat assistance available Nov-Apr., housing subsidy information community & economic development.	170 North Main Logan, UT 84321	435-752-7242
Utah Telephone Assistance Program	Discounts on telephone bills for low-income households with landline telephones.		800-948-7540