



## **Policy Council Interim Report**

March 10, 2022 Interim Policy Council Meeting Report

1. The hire request of Lindsay Voth as the PHS Hyrum Teacher was approved.
2. The hire request of Emily Casselman as the PHS Logan Classroom Assistant was approved.
3. The hire request of Sarah Call as the Disabilities Specialist was approved.
4. The transfer request of Teresa Burnside from Fiscal Assistant to Human Resource Specialist was approved.



## **Informe Provisional del Consejo de Políticas**

10 de marzo de 2022 Informe de la reunión provisional del consejo de políticas

1. Se aprobó la solicitud de contratación de Lindsay Voth como maestra de PHS Hyrum.
2. Se aprobó la solicitud de contratación de Emily Casselman como asistente del aula Logan de PHS.
3. Se aprobó la solicitud de contratación de Sarah Call como especialista en discapacidades.
4. Se aprobó la solicitud de transferencia de Teresa Burnside de Asistente Fiscal a Especialista en Recursos Humanos.



# Policy Council Report

March 17, 2022 Policy Council Meeting Report

1. The hire request of Sophie Jensen as the Early Head Start Nest/Koop Teacher Assistant was approved.
2. Information was given: Cora Gage will be transferring from a PHS Brigham City Classroom Assistant to a PHS Hyde Park Classroom Assistant.
3. Mental Health Team Updates were given.
4. The February 17, 2022 Policy Council Meeting Minutes were approved.
5. The March 10, 2022 Interim Policy Council Meeting Minutes were approved.
6. The Organizational Charts were approved.
7. The update to section 402, Automobile Usage of the Bear River Head Start Operational Procedures was approved.
8. The Bear River Head Start Learning Management System (LMS) Training Policy was approved.
9. A Bylaws Committee was set up.
10. Email Over Quota Information was given.
11. Bear River Head Start COVID Closure Report:
  - No closures to report.
  - This monthly report will be suspended. COVID case counts are down and we've been able to maintain all of our classrooms open this school year with the different criteria for exclusion we've been following from the Health Department and School District.
  - If case numbers go back up, we will reenact this report.
12. Information only for Policy Council. The estimated SEP Distribution for the 2021-2022 Fiscal Year is 6%-7%.
13. Budget Committee/Fiscal Report:
  - Closing down the 2021 Fiscal Year is in process.
  - The SEP Distribution percentage was discussed.
  - All employees will receive their annual review in April.
  - The upcoming annual financial audit will be May 9.
  - Purchasing training was providing to staff over purchasing.
  - The ECP grant and carryover request was discussed. It will be coming next month for Policy Council approval.
14. Director's Report:
  - We got the letter regarding the Corrective Action Plan. It was approved that we have made the necessary corrections and has been closed.
  - We are waiting for the 45-day notice for our Protocol II review. Information for the review was included in the packet. We will continue to discuss this each month until it happens. They will want Policy Council and Board participation. They will ask questions about Policy Council involvement, if information is shared and Policy Council opinion. The interview usually lasts about an hour. As it gets closer, we will see who would like to participate from Policy Council and provide them with information so they feel comfortable to do so.

- We are finishing up the in-kind app. It may not be ready to use until next school year. The fiscal department is working on individualizing it to work for Bear River Head Start. When it is done, parents will be able to enter their in-kind time on their phone while working with their kids at home, calculate the numbers and it will automatically go to the Fiscal Office to calculate the in-kind.
- Policy Council was asked if they would prefer for us to try to push through all the hires we can up until a scheduled meeting starts or wait and hold an interim meeting later. An unofficial vote was taken. Policy Council prefers to have them pushed through, even at the last minute to avoid having to plan for additional meetings. They feel the background information done in the interview process, including reference checks, means the new hires are thoroughly vetted before they go before Policy Council. The information provided for their review is brief and concise.

15. Board Report:

- The past Policy Council Chair did well to relay to Board each month what was occurring with the Policy Council. Both bodies keep good communication with each other back and forth.

16. Policy Council Concerns & Other Discussion Items:

- No items to discuss

17. Community Report:

- Friday, March 25, 2022: Downtown Logan Gallery Walk from 6:00-9:00pm
- Saturday, March 26, 2022: Ski, Bike, Kayak & Run Cache Valley- join us for the first annual Mountain to Marsh Race. Traverse nearly 50 miles through all of Cache Valley's types of terrain. 100% of proceeds benefit Stokes Nature Center. The race starts at 7:30am.

