

## CARIBOU COUNTY SERVICES DIRECTORY 2019-2020

Who	Services	Location	Phone Number
<b>ADULT EDUCATION</b>			
211 Idaho Care Line	Information Referral.		Dial 211
American Red Cross of Greater Idaho	CPR & first aid training, disaster prevention preparation & response to emergencies. <a href="http://www.redcross.org/local/idaho">www.redcross.org/local/idaho</a>	5380 W. Franklin Rd. Boise, ID 83705	208-947-4357
Healthworks Family Center	Short term training jobs that last 1-6 weeks; must qualify; parenting classes and counseling.	31 West Center Soda Springs, ID 83276	208-547-0047
Idaho Dept. of Labor	<a href="http://www.labor.idaho.gov">www.labor.idaho.gov</a>	95 E Hooper Ave. # 20 P.O. Box 576 Soda Springs, ID 83276	208-236-6710
Idaho State University Outreach Center	Free career & personal counseling; workshops, GED classes, job services, adult basic education, English as a 2nd language.	139 West 2 <sup>nd</sup> South Soda Springs, ID 83276	208-547-3843
LDS Employment Resource Center	Employment information, training, & job board open to all.	580 Roosevelt Ave. Pocatello, ID 83201	208-232-2862
SEICAA	Medication use info.; living will/durable power of attorney for health care; home safety checks, lending library, America Reads/tutoring.	641 North 8 <sup>th</sup> Ave. Pocatello, ID 83201	208-232-1114
University of Idaho Caribou Extension	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. <a href="http://www.extension.uo.edu/district4/CARIBOU.HTM">www.extension.uo.edu/district4/CARIBOU.HTM</a>	53 East 1 <sup>st</sup> South Soda Springs, ID 83276	208-547-3205
Vocational Rehabilitation	Training for disabled individuals to be self-reliant; employment, advocacy & counseling.	1070 Hilina St., Ste. 200 Pocatello, ID 83201	208-236-6333
<b>CHEMICAL DEPENDENCY</b>			
Idaho Commission on Hispanic Affairs	Health & Substance abuse programs. Scholarship & youth involvement activities.	304 North 8 <sup>th</sup> St. Ste. 236 Boise, ID 83720	(208) 334-3776
National Drug and Alcohol Treatment & Referral	24 Hour help and information.	Toll-free hotline.	866-949-7208
Road To Recovery	Alcohol /drug counseling, help for family; counseling, education classes. In /outpatient treatment.	343 East Bonneville Pocatello, ID 83201	208-233-9135 844-314-1230
<b>CHILD CARE</b>			
211 Idaho Care Line	Child Care Resource and Referral, this is for parents, grandparents raising grandchildren, or anyone else needing child care services.	Toll Free: 800-926-2588	Call 211
Bear River Early Head Start (EHS)	Services for children ages 0-3 and pregnant women. Home-base and Center-base options. Free. Must qualify. Centers are in North and South Logan.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
Pocatello Children's Clinic	Mon-Fri: 9:00 am-9:00 pm, Sat. 9:00-12:00; Emergency services.	1151 Hospital Way F Pocatello, ID 83201	208-232-1443

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Who	Services	Location	Phone Number
<b>SEICAA-Southeastern Idaho Community Action Agency</b>	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 S. Main, Rm. #102 Soda Springs, ID 83276	208-547-4257
<b>Southeastern Idaho Public Health</b>	WIC, Infant/ toddler program, immunizations car seat assistance, family planning. <a href="http://Wwwsdhidaho.org">Wwwsdhidaho.org</a>	55 East 1 <sup>st</sup> South Soda , ID 83276	208-547-4375
<b>COMMUNITY INVOLVEMENT</b>			
<b>Cache Employment and Training Center</b>	For people with disabilities. Day, community & employment, independent living & respite care assistance. Idaho families welcome.	275 W. 400 S. Logan, UT 84321	435-752-7952
<b>Caribou County Senior Citizens Center</b>	Meals-on Wheels twice a week, for mentally disabled or physically challenged; support groups for visual disabilities.	60 South Main Soda Springs, ID 83276	208-547-3007
