

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>ADULT EDUCATION</b>			
<b>Bear River Environmental Health Department</b>	Food handler's classes, health inspections, & clean air quality. <a href="http://www.brhd.org/environmentalhealth">www.brhd.org/environmentalhealth</a>	85 East 1800 North Logan, UT 84321	435-792-6570
<b>Bear River Health Department</b>	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	655 East 1300 North Logan, UT 84321  WIC: nutrition education for expectant moms & children 0-5.	435-792-6500
<b>Bridgerland Applied Technology College (BATC)</b>	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$120.00.	1301 North 600 West Logan, UT 84321	435-753-6780
<b>Bridgerland Literacy</b>	Assistance in improving or attaining reading skills. <a href="http://www.bridgerlandliteraly.org">www.bridgerlandliteraly.org</a>	1410 North 1000 West Logan, UT 84321	435-750-3262
<b>Cache County School District</b>	Adult Education.	2063 North 1200 East North Logan, UT 84341	435-792-7600
<b>Cache/Rich Drug Task Force</b>	Drug prevention, information and training.	290 North 100 West Logan, UT 84321	435-716-9000
<b>Department of Workforce Services</b>	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc. <a href="http://www.jobs.utah.gov">http://www.jobs.utah.gov</a>	180 North 100 West Logan, UT 84321	866-435-7414
<b>English Language Center</b>	Language & citizenship classes. Family Literacy Program. Refugee services. <a href="http://www.elc-cv.org">www.elc-cv.org</a>	1544 North 200 West Logan, UT 84321	435-750-6534
<b>Family Institute of Northern Utah</b>	Counseling for children who witness conflict, child/ parenting groups' classes. <a href="http://Finu.org">Finu.org</a>	190 East Center Logan, UT 84321	435-752-1976
<b>Heart t' Heart</b>	Support group for any addiction or co-dependency. <a href="http://www.heart-t-heart.org">www.heart-t-heart.org</a>	600 South 200 East, Rm. D Hyrum, UT 84319	435-512-2108
<b>LDS Employment Resource Center</b>	Job board, training videos, job search classes, self-employment information, resume assistance. <a href="http://www.ldsjobs.org">www.ldsjobs.org</a>	175 W. 1400 N., Ste. C Logan, UT 84321	435-752-7911
<b>Logan School District</b>	Adult Education.	101 W. Center Logan, UT 84321	435-755-2300
<b>Paul Mitchell Beauty School</b>	Cosmetology school, financial aide available.	255 South Main, #200 Logan, UT 84321	435-752-3599
<b>New Horizons Beauty College</b>	Beautician Licensing.	550 North Main, Suite 115 Logan, UT 84321	435-753-9779
<b>Stevens Henager College</b>	Degree training programs in business, medical and computer training, etc. <a href="http://www.stevenshenager.edu">http://www.stevenshenager.edu</a>	755 S. Main St. Logan, UT 84321	435-752-0903

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Who	Services	Location	Phone Number
<b>USU Access and Diversity Center</b>	For re-entry students scholarships, opportunities, campus resources.	0185 Old Main Hill, Rm. #315 Logan, UT 84322	435-797-1728
<b>USU Food \$ense Extension Services</b>	Information and classes about healthy family relationships, finances, youth mentoring programs, food preparation, and gardening. <a href="http://extension.usu.edu/cache">http://extension.usu.edu/cache</a>	179 North Main, Ste. 111 Logan, UT 84321	435-752-6263
<b>USU Career Services Testing</b>	GED Testing: \$120.00. ACT Tests: \$50.00	0118 Old Main Hill University Inn Rm #115 Logan, UT 84321	435-797-1004
<b>Utah State University</b>	College education. USU Campus.	1600 Old Main Hill (TSC) Logan, UT 84321 Gen. Admission Financial Aid	435-797-1079 435-797-0173
CHEMICAL DEPENDENCY			
<b>211 Information &amp; Referral</b>	Information on employment, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
<b>Alcoholics Anonymous</b>	Support group for adults with an alcohol problem.		435-890-5977
<b>Bear River Health Department Division of Substance Abuse</b>	Counseling for individuals, families, youth or groups for any type of sub-stance abuse, prevention services, & women's programs.	655 East 1300 North Logan, UT 84341	435-792-6420 After hours crisis: 435-881-0358
<b>Bear River Mental Health</b>	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & educational programs.	90 East 200 North Logan, UT 84321	435-752-0750
<b>Cache/Rich Drug Task Force</b>	Drug prevention, information and training.	290 North 100 West Logan, UT 84321	435-716-9000
<b>Catalyst</b>	Referral information for adolescent substance abuse.	<a href="http://www.catalysttrtc.com">www.catalysttrtc.com</a>	435-723-4600
<b>Family Institute of Northern Utah</b>	Counseling for children who witness conflict, child/ parenting groups' classes. <a href="http://www.finu.org">www.finu.org</a>	190 East Center Logan, UT 84321	435-752- <a href="tel:4357521976">1976</a>
<b>Heart t' Heart</b>	Support group for any addiction or co-dependency. <a href="http://www.heart-t-heart.org">www.heart-t-heart.org</a>	600 South 200 East Hyrum Stake Center Hyrum, UT 84319	435-245-4744 Colleen
<b>Narcotics Anonymous</b>	Search website for dates and times. <a href="http://www.na.org">www.na.org</a>		877-479-6262
<b>Tobacco Quit Line</b>	Help recover from tobacco addiction.	<a href="http://www.tobaccofreeutah.org">www.tobaccofreeutah.org</a>	888-567-8788
CHILD CARE			
<b>Care About Childcare</b>	Childcare referral, support for childcare providers. <a href="http://www.usuchild.usu.edu">www.usuchild.usu.edu</a>	6510 Old Main Hill, #11 Logan, UT 84322	435-797-1552