Boot Pack Cherry Peak & Snow Sport Down

Road Cycle from Cherry Peak to Benson Marina (29 Miles)

Canoe/Kayak to Cutler Canyon Marina (6 Miles)

Run to Newton Town Pavilion (13.6 Miles)

Ascend a total of 1,426ft

Descend a total of 2,667ft

Mini Athlete Race at 4:00pm. Ages 3+ Ski, run, bike around Cherry Peak through scores of fans!

Individuals and teams up to 4 are eligible for prizes. Non-competitive teams greater than 4 people are welcome to participate but will be ineligible for prizes and will need to pay \$5 per extra t-shirt.

Individual Competitor: \$120, High School Individual: \$80, Mini Athletes: (Kid's Race) \$30, Team Competitors: \$200 per team, High School Team: \$120

Be sure to join us for the after-party at Cherry Peak from 12:00-6:00pm. Everyone is welcome (even non-athletes!) to come enjoy live entertainment by the Highline Drifters from 4:00-6:00pm, food, and fun activities throughout the day. Pre-purchase after-party tickets: athletes-free, adults-\$15, kids-\$10; After-party at Cherry Peak [logannature.org](http://logannature.org)

- Thursday, March 31-Saturday, April 2, 2022: Baby Animal Days at the American West Heritage Center (4025 S. Highway 89, Wellsville, UT) from 10:00am-6:00pm featuring

exotic animals from Utah Petting Zoo Gone Wild. The cost is \$9. Children 2 and under are free. The last tickets are sold at 5pm. Baby farm animals, wagon rides, food vendors, historic activities and more. Purchase tickets ahead of time on their website.

- Monday, April 4-Tuesday, April 5, 2022: Baby Animal Days at the American West Heritage Center (4025 S. Highway 89, Wellsville, UT) from 10:00am-6:00pm family animal only days. The cost is \$7. Children 2 and under are free. The last tickets are sold at 5pm. This is not a festival: limited concessions and not all buildings, etc. open and available. Baby farm animals, wagon rides, food vendors, historic activities and more. Purchase tickets ahead of time on their website.
- Wednesday, April 6-Saturday, April 9, 2022: Baby Animal Days at the American West Heritage Center (4025 S. Highway 89, Wellsville, UT) from 10:00am-6:00pm featuring Bear Cubs from Yellowstone Bear World. The Bear line closes at 4:30pm. Cost is \$9. Children 2 and under are free. The last tickets are sold at 5pm. Baby farm animals, wagon rides, food vendors, historic activities and more. Purchase tickets ahead of time on their website.

18. Parent Committee Meeting Report:

- Last month was the parenting class, Conscious Discipline. The last class was last week. Some parents attended and it was pretty good. There will be another Parent Committee Meeting next month.

19. Calendar Review:

- We held the Conscious Discipline workshop with Parent Committee Meetings. We have a parenting library with Conscious Discipline materials to check out. Parents can let their Family Advocate know if they are interested in doing that.
- Monday, April 4-Friday, April 8, 2022 is Spring Break for Box Elder, Cache & Logan.
- Wednesday, April 13, 2022 at 7:00pm is our next Parent Committee Meeting through Google Meets. There is a link that is attached to the Policy Council Agenda and packet for that.
- Tuesday, April 19, 2022 at 10:30am is the next Budget Meeting for the Policy Council Treasurer to attend.
- Thursday, April 21, 2022 at 7:00pm is the next Policy Council Meeting.
- Tuesday, April 26, 2022 at 5:00pm is Board Meeting. The Policy Council Chair will attend this meeting.

20. Joanna Morgan was elected and approved as the Policy Council Chairperson for the remainder of the 2021-2022 service year.