<b>Grace District Library</b>	Story time, summer reading program: Mon 10-7; Tue-Fri 10-5 Fax and copy services available.	204 S. Main Grace, ID 83241	208-425-3695
<b>Healthworks Family Center</b>	Short term work training for in demand jobs that last 1-6 weeks; must qualify; parenting classes and counseling.	31 West Center Soda Springs, ID 83276	208-547-0047
<b>Idaho Commission on Hispanic Affairs</b>	Health & Substance abuse programs. Scholarship & youth involvement activities.	304 North 8 <sup>th</sup> St. Ste. 236 Boise, ID 83720	(208) 334-3776
<b>Soda Springs Library</b>	Children's program, computer, internet, & job service access. Mon-Thurs 10-8, Friday 10-5.	149 South Main Soda Springs, ID 83276	208-547-2606
<b>University of Idaho Caribou Extension</b>	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. Parents as Teachers. <a href="http://www.extension.ag.uidaho.edu/district4/CARIBOU.HTM">www.extension.ag.uidaho.edu/district4/CARIBOU.HTM</a>	53 East 1 <sup>st</sup> South Soda Springs, ID 83276	208-547-3205
<b>EMPLOYMENT</b>			
<b>Healthworks Family Center</b>	Short term work training for in demand jobs that last 1-6 weeks; must qualify; parenting classes and counseling.	31 West Center Soda Springs, ID 83276	208-547-0047
<b>Idaho division of Vocational Rehabilitation</b>	Help for individuals with disabilities with services toward employment. <a href="http://www.vr.idaho.org">www.vr.idaho.org</a>	1070 hilene Rd. Ste. 200 Pocatello, ID 83201	1-208-236-6333
<b>ISU Center for New Directions Programs</b>	Assists individuals in transition to overcome personal and economic barriers to education and employment, to access training.	Email: <a href="mailto:cnd@isu.edu">cnd@isu.edu</a>	208-547-3843
<b>LDS Employment Resource Center</b>	Employment information, training, & job board open to all.	580 Roosevelt Ave. Pocatello, ID 83209	435-232-2862
<b>Soda Springs Library</b>	Children's program, computer, internet, & job service access. Mon-Thurs: 10-8, Friday 10-5.	149 South Main Soda Springs, ID 83276	208-547-2606
<b>FAMILY RELATIONS</b>			
<b>Bear River Head Start</b>	Preschool-child/ family development program for eligible families. Reduced car seats for clients.	60 East 400 South Soda Springs, ID 83276	208-547-2634

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<b>Bannock House Bannock Youth Foundation</b>	48 hour crisis center for at risk youth, individual/family counseling, life skills, independent living program	620 W. Fremont Pocatello, ID 83204	208-234-2244
<b>Family Services Alliance Advocates</b>	Legal assistance/court advocacy with domestic violence & sexual assault issues, support groups, counseling, and emergency shelter for individuals fleeing domestic and sexual violence.	355 South Arthur Pocatello, ID 83204 24 hour crisis line:	208-232-0742 208-251-HELP (4357)
<b>Healthworks Family Center</b>	Short term work training for in demand jobs that last 1-6 weeks; must qualify; parenting classes and counseling.	31 West Center Soda Springs, ID 83276	208-547-0047
<b>Road To Recovery</b>	Alcohol /drug counseling to individuals & their families; family may seek help without person involved with substances, IF problem exists in family; counseling, education classes. In /outpatient treatment. De-Tox program.	1745 Pocatello Creek Rd. Pocatello, ID 83201	844-314-1230
<b>SEICAA-Southeastern Idaho Community Action Agency</b>	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 South Main, Rm. #102 Soda Springs, ID 83276	208-547-4257
<b>FOOD, NUTRITION, &amp; CLOTHING</b>			
<b>Department of Health &amp; Welfare</b>	Food stamps, Medicaid, mental health & child protection services.	184 South Main Soda Springs, ID 83276	208-547-4317
<b>Deseret Industries</b>	Sells used clothing, appliances, furniture, toys, etc.	580 Roosevelt Ave. Pocatello, ID 83201	208-232-5174
<b>Health West Clinics, Inc.</b>	Provides primary medical outpatient care, nutrition programs.	204 Center St. McCammon, ID 83250	208-254-9326