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<b>Child Support Enforcement Program</b>	Office of Recovery Services. Mon-Thurs: 7am-6pm, except holidays.	Call for more information.	801-536-8500
<b>Department of Workforce Services</b>	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, & unemployment insurance claims, etc. CHIP health insurance for ages 0-18, who qualify-Medicaid, PCN, UPP.	180 North 100 West Logan, UT 84321 <a href="http://www.jobs.utah.gov">http://www.jobs.utah.gov</a>	866-435-7414
<b>Division of Child and Family Services</b>	Protection for abused and neglected children, foster care & adoption info.	115 W. Golf Course Rd., Ste. B Logan, UT 84321	435-787-3400
<b>Family Institute of Northern Utah</b>	Counseling for children who witness conflict, child/ parenting groups, classes. <a href="http://www.finu.org">www.finu.org</a>	190 East Center Logan, UT 84321	435-752-1976
<b>The Family Place</b>	Parenting & child classes, support groups, child abuse/neglect prevention, counseling, nursery.	1525 North 200 West Logan, UT 84341	435-752-8880
<b>COMMUNITY INVOLVEMENT</b>			
<b>Bear River Mental Health</b>	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, etc.	90 East 200 North Logan, UT 84321	435-752-0750
<b>Boys &amp; Girls Club of Northern Utah</b>	For children ages K-12 grades. Located at Mt. Logan Middle School. Tutoring, daily health challenges, arts, sports, recreation, science, technology, life skills, career exploration, crafts, character building, service learning Safe and fun. Locations also in Brigham City & Bear River. \$10 Yearly Membership.	875 North 200 East Logan, UT 84321	435-512-4171
<b>Cache Employment and Training Center</b>	Services for individuals with disabilities to maximize their vocational and/or independent living skills. Day training, supported employment, seniors program, family support, respite, supported living, vocational evaluations, and volunteer programs.	275 West 400 South Logan, UT 84321	435-752-7952
<b>Cache County Senior Citizen's Center</b>	Helps senior citizens, Meals on Wheels, service opportunities, exercise & recreational equip. Local field trips & more.	240 North 100 East Logan, UT 84321	435-755-1720
<b>Common Ground Outdoor Adventures</b>	Recreational & outdoor activities for children and adults with disabilities. <a href="http://www.cgadventures.org">www.cgadventures.org</a>	335 North 100 East Logan, UT 84321	435-713-0288
<b>Hyrum City Library</b>	Hours: Mon-Fri: 10:00-7:00 & Sat: 10:00-3:00. Have Storytime. Spanish Storytime also.	50 West Main Hyrum, UT 84319	435-245-6411
<b>Lewiston City Library</b>	<a href="http://www.lewiston-ut.org/library">www.lewiston-ut.org/library</a>	29 S. Main Street Lewiston, UT 84320	435-258-5515

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Logan Library	Hours: Mon-Thurs: 10:00-9:00pm. Fri-Sat: 10:00-6:00pm. Have Storytime. <a href="http://www.library.loganutah.org">www.library.loganutah.org</a>	255 North Main Logan, UT 84321	435-716-9123
Newton Town Library	<a href="http://www.newtontownlibrary.com">www.newtontownlibrary.com</a>	51 South Center Street Newton, UT	435-563-9283
North Logan Library	Hours: Mon-Sat: 10:00-7:00-pm. Have Storytime. <a href="http://www.northloganlibrary.com">www.northloganlibrary.com</a>	475 East 2500 North North Logan, UT 84341	435-755-7169
Providence City Library	<a href="http://www.providencecity.com/library">www.providencecity.com/library</a>	15 North Main Street Providence, UT 84332	435-752-7881
Richmond Public Library	Mon, Wed, Fri: 2:00-6:00pm, Sat: 9:00-1:00pm Tue & Thurs: 10:00-12:00 & 2:00-8:00pm Have Storytime.	38 West Main Richmond, UT 84333	435-258-5525
Smithfield Public Library	Hours: Mon-Thurs. 11:00-7:00pm Fri. 2:30-5:00pm, Sat. 11:00-3:00pm Pre-register for Storytime. School year: Sept-April, or Summer: June-Aug.	25 North Main Smithfield, UT 84335  <a href="http://www.smithfieldcity.org">www.smithfieldcity.org</a>	435-563-3555
USU PALS	Mentoring program for children.	Val R. Christensen Service Center @ USU.	435-797-1740
Whittier Community Center	A variety of programs that serve community members. Also have rooms to rent.	290 North 400 East Logan, UT 84321	435-753-9008
Youth & Families with Promise (4-H YFP)	Mentoring program to help at-risk youth ages 10-14.	2975 Old Main Logan, UT 84322	435-797-4444
EMPLOYMENT			
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Anti-Discrimination & Labor Issues	Help with cases of discrimination in the workplace. <a href="http://www.laborcomission.utah.gov">www.laborcomission.utah.gov</a>	160 E. 300 S. 3 <sup>rd</sup> Floor Salt Lake City, UT	801-530-6801
Bridgerland Applied Technology College (BATC)	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$120.00.	1301 North 600 West Logan, UT 84321	435-753-6780
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services, unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321  <a href="http://www.jobs.utah.gov">www.jobs.utah.gov</a>	866-435-7414
Deseret Industries (DI)	Training opportunities to help individuals gain the skills they need for today's job market. Help people with disabilities maintain, regain, or enter employment.	175 West 1400 North Logan, UT 84341  <a href="http://www.desertindustries.org">www.desertindustries.org</a>	435-752-4511
Division of Vocational Rehabilitation	Job training & placement. Must meet guidelines.	115 W. Golf Course Rd., Ste. D Logan, UT 84321	435-787-3480