# Informe del Consejo de Políticas

17 de marzo de 2022 Informe de la Reunión del Consejo de Políticas

1. Se aprobó la solicitud de contratación de Sophie Jensen como asistente de maestra de Early Head Start Nest/Koop.
2. Se brindó información: Cora Gage será transferida de asistente de aula de PHS Brigham City a asistente de aula de PHS Hyde Park.
3. Se dieron actualizaciones del equipo de salud mental.
4. Se aprobaron las actas de la reunión del Consejo de Políticas del 17 de febrero de 2022.
5. Se aprobaron las actas de la reunión interina del Consejo de Políticas del 10 de marzo de 2022.
6. Se aprobaron los Organigramas.
7. Se aprobó la actualización de la sección 402, Uso de automóviles de los procedimientos operativos de Bear River Head Start.
8. Se aprobó la Política de Capacitación del Sistema de Gestión de Aprendizaje (LMS) de Bear River Head Start.
9. Se creó un Comité de Estatutos.
10. Se proporcionó información sobre la cuota de correo electrónico.
11. Informe de cierre de Bear River Head Start COVID:
  - No hay cierres que informar.
  - Este informe mensual será suspendido. Los recuentos de casos de COVID han disminuido y hemos podido mantener todas nuestras aulas abiertas este año escolar con los diferentes criterios de exclusión que hemos estado siguiendo del Departamento de Salud y el Distrito Escolar.
  - Si los números de casos vuelven a subir, volveremos a promulgar este informe.
12. Información solo para el Consejo de políticas. La distribución SEP estimada para el año fiscal 2021-2022 es 6%-7%.
13. Comité de Presupuesto/Informe Fiscal:
  - El cierre del Año Fiscal 2021 está en proceso.
  - Se discutió el porcentaje de Distribución SEP.
  - Todos los empleados recibirán su revisión anual en abril.
  - La próxima auditoría financiera anual será el 9 de mayo.
  - Se estaba brindando capacitación en compras al personal sobre compras.
  - Se discutió la solicitud de subvención y traspaso del ECP. Llegará el próximo mes para la aprobación del Consejo de Políticas.
14. Informe del director:
  - Recibimos la carta sobre el Plan de Acción Correctiva. Se aprobó que hemos hecho las correcciones necesarias y se ha cerrado.
  - Estamos esperando el aviso de 45 días para nuestra revisión del Protocolo II. La información para la revisión se incluyó en el paquete. Continuaremos discutiendo esto cada mes hasta que suceda. Querrán la participación del Consejo de Políticas y de la Junta. Harán preguntas sobre la participación del Consejo de Políticas, si se comparte información y la opinión del Consejo de Políticas. La entrevista suele durar alrededor de una hora. A medida que se acerque, veremos a quién le gustaría participar del Consejo

de Políticas y les proporcionaremos información para que se sientan cómodos para hacerlo.

- Estamos terminando la aplicación en especie. Es posible que no esté listo para usar hasta el próximo año escolar. El departamento fiscal está trabajando para individualizarlo para que funcione para Bear River Head Start. Cuando termine, los padres podrán ingresar su tiempo en especie en su teléfono mientras trabajan con sus hijos en casa, calcular los números y automáticamente irá a la Oficina Fiscal para calcular la especie.
- Se le preguntó al Consejo de Políticas si preferirían que intentáramos impulsar todas las contrataciones que podamos hasta que comience una reunión programada o esperar y realizar una reunión intermedia más tarde. Se realizó una votación no oficial. El Consejo de Políticas prefiere que se aprueben, incluso en el último minuto, para evitar tener que planificar reuniones adicionales. Sienten que la información de antecedentes realizada en el proceso de la entrevista, incluida la verificación de referencias, significa que los nuevos empleados son examinados minuciosamente antes de presentarse ante el Consejo de políticas. La información proporcionada para su revisión es breve y concisa.

15. Informe de la Junta:

- El anterior presidente del Consejo de Políticas hizo bien en transmitir a la Junta cada mes lo que estaba ocurriendo con el Consejo de Políticas. Ambos cuerpos mantienen una buena comunicación entre sí de ida y vuelta.

16. Inquietudes del Consejo de Políticas y otros temas de discusión:

- No hay elementos para discutir

17. Informe de la comunidad:

- Viernes, 25 de marzo de 2022: Paseo por la Galería Downtown Logan de 6:00 p. m. a 9:00 p. m.
- Sábado, 26 de marzo de 2022: Esquí, bicicleta, kayak y carrera Cache Valley: únase a nosotros para la primera carrera anual Mountain to Marsh. Recorra casi 50 millas a través de todos los tipos de terreno de Cache Valley. El 100% de los ingresos benefician al Stokes Nature Center. La carrera comienza a las 7:30 am.

Paquete de botas Cherry Peak & Snow Sport Down  
Road Cycle desde Cherry Peak hasta Benson Marina (29 millas)  
Canoa/kayak hasta Cutler Canyon Marina (6 millas)  
Corre hasta Newton Town Pavilion (13.6 millas)  
Asciende un total de 1,426 pies  
Desciende un total de 2667 pies

Carrera Mini Atleta a las 16:00 h. A partir de 3 años, ¡esquí, corre y anda en bicicleta por Cherry Peak entre decenas de fanáticos!