<b>Idaho Community Action Network-ICAN</b>	Food program for families with limited incomes, political advocacy & activism.	3450 Hill Road Boise, ID 83702	208-385-9146 866-385-9146
<b>Idaho Health &amp; Welfare</b>	Cash assistance, food stamps, and Medicaid enrollment & assistance.		877-456-1233
<b>Idaho Legal Aid Services, Inc.</b>	Cases of public rights: Medicare, food stamps, Medicaid, etc. upon referral. Must qualify.	150 S. Arthur, Ste. 203 Pocatello, ID 83204	208-233-0079
<b>National Hispanic Prenatal Helpline English/Spanish</b>	Prenatal care referrals, information on pregnancy health issues, nutrition, depression, general care, concerns.	Toll-free help line.	800-504-7081
<b>SEICAA-Southeastern Idaho Community Action Agency</b>	Food bank, energy & rental assistance, winterization, Family development training, Access D.I. vouchers.	159 S. Main, Rm. #102 Soda Springs, ID 83276	208-547-4257
<b>University of Idaho Caribou Extension</b>	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. Parents as Teachers. <a href="http://www.extension.ag.uidaho.edu/district4/CARIBOU.HTM">www.extension.ag.uidaho.edu/district4/CARIBOU.HTM</a>	53 East 1 <sup>st</sup> South Soda Springs, ID 83276	208-547-3205
<b>HOUSING/SHELTER</b>			
<b>Idaho Legal Aid Services, Inc.</b>	Represent cases of public rights: Medicare, food stamps, Medicaid, social security, county assistance, unemployment, tenant rights, rental,	150 S. Arthur, Ste. 203 Pocatello, ID 83204	208-233-0079

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	customer, & domestic violence cases upon referral. Must qualify.		
<b>SEICAA-Southeastern Idaho Community Action Agency</b>	Food bank, energy & rental assistance, winterization, Family development training, D.I. vouchers.	159 S. Main, Rm. #102 Soda Springs, ID 83276	208-547-4257
<b>USDA Soda Springs Service Center</b>	Provides home ownership loans to families with low or very low income.	390 E. Hooper Ave. Soda Springs, ID 83276	208-547-4396
INCOME/BUDGET			
<b>County Clerk's Office-Caribou Indigent Service</b>	Assistance for those with a catastrophic medical emergency; a last resource.	159 South Main Soda Springs, ID 83276	208-547-4324
<b>Idaho Health &amp; Welfare</b>	Cash assistance, food stamps, and Medicaid enrollment & assistance.		877-456-1233
<b>Social Security Admin.</b>	Provides Medicare, survivors' benefits.		866-643-3407
LEGAL PROBLEMS			
<b>Family Services Alliance</b>	Legal assistance/court advocacy with domestic violence & sexual assault issues, support groups, counseling, and emergency shelter for individuals fleeing domestic and sexual violence.	159 South Main St. Soda Spring, ID 83276	208-705-4674
<b>Idaho Legal Aid Services, Inc.</b>	Represent cases of public rights: Medicare, food stamps, Medicaid, social security, county assistance, unemployment, tenant rights, rental, customer, & domestic violence cases upon referral. Must qualify.	150 S. Arthur Ste., 203 Pocatello, ID 83204	208-233-0079
<b>Idaho Volunteer Lawyer Program</b>	Free legal service for low-income people depending on case, family law, debt relief, civil case only.	150 S. Arthur, Ste. 203 Pocatello, ID 83204	800-221-3295
<b>Social Security Administration</b>	Provides Medicare, survivors' benefits, Supplemental Security Income.		866-643-3407
MEDICAL & DENTAL			
<b>211 IDAHO CARE LINE</b>	CHIP, parenting classes, doctors/dentists, etc.	Call for information.	Dial 211
<b>AIDS Hotline</b>	Information and support.	English	800-366-2437
<b>Call Family Dentistry</b>	10% off for patients without dental insurance.	465 Memorial Drive, Pocatello, ID 83201	208-232-2500
<b>Council for Deaf &amp; Hard of Hearing</b>	Services.	1720 Westgate Drive Boise, ID	208-473-2122
<b>Dental Care</b>	For a list of dentists in your area call Cherie at Head Start.	95 W. 100 S., Ste. 200 Logan, UT 84321	435-755-0081 Ext. 240