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<b>Futures Through Training</b>	Training and help in job searches. Emergency support for those with low incomes.	1140 East 36 <sup>th</sup> Street, Ste. 150 Ogden, UT <a href="http://www.futuresthroughtraining.org">www.futuresthroughtraining.org</a>	801-394-9774
<b>Job Corps</b>	Career training. <a href="http://www.jobcorps.gov">www.jobcorps.gov</a>	7400 South Cornia Drive Ogden, UT	802-479-9806
<b>LDS Employment Resource Center</b>	Job board, training videos, classes on job search, self-employment information, resume assistance. Career workshops, self-employment, professional placement workshop, work at home workshops.	175 W. 1400 N., Ste. C Logan, UT 84321  <a href="http://www.ldsjobs.org">www.ldsjobs.org</a>	435-752-7911
<b>Logan Regional Hospital</b>	Employment Job Board.  <a href="http://www.ihc.com">www.ihc.com</a>	500 East 1400 North Logan, UT 84341	435-716-1000 Operator
<b>Paul Mitchell Beauty School</b>	Cosmetology school, financial aide available.	258 South Main Logan, UT 84321	435-752-3599
<b>New Horizons Beauty College</b>	Beautician Licensing.	550 North Main, Suite 115 Logan, UT 84321	435-753-9779
<b>USU Employment</b>	Job board & referral service.	USU Taggart Student Center 1600 Old Main Hill, Rm 106, Logan, UT 84322	435-797-7777
<b>Utah Labor Commission</b>	Information on labor laws, housing, discrimination, and employment.	160 E. 300 S., 3 <sup>rd</sup> Floor Salt Lake City, UT 84114	801-530-6800
FAMILY RELATIONS			
<b>Bear River Early Head Start</b>	Infant/Toddler program for pregnant women and children ages 0-3 and their families.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
<b>Bear River Preschool Head Start</b>	Preschool-child & family development program for eligible children ages 3-5 and their families.	95 West 100 South, Ste. 200 Logan, UT 84321 852 South 100 West Logan, UT 84321	435-755-0081 office 435-753-0951 center
<b>Family Center</b>	Story time, toys, books, training videos to check out free, workshops, literacy program.	50 South 400 East Logan, UT 84321	435-755-5171
<b>Family Promise</b>	Temporary shelter for homeless families. Shelter is drug-free. No pets allowed. Waitlist for admission.	814 West 800 South Salt Lake City, UT <a href="http://www.fpsl.org">www.fpsl.org</a>	801-961-8622
<b>Help Me Grow Utah</b>	Information on general child development and parenting topics, referrals to community resources, developmental screening questions, and more. Children ages 0-8.	<a href="http://www.helpmegrowutah.org">www.helpmegrowutah.org</a>	801-691-5322
<b>Logan River Academy</b>	Adolescent residential treatment facility offering mental health services, education services, and residential care services. Accepts most major insurances. Spanish or	1683 South Hwy. 89/91 Logan, UT 84321	435-755-8400



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	Other Language Services. Visit website for admission criteria. <a href="http://www.loganriver.com">www.loganriver.com</a>		
<b>National Parent Helpline</b>	Emotional support, information, and empowerment for parents/caregivers.	<a href="http://www.nationalparenthelpline.org">www.nationalparenthelpline.org</a>	855-427-2736
<b>Share Parents</b>	Support group for families who've had a miscarriage, stillbirth, or new born death. <a href="mailto:shareparents@sli.net">shareparents@sli.net</a>	Logan Hospital 500 East 1400 North Logan, UT 84321	435-753-0687
<b>Victim Information &amp; Notification Everyday (VINE)</b>	Information about custody status of offenders in prisons and jails.	<a href="http://www.vinelink.com">www.vinelink.com</a>	866-277-7477
FOOD, NUTRITION, & CLOTHING			
<b>211 Information &amp; Referral</b>	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
<b>Alliance for Children</b>	Food reimbursement for children under care of state care providers.	5667 South Redwood Rd. #5A Taylorsville, UT 84123	801-513-1090
<b>Bear River Health Department</b>	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, nutrition immigration, physicals, breastfeeding education, birth & death certificates, infant development for premature babies, etc.	655 East 1300 North Logan, UT 84321  WIC  Breastfeeding Clinic	435-792-6500  435-792-6451  435-792-6466
<b>Cache Community Food Pantry</b>	Emergency food assistance program. <a href="http://www.cachefoodbank.org">www.cachefoodbank.org</a>	359 South Main Logan, UT 84321	435-753-7140
<b>Department of Workforce Services</b>	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321  <a href="http://www.jobs.utah.gov">http://www.jobs.utah.gov</a>	866-435-7414
<b>Deseret Industries</b>	Sells used clothing and toys, etc. for discounted price.	175 West 1400 North Ste. B Logan, UT 84321	435-752-4511
<b>DROPS/Mobil Food Pantry-Utah Food Bank</b>	Fighting hunger statewide. <a href="http://www.utahfoodbank.org">www.utahfoodbank.org</a>	3150 South 900 West Salt Lake City, UT	801-978-2452
<b>Primary Childrens Hospital Nutrition Services</b>	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	81 N. Mario Capecchi Dr. Salt Lake City, UT 84113	801-662-1400
<b>National Hispanic Prenatal Helpline English &amp; Spanish</b>	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Toll-free helpline.	800-504-7081
<b>Pregnancy Risk line</b>	Free services & information on use of drugs/herbs during pregnancy /lactation.	Salt Lake City, UT 84111	800-822-2229