Los individuos y equipos de hasta 4 son elegibles para premios. Los equipos no competitivos de más de 4 personas pueden participar, pero no serán elegibles para los premios y deberán pagar \$5 por camiseta adicional.

Competidor individual: \$120, Individual de escuela secundaria: \$80, Mini atletas: (Carrera de niños) \$30, Competidores de equipo: \$200 por equipo, Equipo de escuela secundaria: \$120

Asegúrate de unirte a nosotros para la fiesta posterior en Cherry Peak de 12:00 p. m. a 6:00 p. m. Todos son bienvenidos (¡incluso los que no son atletas!) para venir a disfrutar del entretenimiento en vivo del Highline Drifters de 4:00 p. m. a 6:00 p. m., comida y actividades divertidas durante todo el día. Compra anticipada de boletos para después de la fiesta: sin atletas, adultos: \$15, niños: \$10; Fiesta posterior en Cherry Peak [logannature.org](http://logannature.org)

- Del jueves 31 de marzo al sábado 2 de abril de 2022: Baby Animal Days en el American West Heritage Center (4025 S. Highway 89, Wellsville, UT) de 10:00 a. m. a 6:00 p. m. con animales exóticos de Utah Petting Zoo Gone Wild. El costo es de \$9. Los niños menores de 2 años entran gratis. Las últimas entradas se venden a las 17:00 horas. Bebés de granja, paseos en carretas, vendedores de comida, actividades históricas y más. Compre boletos con anticipación en su sitio web.
- Lunes 4 de abril al martes 5 de abril de 2022: Baby Animal Days en el American West Heritage Center (4025 S. Highway 89, Wellsville, UT) de 10:00 a. m. a 6:00 p. m. El costo es de \$7. Los niños menores de 2 años entran gratis. Las últimas entradas se venden a las 17:00 horas. Esto no es un festival: concesiones limitadas y no todos los edificios, etc. abiertos y disponibles. Bebés de granja, paseos en carretas, vendedores de comida, actividades históricas y más. Compre boletos con anticipación en su sitio web.
- Del miércoles 6 de abril al sábado 9 de abril de 2022: Baby Animal Days en el American West Heritage Center (4025 S. Highway 89, Wellsville, UT) de 10:00 am a 6:00 pm con Bear Cubs de Yellowstone Bear World. La línea Bear cierra a las 4:30 p. m. El costo es de \$9. Los niños menores de 2 años entran gratis. Las últimas entradas se venden a las 17:00 horas. Bebés de granja, paseos en carretas, vendedores de comida, actividades históricas y más. Compre boletos con anticipación en su sitio web.

18. Informe de la reunión del comité de padres:

- El mes pasado fue la clase para padres, Conscious Discipline. La última clase fue la semana pasada. Algunos padres asistieron y fue bastante bueno. Habrá otra reunión del Comité de Padres el próximo mes.

19. Revisión del calendario:

- Realizamos el taller de Disciplina Consciente con Reuniones del Comité de Padres. Tenemos una biblioteca para padres con materiales de Conscious Discipline para prestar. Los padres pueden informar a su Defensor de la familia si están interesados en hacerlo.
- Del lunes 4 de abril al viernes 8 de abril de 2022 son las vacaciones de primavera para Box Elder, Cache & Logan.
- El miércoles 13 de abril de 2022 a las 7:00 p. m. es nuestra próxima reunión del Comité de padres a través de Google Meets. Hay un enlace adjunto a la Agenda del Consejo de Políticas y un paquete para eso.
- El martes 19 de abril de 2022 a las 10:30 a. m. es la próxima reunión presupuestaria a la que asistirá el tesorero del Consejo de políticas.
- El jueves 21 de abril de 2022 a las 7:00 p. m. es la próxima reunión del Consejo de políticas.
- El martes 26 de abril de 2022 a las 5:00 p. m. es la reunión de la Junta. El Presidente del Consejo de Política asistirá a esta reunión.

20. Joanna Morgan fue elegida y aprobada como Presidenta del Consejo de Políticas por el resto del año de servicio 2021-2022.



