## Prevent Child Abuse and Neglect

Strategy	Approach
Strengthen economic supports to families	<ul><li>Strengthening household financial security</li><li>Family-friendly work policies</li></ul>
Provide quality care and education early in life	<ul><li>Preschool enrichment with family engagement</li><li>Improved quality of child care</li></ul>
Enhance parenting skills to promote healthy child development	<ul> <li>Early childhood home visitation</li> <li>Parenting skills and family relationship approaches</li> </ul>
Intervene to lessen harms and prevent future risk	<ul> <li>Enhanced primary care</li> <li>Behavioral parent training programs</li> <li>Treatment to lessen harms of abuse and neglect exposure</li> <li>Treatment to prevent problem behavior and later in- volvement in violence</li> </ul>

Logan capsa.org Crisis line 435.753.2500 – Office 435.755.4493 – thefamilyplaceutah.org Crisis line 435.752.8880

Brigham City Family Support Center - befsc.org

Neglect is a failure to meet the child's basic needs.

> Psychological abuse, often called emotional abuse, is a form of abuse, characterized by a person subjecting or exposing another person to behavior that may result in psychological trauma.

Physical abuse refers to the injury of a child on purpose.

Pocatello Idaho Bright Tomorrows Child Advocacy Center -

National Child Abuse Hotline: 1.800.422.4453

## Parent/Male Engagement Activities

- 1. Check out a Family Resource Center.
- 2. Be a Mentor to a child in your life.
- 3. Volunteer at your local food bank or soup kitchen.
- 4. Speak up for families in your community.
- 5. Reach out to a family that needs some extra holiday cheer.
- 6. Reduce holiday stress.
- 7. Provide a holiday meal to a family in need.
- 8. Host a family friendly event.
- 9. Learn about parent leadership.
- 10.Become more educated about your child's development.
- 11. Pledge to participate in April's Child Abuse Prevention Month.
- 12. Learn about Adverse Childhood Experiences and their long-term effects.
- 13.Attend parent-teacher conferences or an open house at your child's school.
- 14.Plan a fun family outing.
- 15.Clean out your closets and toy boxes and donate items to families in need.
- 16.Take a Parenting class.
- 17. Share information about preventing abuse with friends and family.
- 18.Wear blue and share photos on social media with #WearBlue4Kids.
- 19.Offer to host a play date with your child's friends.
- 20.Don't be afraid to ask for help when you need it.
- 21.Make health a top priority.
- 22.Show your children what a healthy relationship should look like
- 23. Model positive leadership skills for your children.