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<b>Somebody's Attic</b>	Sells used clothing and toys, etc. for discounted price.	39 West 100 North Logan, UT 84321	435-752-8502
<b>Somebody's Attic Too</b>	Sells used clothing, toys, etc. for discounted prices.	3 <sup>rd</sup> South Main Smithfield, UT 84335	435-563-5802
<b>State Food Sense Nutrition Education Program (USU Extension Program)</b>	Teaches how to use food budget wisely, make nutritious meals, and food classes. Serves various counties. Go through local Extension Service.	179 N. Main St., Ste. 111 Logan, UT 84321	435-797-2200
<b>USU Cache County Extension Services</b>	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main Ste. #111, Logan, UT 84321	435-797-2200
<b>USU Family Life Center</b>	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee. Marriage/Family Therapy Housing/Financial Counseling.	493 North 700 East Logan, UT 84321	435-797-1501
<b>WIC - Bear River Health Department</b>	Nutritious foods for pregnant women and children. Must qualify. <a href="http://www.brhd.org/serviceplaceholder/wic.html">www.brhd.org/serviceplaceholder/wic.html</a>	655 East 1300 North Logan, UT 84321	435-792-6451
HOUSING/SHELTER			
<b>211 Information &amp; Referral</b>	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
<b>Bear River Association of Governments (BRAG)</b>	Emergency & heat assistance, housing subsidy information, community & economic development. Aging services, etc.	170 North Main Logan, UT 84321	435-752-7242  <a href="http://www.brag.utah.gov">www.brag.utah.gov</a>
<b>Bear River Mental Health</b>	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group home, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
<b>CAPSA-Community Abuse Prevention Services Agency</b>	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/workshops, Protective Order assistance. <a href="http://www.capsa.org">www.capsa.org</a>	Shelter location confidential.  Office located in Logan.	Crisis Line: 435-753-2500
<b>Countryside Manor</b>	Subsidized apartments.	950 East Hwy. 101 Hyrum, UT 84319	435-245-6833
<b>Family Promise</b>	Temporary shelter for homeless families. Shelter is drug-free. No pets allowed. Waitlist for admission.	814 West 800 South Salt Lake City, UT <a href="http://www.fpsl.org">www.fpsl.org</a>	801-961-8622

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<b>Habitat for Humanity</b>	Home-building assistance for low-income families.	55 East 100 North, Ste. 104 Logan, UT 84321	435-752-8419
<b>Homechoice Utah</b>	Home ownership opportunities for people with disabilities.	Must register through phone line.	866-493-4500
<b>In Home Service Program (BRAG)</b>	Senior companion program, health insurance information, helps prevent long-term placement before necessary.	170 North Main Logan, UT 84321	435-752-7242
<b>Logan Point Apartments</b>	Housing assistance- must qualify-application fee \$25.00.	1320 North 200 East Logan, UT 84321	435-753-1300
<b>Neighborhood Non-Profit Housing Corporation</b>	Home-building assistance for low-income families in Cache & Box Elder. <a href="http://www.nnhc.net">www.nnhc.net</a>	195 W. Golf Course Rd., Ste. 1 Logan, UT 84341	435-753-1112
<b>North Point Apartments</b>	Housing assistance; must qualify. Application fee-\$25.00.	1580 North 200 East Logan, UT 84341	435-752-8787
<b>Ogden Rescue Mission</b>	Shelter, meals, and a clinic. Free. Must present photo ID.	2775 Wall Avenue Ogden, UT	801-399-3085
<b>Riverwalk Apartments</b>	Subsidized housing. 2 bathrooms & 3 bedrooms.	781 Riverwalk Parkway Logan, UT 84321	435-753-5324
<b>USU Family Life Center</b>	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 North 700 East Logan, UT 84321	435-797-1501
<b>Utah Labor Commission</b>	Information on labor laws, housing, discrimination, employment and OSHA.	Information hotline.	800-530-6800
INCOME/BUDGET			
<b>Department of Workforce Services</b>	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321  <a href="http://www.jobs.utah.gov">http://www.jobs.utah.gov</a>	435-792-0300
<b>Social Security Administration</b>	Available every Thursday from 10:00-3:00 at Department of Workforce Services.	324 25 <sup>th</sup> Street Ogden, UT 84401	877-378-9081
<b>USU Cache County Extension Services</b>	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main, Ste. 111 Logan, UT 84321	435-797-2200
<b>USU Family Life Center</b>	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 North 700 East Logan, UT 84321	435-797-1501
LEGAL PROBLEMS			
<b>211 Information &amp; Referral</b>	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211



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<b>Anti-Discrimination &amp; Labor Issues</b>	Help with cases of discrimination in the workplace. <a href="http://www.laborcomission.utah.gov">www.laborcomission.utah.gov</a>	160 Broadway Salt Lake City, UT	801-530-6921
<b>Cache County Children's Justice Center</b>	A child-friendly facility where victims of child abuse are interviewed and medically assessed by professionals specifically trained in the forensic investigation of abuse.	1362 North 400 West Logan, UT 84341	435-753-7017
<b>Cache County Victim Services</b>	District Attorney. <a href="http://www.cachecounty.org/victim-services">www.cachecounty.org/victim-services</a>	199 North Main Logan, UT 84321	435-755-1830
<b>CAPSA-Community Abuse Prevention Services Agency</b>	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/workshops, Protective Order assistance. <a href="http://www.capsa.org">www.capsa.org</a>	Shelter location confidential.  Office located in Logan.	Crisis Line: 435-753-2500  Office: 435-752-4493
<b>Court Appointed Special Advocates (CASA)</b>	Leaders in child advocacy, provide the highest level of representation to children and their best interests.		435-232-9151
<b>Child Support Enforcement Program</b>	Recovery Services.	Call for more information.	801-536-8500
<b>Disability Law Center</b>	Protect the rights of people with disabilities in Utah. <a href="http://www.disabilitylawcenter.org">www.disabilitylawcenter.org</a>	205 North 400 West Salt Lake City, UT	800-662-9080
<b>Division of Consumer Protection</b>	Protects consumers from unfair business practices. <a href="http://www.consumerprotection.utah.gov">www.consumerprotection.utah.gov</a>	160 East 300 South Salt Lake City, UT	801-530-6601
<b>Guardian Ad Litem</b>	Court appointed guardians.	135 North 100 West, #4 Logan, UT 84321	435-713-6220
<b>Holy Cross Immigration Lawyers</b>	Legal assistance to those who have immigrated. Fee on sliding scale basis.	860 East 4500 South, #204 Salt Lake City, UT 84104	801-261-3440
<b>Legal Services</b>	Free legal advice 2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 1:30-4:30pm. Conference Room. Please call first.	135 North 100 West Logan, UT 84321	435-750-1300 Court Clerk
<b>Mexican Consulate</b>	Helps Mexicans in the United States with legal problems. <a href="http://www.consulmex.sre.gob.mx/saltlakecity">www.consulmex.sre.gob.mx/saltlakecity</a>	660 S. 200 E. Ste. 300 Salt Lake City, UT 84111	801-521-8502
<b>Pro Se Legal Clinic</b>	Legal support for low-income Utah residents. <a href="http://www.utcourts.gov/howto/legalclinics">www.utcourts.gov/howto/legalclinics</a>	135 North 100 West Logan, UT 84321	435-750-1300
<b>Thursday Night at the Bar</b>	Service is designed for those who cannot otherwise afford an attorney. Services will be provided on a first come, first serve basis. 2 <sup>nd</sup> Thursdays from 6:00-7:00pm.	Cache County Council Chambers 199 N. Main Logan, UT 84321	435-915-6088
<b>Utah Self-Help Legal Services</b>	Legal information and assistance.	<a href="http://www.utcourts.gov/selfhelp">www.utcourts.gov/selfhelp</a>	888-683-0009
<b>Utah Labor Commission</b>	Information on labor laws, housing, discrimination, and employment.	160 East 300 South SLC, UT 84114	800-530-6800