<b>Department of Health &amp; Welfare</b>	Food stamps, Medicaid, mental health & child protection services.	184 South Main Soda Springs, ID 83276	208-547-4317 800-926-2588
<b>Health West Clinics, Inc.</b>	Provides primary medical outpatient care, nutrition programs.	204 Center St. McCammon, ID 83250	208-254-9326
<b>Idaho Commission for the Blind &amp; Visually Impaired</b>	Consultation, testing, instruction and referral if necessary.	427 N. Main, Suite K Pocatello, ID 83201	208-236-6392

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<b>Idaho Health &amp; Welfare</b>	Cash assistance, food stamps, and Medicaid enrollment & assistance.		877-456-1233
<b>Idaho Home Health Hospice</b>	Physical/occupational therapy, personal care aid, skilled nursing. Hospice Care.	315 E. Alameda Pocatello, ID 83201	208-232-1122
<b>Pocatello Children's Clinic</b>	Mon-Fri: 7:00 am - 9:00 pm Sat. 8:00-12:00. Emergency services.	1151 Hospital Way, F Pocatello, ID 83201	208-232-1443
<b>Pocatello Free Clinic</b>	General family medicine, diagnostic testing, & prescription, dental services. By appointment only. Mon-Fri: 3:00:-6:00pm.	429 Washington Ave. Pocatello, ID 83201	208-233-6245
<b>Poison Control</b>	Advice for poison ingestion.	Information hotline.	1-800-222-1222
<b>SEICAA-RSVP</b>	Free information, review, education for safe & effective medication use; living will/durable power of attorney for health care; home safety checks, exercise videos, lending library, America Reads.	641 North 8 <sup>th</sup> Ave. Pocatello, ID 83201	208-233-7348
<b>Social Security Administration</b>	Provides Medicare, survivors' benefits, Supplemental Security Income.		1-866-643-3407
<b>Su Familia- National Hispanic Family Health Helpline</b>	Health information for Hispanic families to prevent/manage chronic conditions, programs references to providers, children's health insurance; fact sheets for asthma, domestic violence, cancer screening, cardiovascular disease, immunizations, diabetes, HIV/AIDS. Referrals for low-cost clinics in US & Puerto Rico.	Toll-free helpline.	866-783-2645 General helpline in English & Spanish  Prenatal helpline 800-504-7081
<b>MENTAL, SOCIAL, &amp; EMOTIONAL HEALTH</b>			
<b>AIDS Hotline</b>	Information and support.	English	800-366-2437
<b>Bingham Crisis Center</b>	Victims of Domestic Violence or Sexual Abuse: Men, Women and Children.	288 Shilling Blackfoot, ID	208-785-1047
<b>Caribou County Senior Citizens Center</b>	Meals-on-Wheels & at senior center twice a week, extra dinners if needed, for mentally disabled or physically challenged; support groups for visual disabilities.	60 South Main Soda Springs, ID 83276	208-547-3007
<b>Council for Deaf &amp; Hard of Hearing</b>	Services.	1720 Westgate Drive Boise, ID	208-473-2122
<b>Center for New Directions/Idaho State University</b>	Free career & personal counseling to those interested in school or work; workshops, GED classes, job services, adult basic education, English as a second language.	139 West 200 South Soda Springs, ID 83276	208-547-3843
<b>Developmental Options</b>	Services for those who are developmentally & mentally delayed. Accepts Medicaid. Residential, rehabilitation services.	415 South Arthur Pocatello, ID 83204	208-233-6833
<b>Disability Rights Idaho</b>	Protection & Advocacy for individuals with disabilities. Serves Southeast Idaho. <a href="http://www.disabilityrightsidaho.org">www.disabilityrightsidaho.org</a>	1246 Yellowstone Ave., A-3 Pocatello, ID 83201	866-309-1589
<b>Family Services Alliance</b>	Legal assistance/court advocacy with domestic violence & sexual assault issues, support groups,	159 South Main St. Soda Spring, ID 83276	208-705-4674

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Who	Services	Location	Phone Number
	counseling, and emergency shelter for individuals fleeing domestic and sexual violence.		