## **Policy Council Interim Report**

March 25, 2022 Interim Policy Council Meeting Report

1. The hire request of Mirza Chavez as an Early Head Start Family Advocate was approved.
2. The hire request of Sheila Moore as the Preschool Head Start Disability Aide was approved.
3. The hire request of Gabriel Perez as the Preschool Head Start Logan Center Classroom Assistant was approved.
4. The hire request of Catherine Goff as a Preschool Head Start Child Development Assistant was approved.
5. The transfer request of Abby Lindberg from Early Head Start Infant Toddler Teacher Assistant to an Early Head Start Pond Infant Toddler Teacher was approved.
6. Training on the Process for Communication with the Policy Council and Parent Committee was given.



## **Informe provisional del consejo de políticas**

25 de marzo de 2022 Informe de la reunión provisional del consejo de políticas

1. Se aprobó la solicitud de contratación de Mirza Chávez como Defensora de Familias de Early Head Start.
2. Se aprobó la solicitud de contratación de Sheila Moore como ayudante de discapacidad de Preschool Head Start.
3. Se aprobó la solicitud de contratación de Gabriel Pérez como asistente de aula del Centro Preescolar Head Start Logan.
4. Se aprobó la solicitud de contratación de Catherine Goff como asistente de desarrollo infantil de Preschool Head Start.
5. Se aprobó la solicitud de transferencia de Abby Lindberg de asistente de maestra de bebés y niños pequeños de Early Head Start a maestra de bebés y niños pequeños de Early Head Start Pond.
6. Se brindó capacitación sobre el Proceso de Comunicación con el Consejo de Políticas y el Comité de Padres.



# April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Spring Break for Box Elder, Cache, & Logan	5 Spring Break for Box Elder, Cache, & Logan	6 Spring Break for Box Elder, Cache, & Logan	7 Spring Break for Box Elder, Cache, & Logan	8 Spring Break for Box Elder, Cache, & Logan	9
10	11	12	13 Please join us for our BRHS Parent Committee Meeting via google meets at 7 pm <a href="#">Join with Google Meet</a> meet.google.com/wiu- ndgs-zhd or <a href="#">Join by phone</a> (US) +1 929-266-1815 PIN: 167 809 273#	14	15	16
17	18	19 Budget meeting @ 10 am (Policy Council Treasurer attends)	20	21 Policy Council Meeting @ 7 pm	22	23
24	25	26 Board meeting @ 5 (Policy Council Chair attends)	27	28	29	30

## Free Courses from Healthy Relationships Utah.org

### Parenting the Love and Logic Way

<https://extension.usu.edu/hru/courses/parenting-love-and-logic>

By Healthy Relationships Utah

This FREE course uses the Parenting the Love and Logic Way® curriculum and teaches parents how to raise responsible kids and enjoy parenting. Participants will learn how to end power struggles with their children, teach responsibility, and prevent arguments. This course will help participants answer questions like:

- *Is it possible to parent without getting angry?*
- *How do I enforce limits?*
- *What are natural or logical consequences?*
- *Can parenting be less stressful?*

Using ready-to-use take-home skills, this course will enhance your relationship with your child, reduce the strain in your family life, and help you enjoy parenting! This research-based program helps parents defuse arguments and build their children's sense of responsibility and confidence

### Couples LINKS

<https://extension.usu.edu/hru/courses/couple-links>

By Healthy Relationships Utah

This free research-based course is suitable for adults in married or committed relationships and addresses topics such as:

- Intimacy and Romantic Love
- Developing and Maintaining Trust
- Forgiveness
- Resiliency and Commitment
- Many more...

### Smart Steps for Stepfamilies

<https://extension.usu.edu/hru/courses/smart-steps-for-stepfamilies>

By Healthy Relationships Utah

This **FREE 7-week course** is for individuals or cohabitating/remarried couples who have a child or children from a previous relationship. Each course is facilitated live by USU educators - 2 hours/week for 7 consecutive weeks. Please only register if you can commit to attending for the full seven weeks. **Must live in Utah and be age 18 or older to attend.** Participation with your spouse/partner is encouraged, but not required.

Multiple dates/times to choose from.

Click on Register to see options.

Check back monthly for newly scheduled options.

### HOME RUN PARENTS

<https://extension.usu.edu/hru/courses/parenting-home-runs>

By Healthy Relationships Utah

Knock it out of the park with your kids! The Home Run Parents course teaches relationship, parenting, and job readiness skills using a baseball theme, where parents are the coaches, and kids are the players!