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
Victim Info & Notification Everyday (VINE)	Information about custody status of offenders in prisons and jails.	<a href="http://www.vinelink.com">www.vinelink.com</a>	877-884-8463
<b>MEDICAL &amp; DENTAL</b>			
<b>211 Information &amp; Referral</b>	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
<b>AIDS Hotline CDC</b>	Information & support.	Open 24 hours a day.	800-366-2437
<b>Alternative Perspectives</b>	Chronic pain assessment, intervention, and management. Accepts most major insurances; Medicaid and Medicare are accepted. Contact for more information.	295 W. Schiess Court Nibley, UT	435-753-7332
<b>Bear River Health Department</b>	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, nutrition immigration, physicals, breastfeeding education, birth & death certificates, infant development for premature babies, etc.	655 East 1300 North Logan, UT 84321	435-792-6500
		WIC	435-792-6451
		Breastfeeding Clinic	435-792-6466
<b>Cache Valley Community Health Center</b>	Offers medical, dental, pharmacy, mental/behavioral health, and nutrition services to the community on a sliding fee scale. Accepts most insurances. After hours and urgent care center available 24/7.	1515 North 400 East North Logan, UT 84341	435-755-6061
		South Location: 26 West Main St., Ste. 3B Hyrum, UT 84339	435-245-6988
<b>Cache Valley Community Health Clinic</b>	Medical & dental services for those with No Medicaid, Medicare, or insurance. Tuesday & Thursday from 6-9pm.	272 ½ North Main, Ste. 104 Logan, UT 84321	435-752-7060
<b>Cache Valley Specialty Hospital</b>	Medical Services. <a href="http://www.cachevalleyhospital.com">www.cachevalleyhospital.com</a>	2380 North 400 East North Logan, UT 84341	435-713-9700
<b>CHIP (DWS)</b>	Health insurance for ages 0-18, who qualify. Medicaid, PCN, UPP.	180 North 100 West Logan, UT 84321	435-792-0300
<b>Dental Care</b>	For a list of dentists in your area call Cherie at Head Start.	95 W. 100 S. #200 Logan, UT 84321	435-755-0081 Ext. 240
<b>Division of Vocational Rehabilitation</b>	Job training & placement. Must meet guidelines.	115 W. Golf Course Rd., Ste. D Logan, UT 84321	435-787-3480
<b>Health Resource Line</b>	General Health information.	Baby your Baby Hotline Immunization Hotline	800-826-9662 800-275-0659
<b>Logan Regional Hospital</b>	Medical services. <a href="http://www.ihc.com">www.ihc.com</a>	500 East 1400 North Logan, UT 84341	435-716-1000
<b>Logan Regional Hospital Insta-Care</b>	Medical services. Insta-care clinic for walk-in needs.	412 North 200 East Logan, UT 84321	435-713-2710

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>Medicaid (DWS)</b>	Information & assistance for those who qualify for WIC, PCN, CHIP, UPP.	180 North 100 West Logan, UT 84321	435-792-0300
<b>Planned Parenthood</b>	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale. Resource materials.	550 North Main, #17 Logan, UT 84321	435-753-0724 800-230-7526
<b>Poison Control</b>	Advice for poison ingestion.	<a href="http://www.aapcc.org">www.aapcc.org</a>	800-222-1222
<b>Su Familia- National Hispanic Family Health Helpline</b>	Health information for Hispanic families to prevent/manage chronic conditions like asthma, cardiovascular disease, child cancer screening, immunizations, diabetes, domestic violence, HIV/AIDS, references to providers, programs & children's health insurance.	Toll-free helpline.	866-783-2645 866-SU-FAMILIA
<b>MENTAL, SOCIAL, &amp; EMOTIONAL HEALTH</b>			
<b>211 Information &amp; Referral</b>	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
<b>Affirmative Action</b>	Provides information on affirmative action, equal opportunity.	1475 Old Main Hill, #118 Logan, UT 84321	435-797-1266
<b>Bear Lake Community Health Centers</b>	Therapy for abuse, anger management, depression, anxiety, addiction, and couple/parenting concerns. Charges on sliding fee scale. Payment plans available. Spanish Services.  <a href="http://www.blchc.org">www.blchc.org</a>	1515 North 400 East, Ste. 104 North Logan, UT 84341	435-755-6061
		944 South Hwy. 89 Logan, UT 84321	435-755-6061
		26 West Main. Ste. 3A Hyrum, UT	435-245-6988
<b>Bear River Activity and Skills Center (BRASC)</b>	Housed on the Utah State University campus. A program designed to support adults with disabilities by training and maintaining the skills necessary for their greatest independence. In addition, BRASC focuses on providing their consumers with activities that encourage their inclusion into the community.	809 North 800 East Logan, UT 84322  <a href="http://www.idasl.net/brasc.php">www.idasl.net/brasc.php</a>	435-797-8528
<b>Bear River Health Department-Division of Substance Abuse</b>	Counseling for individuals, families, youth or groups for any type of sub-stance abuse, prevention services, & women's programs.	655 East 1300 North Logan, UT 84321	435-792-6420 After hours crisis: 435-881-0358
<b>Bear River Clubhouse</b>	Mental health services for adults and children who are Medicaid eligible. Non-Medicaid individuals, who qualify under a	88 West 1000 North Logan, UT 84321	435-753-9046