<b>Healthworks Family Center</b>	Short term work training for in demand jobs that last 1-6 weeks, must qualify; parenting classes and counseling.	31 West Center Soda Springs, ID 83276	208-547-0047
<b>Human Development Center -Infant/Toddler Program</b>	Early intervention Birth-3. Provides early intervention services, short term crisis counseling & referrals.	421 Memorial Drive Pocatello, ID 83201	208-234-7900
<b>Idaho Commission for the Blind&amp; Visually Impaired</b>	Consultation, testing, instruction and referral if necessary.	427 North Main, Suite K Pocatello, ID 83201	208-236-6392
<b>Idaho Legal Aid Services, Inc.</b>	Represent cases of public rights: Medicare, food stamps, Medicaid, social security, county assistance, unemployment, tenant rights, rental, customer, & domestic violence cases upon referral. Must qualify.	150 South Arthur, Ste 203 Pocatello, ID 83204	208-233-0079
<b>LDS Family Services</b>	Counseling, support group for pregnant women, addiction recovery program. All welcome.	1169 Call Creek Dr., Ste. B Pocatello, ID 83201	208-232-7780
<b>LIFE Incorporated</b>	Advocacy training & counseling for people with disabilities, home health services.	640 Pershing, Suite A Pocatello, ID 83204	208-232-2747
<b>NAMI Idaho</b>	Voice on Mental Illness.	Pocatello, ID	208-233-9807
<b>National Hispanic Prenatal Helpline</b>	Referrals to prenatal care providers in area, information on pregnancy health issues, nutrition, depression, general care, concerns.	Open Mon.-Fri. 9am - 6pm Eastern Time	Toll-free help line 800-504-7081
<b>Parents Unlimited</b>	Advocacy, education & support to parents of children with disabilities/special needs; ages birth-26.	4619 Emerald Street Boise, ID 83702	208-342-5884
<b>Road To Recovery</b>	Alcohol /drug counseling to individuals & their families; family may seek help without person involved with substances, if problem exists in family; counseling, education classes. In /outpatient treatment. De-Tox program.	343 East Bonneville Pocatello, ID 83201	208-233-9135 844-314-1230
<b>Soda Springs School District</b>	Regular schooling & services for children with special needs ages 5-18.	250 East 2 <sup>nd</sup> South Soda Springs, ID 83276	208-547-3371
PARENTING/CHILD EDUCATION			
<b>211 Idaho Care Line</b>	CHIP, parenting classes, doctors/dentists, etc.	Call for information.	Dial 211
<b>American Red Cross of Greater Idaho</b>	CPR & first aid training, disaster prevention preparation & response to emergencies.	5371 Franklin Road Boise, ID 83705	208-947-4357
<b>Bear River Head Start</b>	Parenting classes for all families enrolled in the program.	852 South 100 West Logan, UT 84321	435-753-0951
<b>Bear River Head Start</b>	Preschool-child/ family development program for eligible families.	95 W. 100 S., Ste 200 Logan, UT 84321 60 East 400 South Soda Springs, ID 83276	435-755-0081 Logan Office 208-547-2634

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Who	Services	Location	Phone Number
<b>Grace District Library</b>	Story time, summer reading program. Mondays 10-7; Tuesday-Friday 10-5. Fax and copy services available.	204 S. Main Grace, ID 83241	208-425-3695
<b>Healthworks Family Center</b>	Short term work training for in demand jobs that last 1-6 weeks; must qualify; parenting classes and counseling.	31 West Center Soda Springs, ID 83276	208-547-0047
<b>LDS Family Services</b>	Counseling, support group for pregnant women, addiction recovery program. All welcome.	1169 Call Creek Dr., Ste. B Pocatello, ID 83201	208-232-7780
