

# Child Development and School Readiness

## Children Develop in 5 Main Areas

### 1. Cognitive

*Ability to solve problems*



### 2. Social and Emotional

*Ability to interact with others*



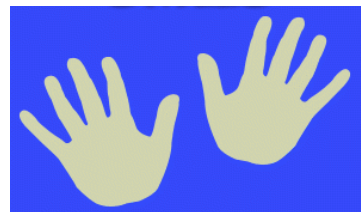
### 3. Speech and Language

*Ability to understand and use language*



### 4. Fine Motor Skill

*Ability to use small muscles (hands/fingers)*



### 5. Gross Motor Skill

*Ability to use large muscles*



## How Can We Improve School Readiness?

*Parenting expectations: example- give only verbal help*

*Books: example- help them learn to sit for the entirety of a book*

*Outings: example- visit the library, zoo, or store to help children learn appropriate behavior in these environments*

*Fine Motor Skill Development: example- practice cutting, coloring, drawing, and writing their name*

*Collaboration: example- work with the child's teacher to identify signs of delays in development so they can be targeted before school starts.*



## School Districts

### Logan:

- 101 W Center Street Logan, UT 84321
- (435)-755-2300

### Cache:

- 2063 N 1200 E North Logan, UT 84341
- (435)-752-3925

### Box Elder:

- 9060 S Main Brigham City, UT 84302
- (435)-734-4880

### Oneida:

- 25 E 50 S Suite A Malad, ID 83252
- (208)-534-6080

### Franklin:

- 105 E 2nd S Preston, ID 83263
- (208)-852-0283

### Caribou:

- 250 E 2nd S Soda Springs, ID 83276
- (208)-547-3371

### Bear Lake:

- Fielding St. P.O. Box 300 Paris, ID 83261
- (208)-945-2891

### Rich County:

- 25 S 100 W Randolph, UT 84064
- (435)-793-2135



## Parent/Male Engagement Activities

- *Arrange a Scavenger Hunt: Look for foods of a certain color or shape at the supermarket. Send them to find a certain letter or number on your bookshelf at home or to locate specific items around the house.*
- *When it's time for kindergarten take your child to their new kindergarten class. Talk with them about what to expect. It could also be helpful to begin to establish their new kindergarten routines.*