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
	non-Medicaid service priority, may also be eligible for services.		
<b>Bear River Mental Health</b>	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group home, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
<b>Breast Cancer Support Group</b>	Survivors will visit those with cancer. Receive free information & products.	American Cancer Society	800-227-2345
<b>Cache County Children's Justice Center</b>	Help communities serve child victims of abuse. <a href="http://www.cachecjc.com">www.cachecjc.com</a>	1362 North 400 West Logan, UT 84341	435-753-7017
<b>Cache Employment and Training Center</b>	Provide services for individuals with disabilities in order to maximize their vocational and/or independent living skills. Day training, supported employment, seniors program, family support, respite, supported living, vocational evaluations, and volunteer programs.	275 West 400 South Logan, UT 84321	435-752-7952
<b>Cache Youth Resource Center</b>	Youth drop-in center that is open every Friday: 4:30-7:30 to any youth ages 14-23. A safe and supportive space for LGBTQ youth where they can receive a hot dinner, clothing, hygiene donations, educational services, counseling, and participate in art/service projects.	596 East 900 North Logan, UT 84321  <a href="http://www.servicecenter.usu.edu">www.servicecenter.usu.edu</a>	435-363-5473
<b>CAPSA-Community Abuse Prevention Services Agency</b>	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops. Protective Order assistance. <a href="http://www.capsa.org">www.capsa.org</a>	Shelter location confidential.  Office located in Logan.	Crisis Line: 435-753-2500  Office: 435-752-4493
<b>Center for Persons with Disabilities</b>	Services for children and adults with disabilities, etc. <a href="http://www.cpdusu.org">www.cpdusu.org</a>	6800 Old Main Hill Logan, UT 84322	435-797-1981
<b>Children's Aid Society of Utah</b>	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 <sup>th</sup> Street Ogden, UT 84401	801-393-8671
<b>Common Ground Outdoor Adventures</b>	Recreational & outdoor activities for children and adults with disabilities. <a href="http://www.cgadventures.org">www.cgadventures.org</a>	335 North 100 East Logan, UT 84321	435-713-0288
<b>Division of Child and Family Services</b>	Protection for abused and neglected children, foster care & adoption info.	115 W. Golf Course Rd., Ste. B Logan, UT 84321	435-787-3400
<b>Domestic Violence Information Line</b>	Anonymous line to receive help with domestic violence issues. <a href="http://www.udvc.org">www.udvc.org</a>	124 S. 400 E. Ste. 300 Salt Lake City, UT	1-800-897-5465
<b>Family Institute of Northern Utah</b>	Counseling for children who witness conflict, child/ parenting groups, classes. <a href="http://www.finu.org">www.finu.org</a>	190 East Center Logan, UT 84321	435-752-1976

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>Family Life Center</b>	Counseling for couple and individual concerns, parent-child relationships, or other family issues. Counseling services are provided by graduate students in the M.S. emphasis in Marriage & Family Therapy under direct supervision of licensed clinical faculty. Spanish Services.	493 North 700 East Logan, UT 84321	435-797-1501
<b>Family Resource Library</b>	Books, audio, videos about behavioral management, handicapping conditions & learning at home, etc.	6880 Old Main Hill, #173 Logan, UT 84321	435-797-1552
<b>Guardian Ad Litem/Court Appointed Special Advocate (CASA)</b>	Helps to meet children's needs for safety, nurturance, and love. <a href="http://www.utahcasa.org">www.utahcasa.org</a>	135 North 100 West Logan, UT 84321	435-232-6637
<b>Help Me Grow Utah</b>	Information on general child development and parenting topics, referrals to community resources, developmental screening questions, and more. Children ages 0-8.	<a href="http://www.helpmegrowutah.org">www.helpmegrowutah.org</a>	801-691-5322
<b>Homechoice Utah</b>	Home ownership opportunities for people with disabilities;	Must register through phone line.	866-493-4500
<b>Hospice (CNS Community)</b>	Support/sharing group for grieving children & adults; books on grieving, dying and death.	221 N. Gateway Dr. Providence, UT 84332	435-752-3355
<b>In Home Service Program (BRAG)</b>	Senior companion program, health insurance information, helps prevent long-term placement before necessary.	170 North Main Logan, UT 84321	435-752-7242
<b>Intermountain Specialized Abuse Treatment Center</b>	Sexual & other abuse therapy for all ages, Individual & group counseling. Sliding fee scale.	1555 W. 2200 S. Ste. A Salt Lake City, UT 84119	801-886-8900
<b>Family Institute of Northern Utah</b>	Counseling for children who witness conflict, child/ parenting groups' classes.	175 East Pioneer Ave. Logan, UT 84321	435-752-1976
<b>LDS Family Services</b>	Social services, counseling, addiction recovery program, support group for pregnant young women. All Welcome.	175 West 1400 North, Suite A Logan, UT 84321	435-752-5302
<b>Logan River Academy</b>	Adolescent residential treatment facility offering mental health services, education services, and residential care services. Accepts most major insurances. Spanish or Other Language Services. Visit website for admission criteria. <a href="http://www.loganriver.com">www.loganriver.com</a>	1683 South Hwy. 89/91 Logan, UT 84321	435-755-8400
<b>National Alliance for the Mentally ill- NAMI</b>	Meetings, classes, & support for people with mental illnesses & their families. <a href="http://www.namicallechevalley.org">www.namicallechevalley.org</a>	200 N. 90 E. Bsmt. N (side) Logan, UT 84321	435-787-4165
<b>National Suicide Prevention Hotline</b>	24-hour support for those having suicidal thoughts.	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>	800-273-8255



## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>National Hispanic Prenatal Helpline English &amp; Spanish</b>	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Toll-free helpline.	800-504-7081
<b>New Discoveries Clubhouse</b>	Offers social support services to persons with mental illness.	1153 North Main, Ste. B120 Logan, UT 84321	435-213-3666
<b>Options for Independence</b>	Services to individuals with any type of disability; for all ages. <a href="http://www.optionsind.org">www.optionsind.org</a>	106 East 1120 North Logan, UT 84341	435-753-5353
<b>Planned Parenthood</b>	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 North Main, #17 Logan, UT 84321	435-753-0724
<b>Rape Recovery Center Crisis Hotline</b>	24-hour crisis line for reporting sexual assault/rape, receiving support, and accessing other resources.	<a href="http://www.raperecoverycenter.com">www.raperecoverycenter.com</a>	-801-467-7273
<b>The Family Place</b>	Parenting & child classes, support groups, child abuse/neglect prevention, counseling, nursery. <a href="http://www.thefamilyplaceutah.org">www.thefamilyplaceutah.org</a>	1525 North 200 West Logan, UT 84341	435-752-8880
<b>UNI Crisis Line</b>	24/7 hotline providing crisis intervention, emotional support, problem solving, referral to available resources, and risk assessment. Spanish or Other Language Services.	<a href="http://healthcare.utah.edu/uni/crisisline">http://healthcare.utah.edu/uni/crisisline</a>	801-587-3000
<b>Up-to-3 Early Intervention</b>	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill, USU Logan, UT 84332	435-797-3727 866-695-4336
<b>USU Department of Psychology Community Clinic</b>	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale. No insurance-sliding scale fee.	2810 Old Main Hill, Rm. # 413 Logan, UT 84322	435-797-1460
<b>USU Family Life Center</b>	Counseling for eating disorders, family, couple, personal, financial, & housing on sliding scale fee. Marriage/Family Therapy Housing/Financial Counseling.	493 North 700 East Logan, UT 84321	435-797-1501
<b>Utah Coalition Against Sexual Assault (UCASA)</b>	Help for victims of sexual assault as well as resources for those who wish to end sexual assault in Utah.	284 West 400 North Salt Lake City, UT 84103 <a href="http://www.ucasa.org">www.ucasa.org</a>	801-746-0404
<b>Utah Domestic Violence Link Line</b>	24/7 helpline for those who are in danger from domestic violence.	<a href="http://udvc.org/Utah-domestic-violence-help/find-help">http://udvc.org/Utah-domestic-violence-help/find-help</a>	800-897-5465
<b>Victim Information &amp; Notification Everyday (VINE)</b>	Information about custody status of offenders in prisons and jails.	<a href="http://www.vinelink.com">www.vinelink.com</a>	877-844-8463
<b>Victim Services</b>	Information & assistance for victims of crime	199 North Main (Basement) Logan, UT 84321	435-755-1830

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>PARENTING/CHILD EDUCATION</b>			
<b>American Red Cross</b>	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance must qualify.	130 South Main, Ste. 120 Logan, UT	435-752-1125
<b>Bear River Early Head Start</b>	Infant/toddler home-based program for pregnant women & children ages 0-3.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
<b>Bear River Health Department</b>	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, nutrition immigration, physicals, breastfeeding education, birth & death certificates, infant development for premature babies, etc.	655 East 1300 North Logan, UT 84321  WIC  Breastfeeding Clinic	435-792-6500  435-792-6451  435-792-6466
<b>Bear River Mental Health</b>	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group homes, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
<b>Bear River Preschool Head Start</b>	Preschool-child & family development program for eligible families. Ages 3-5 Parenting classes for all families enrolled in the program.	95 West 100 South, Ste. 200 Logan, UT 84321 852 South 100 West Logan, UT 84321	435-755-0081 offices 435-753-0951 Center
<b>Care About Childcare</b>	Childcare referral, support for childcare providers.	6510 Old Main Hill, #11 Logan, UT 84322	435-797-1552
<b>CAPSA-Community Abuse Prevention Services Agency</b>	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/workshops, Protective Order assistance. <a href="http://www.capsa.org">www.capsa.org</a>	Shelter location confidential.  Office located in Logan.	Crisis Line: 435-753-2500  Office: 435-752-4493
<b>Center for Persons with Disabilities</b>	Services for children and adults with disabilities, etc. <a href="http://www.cpdusu.org">www.cpdusu.org</a>	6800 Old Main Hill Logan, UT 84322	435-797-1981
<b>Children's Aid Society of Utah</b>	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 <sup>th</sup> Street Ogden, UT 84401	801-393-8671
<b>Family Resource Library</b>	Books, audio, videos about behavioral management, handicapping conditions & learning at home.	6800 Old Main Hill, CPD #173 Logan, UT 84322	435-797-1552
<b>Baby Your Baby Hotline</b>	General infant health information.		800-826-9662
<b>Help Me Grow Utah</b>	Information on general child development and parenting topics, referrals to community resources, developmental screening questions, and more. Children ages 0-8.	<a href="http://www.helpmegrowutah.org">www.helpmegrowutah.org</a>	801-691-5322
<b>Hospice (CNS Community)</b>	Support/sharing group for grieving children & adults; books on grieving, dying and death.	221 No. Gateway Drive Providence, UT 84332	435-752-3355
<b>Hyrum City Library <a href="http://www.hyrumlibrary.com">www.hyrumlibrary.com</a></b>	Hours: Mon-Fri: 10:00-7:00 & Sat: 10:00-3:00. Have Storytime. Spanish Storytime also.	50 West Main Hyrum, UT 84319	435-245-6411