<b>Parents Unlimited</b>	Advocacy, education & support to parents of children with disabilities/special needs; ages birth-26.	4619 Emerald Street Boise, ID 83702	208-342-5884
<b>Psychological Assessment Specialist</b>	For children with ADD, ADHD, Aggressive Behavior. Accepts Medicaid.	1246 Yellowstone Ave., #C5 Pocatello, ID 83201	208-233-0150
<b>Road To Recovery</b>	Alcohol /drug counseling to individuals & their families; family may seek help without person involved with substances, if problem exists in family; counseling, education classes. In /outpatient treatment.	343 East Bonneville Pocatello, ID 83201	208-233-9135 844-314-1230
<b>SEICAA-RSVP</b>	Free information, review, education for safe & effective medication use; living will/durable power of attorney for health care; home safety checks, exercise videos, lending library, tutoring.	641 North 8 <sup>th</sup> Ave. Pocatello, ID 83201	208-233-7348
<b>SEICCA- Southeastern Idaho Community Action Agency</b>	Food Bank, energy & rental assistance, winterization, family development, DI vouchers.	159 S. Main, Room 102 Soda Springs, ID 83276	208-547-4257
<b>Soda Springs Library</b>	Children's program, computer, internet, & job service access. Monday-Thursday: 10-8, Friday: 10-5.	149 South Main Soda Springs, ID 83276	208-547-2606
<b>Soda Springs School District</b>	Regular schooling & services for children with special needs ages 5-18.	250 East 2 <sup>nd</sup> South Soda Springs, ID 83276	208-547-3371
<b>University of Idaho Caribou Extension</b>	4-H program, farming resources, agriculture & education, food safety, canning, gardening, & cleaning information. Parents as Teachers. <a href="http://www.extension.ag.uidaho.edu/district4/CARIBOU.HTM">www.extension.ag.uidaho.edu/district4/CARIBOU.HTM</a>	53 East 1 <sup>st</sup> South Soda Springs, ID 83276	208-547-3205
PREGNANCY & INFANT CARE			
<b>Bear River Early Head Start (EHS)</b>	Services for children ages 0-3 and pregnant women. Home-base and Center-base options. Free. Must qualify. Centers are in North and South Logan.	95 West 100 South, Ste. 200 Logan, UT 84321	435-755-0081
<b>Health West Clinics, Inc.</b>	Provides primary medical outpatient care, nutrition programs.	204 Center St. McCammon, ID 83250	208-254-9326
<b>LDS Family Services</b>	Counseling, support group for pregnant women, addiction recovery program. All welcome.	1169 Call Creek Dr., Ste. B Pocatello, ID 83201	208-232-7780

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Who	Services	Location	Phone Number
<b>National Hispanic Prenatal Helpline English/Spanish</b>	Referrals to prenatal care providers in area, information on pregnancy health issues, nutrition, depression, general care, concerns.	Toll-free help line.	800-504-7081
<b>TRANSPORTATION</b>			
<b>Bear River Head Start</b>	Reduced-cost Car Seats-Clients only.	95 W. 100 S., Ste. 200 Logan, UT 84321	435-755-0081
<b>Salt Lake City Express</b>	Daily shuttles between Salt Lake City and Southeast Idaho.	<a href="http://www.saltlakeexpress.com">www.saltlakeexpress.com</a>	800-356-9796
<b>UTILITIES</b>			
<b>Project Warmth</b>	Neighbors helping neighbors-rallying together to offer interim help with cold-weather heating bills.		208-547-4257
<b>SEICAA-Southeastern Idaho Community Action Agency</b>	Food bank, energy & rental assistance, winterization, Family development training, D.I. vouchers.	159 South Main, Rm. #102 Soda Springs, ID 83276	208-547-4257