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>Logan Hospital Nutrition Center</b>	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	1400 North 500 East Logan, UT 84321	435-716-5866
<b>Logan Library</b>	Hours: Mon-Thurs: 10:00-9:00pm. Fri-Sat: 10:00-6:00pm. Have Storytime.	255 North Main Logan, UT 84321	435-716-9123
<b>National Parent Helpline</b>	Emotional support, information, and empowerment for parents/caregivers.	<a href="http://www.nationalparenthelpline.org">www.nationalparenthelpline.org</a>	855-427-2736
<b>North Logan Library</b>	Hours: Mon-Sat: 10:00-7:00-pm. Have Storytime.	475 East 2500 North North Logan, UT 84341	435-755-7169
<b>Parenting Therapy Group</b>	Information on child guidance, discipline development, behavior, blended families.	Travis	435-363-3752
<b>Richmond Public Library</b>	Mon, Wed, Fri: 2:00-6:00pm, Sat: 9:00-1:00pm Tue & Thurs: 10:00-12:00 & 2:00-8:00pm Have Storytime.	38 West Main Richmond, UT 84333	435-258-5525
<b>Smithfield Public Library</b>	Hours: Mon-Thurs. 11:00-7:00pm Fri. 2:30-5:00pm, Sat. 11:00-3:00pm Pre-register for Storytime. School year: Sept-April, or Summer: June-Aug.	25 North Main Smithfield, UT 84335  <a href="http://www.smithfieldcity.org">www.smithfieldcity.org</a>	435-563-3555
<b>The Family Place</b>	Parenting & child classes, support groups, child abuse/neglect prevention, abuse counseling, & nursery. Most services available to Idaho families.	1525 North 200 West Logan, UT 84341	435-752-8880
<b>Up-to-3 Early Intervention</b>	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill USU Logan, UT 84332	435-797-0592
<b>USU Cache County Extension Services</b>	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main, Ste. #111 Logan, UT 84321	435-752-6263
<b>USU Department of Psychology Community Clinic</b>	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale. No insurance- just sliding scale fee.	2810 Old Main Hill, Rm. #413, Logan, UT 84322	435-797-1460
<b>USU PALS</b>	Mentoring program for children.	Val R. Christenson Service Center @ USU	435-797-1740
<b>Youth &amp; Families with Promise (4-H YFP)</b>	Mentoring program to help at risk youth ages 10-14.	2975 Old Main Hill Logan, UT 84322	435-797-4444
PREGNANCY & INFANT CARE			
<b>Baby Watch</b>	Help for infants with disabilities.	<a href="http://www.utahbabywatch.org">www.utahbabywatch.org</a>	800-961-4226
<b>Baby Your Baby BRHD</b>	Immunization at low cost, birth control, family planning. Prenatal assistance.	655 East 1300 North Logan, UT 84321	435-792-6500 1-800-826-9662

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>Bear River Early Head Start</b>	Infant/toddler home-based program for pregnant women & children ages 0-3.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
<b>Bear River Health Department</b>	Health education, immunizations, WIC, food program, cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	655 E. 1300 N. Logan, UT 84321	435-792-6500
<b>Children's Aid Society of Utah</b>	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 <sup>th</sup> Street Ogden, UT 84401	801-393-8671
<b>IHC Lactation Clinic</b>	Breastfeeding and pregnancy education classes. <a href="http://www.intermountainhealthcare.org">www.intermountainhealthcare.org</a>	500 East 1400 North Logan, UT 84321 Logan Hospital: Women's Center:	435-716-1000 435-753-9999
<b>La Leche League</b>	Breastfeeding education/information, lending library, phone help.	<a href="http://www.llusa.org/UT/LoganUt/Logan.html">www.llusa.org/UT/LoganUt/Logan.html</a>	435-554-8667
<b>LDS Family Services</b>	Social services, counseling, addiction recovery program, support group for pregnant young women. All Welcome.	175 West 1400 North, Suite A Logan, UT 84321	435-752-5302
<b>National Hispanic Prenatal Helpline</b>	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Toll Free help line.	800-504-7081
<b>Newborn Intensive Care Support Group</b>	For parents & family members who have had a baby in NICU. Call for times.	500 East 1400 North Logan, UT 84321	435-716-1000
<b>Planned Parenthood</b>	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale. Resource materials.	550 North Main, #17 Logan, UT 84321	435-753-0724
<b>Pregnancy Risk line</b>	Free services & information on use of drugs/herbs during pregnancy /lactation. <a href="http://www.mothersbaby.uta.gov/about">www.mothersbaby.uta.gov/about</a>	Salt Lake City	800-822-2229
<b>Up-to-3 Early Intervention</b>	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill, USU Logan, UT 84332	435-797-3727 866-695-4336
TRANSPORTATION			
<b>Bear River Head Start Car Seat Checks</b>	Reduced-cost Car Seats- Clients only.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
<b>Bear River Health Department</b>	Reduced-cost car seats by attending Kids First Class. Car Seat Checks-Appointment Only.	655 East 1300 North Logan, UT 84321	435-792-6500
<b>Driver License Division</b>	Obtain a driver's license.	110 East 700 South Logan, UT 84321	801-965-4437

## CACHE COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>LTD-Logan City Bus, CVTD-Hyrum-Richmond</b>	Logan public bus. No cost to ride. Call for route schedule information.	150 E. 500 North Logan, UT 84321	435-752-2877
<b>Motor Vehicle Division (Cache County Assessor)</b>	Register motor vehicles.	179 North Main Ste. 209 Logan, UT 84321	435-755-1610 or 435-716-7110
<b>UTILITIES</b>			
<b>American Red Cross</b>	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance; must qualify.	130 South Main Ste. 120 Logan, UT 84321	435-752-1125
<b>Bear River Assoc. of Governments-BRAG</b>	Emergency, & heat assistance available Nov- Apr., housing subsidy information community & economic development.	170 North Main Logan, UT 84321	435-752-7242
<b>Utah Telephone Assistance Program</b>	Discounts on telephone bills for low-income households with landline telephones.		800-948-7540