This program is suitable for adults within two-parent, single-parent, or co-parent families.

The *Our Home Runs* course also teaches a practical format for family meetings.

Courses are 100% Free!

- Family Communication
- Respect
- Affection and Affirmation

<ul style="list-style-type: none"> <li>Family Resilience</li> </ul>
<p>Smart Dating  <a href="https://extension.usu.edu/hru/courses/smart-dating">https://extension.usu.edu/hru/courses/smart-dating</a>          By Healthy Relationships Utah          Love doesn't have to be a game of chance! This fun, free, and interactive virtual course teaches singles what to look for in a healthy relationship, and how to identify key markers of an unhealthy relationship. Topics include:</p> <ul style="list-style-type: none"> <li>The 3 Most Important Warning Signs of Difficult Partners</li> <li>Key Areas to Get to Know Someone You're Dating</li> <li>How to follow your heart without losing your mind</li> </ul>

<p><b>The Family Place</b>            Upcoming Workshops &amp; Events  <a href="https://thefamilyplaceutah.org/events/list/page/2/">https://thefamilyplaceutah.org/events/list/page/2/</a></p>
<p>March 19 @ 9:00 am - 3:00 pm  <b>Adult Mental Health First Aid Training</b>            Online Zoom Room            Virtual Event            This is a FREE virtual five hour training for any adult to learn how to make a difference for a person experiencing a mental health related crisis or challenge. Just</p>
<p>March 25 @ 5:30 pm - 7:30 pm  <b>Friday Night Out (Full, Waitlist Available)</b>            Belva Hansen, The Family Place Utah 1525 North 200 West, Logan, UT            Come enjoy a night out, a fun couple's activity, and a free dinner! Spend time with one another, stress free, and gain skills to improve the health of your relationship</p>
<p><b>The Art of Healing (Ages 13-17)</b>  <b>April 11 @ 4:30 pm – 6:00 pm</b>            Art is another way to process life experience and express ourselves. This workshop for adolescents will allow participants to use creativity and art as a way to explore thought and emotion. No artistic ability required. <i>Clothes may get stained, please dress accordingly.</i>  <i>Facilitated by Analee Pacheco, LCSW.</i>  <b>Contact Michelle at 435.752.8880 or Michelle@TheFamilyPlaceUtah.org to register today!</b>  <b>\$15 Or FREE to eligible individuals.</b></p>
<p><b>Strengthening The Couple Relationship (Full, Waitlist Available)</b>  <b>April 13 @ 6:00 pm – 7:30 pm</b>            This class is geared towards adults who are involved in committed relationships to help you identify your strengths as a couple and learn research based tips to improve communication, connection, and help increase emotional safety. It will be held weekly on Thursdays from April 13th- May 4th.            You will learn how to improve your listening and speaking techniques, how to create a safe place to connect with one another, and how to identify your own personality differences and find ways to connect.            Light snacks will be provided!            Free childcare!  <b>To get on our waitlist, please call MarLyn at 435-770-3769</b>  <b>Register Here or call 435.752.8880 by April 20th, 2022!</b></p>
<p><b>Better Together Program (ages 0-2)</b>            Virtual Event            April 18  <b>Better Together Program (Ages 3-5)</b>            Virtual Event            April 26            12 week program <b>Free Spots are limited!</b></p>
<p><b>The Family Place Therapy</b>            Call us at <b>435-752-8880</b> to schedule a free screening or crisis appointment. We want the best care for you, so we offer an initial appointment free of charge to briefly discuss your needs and goals, after which we can help connect you with the best resources we know, whether at The Family Place Utah or elsewhere in our community. Please note that if you feel your situation is urgent or you are in crisis, be sure to inform the person answering. For immediate safety concerns, please call 911 or proceed to the nearest Emergency Department.            We focus our therapy services on two general needs in our community: 1) Strengthening family relationships and 2) Healing from trauma. We strive to help families heal, communicate, and increase love and support</p>

in their relationships. In treating trauma, we strive to help individuals and families cope with and recover from the effects of abuse and other crimes. We provide individual counseling, marriage and family therapy, and a wide array of group therapy and workshops. We welcome military and refugee families and are able to provide services in Spanish and English, as well as other languages with the assistance of interpreter services. For qualified victims of crime, we can provide additional advocacy and assistance.

If you or your family are experiencing problems with any of the following, we may be able to help:

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**Trauma experienced by yourself or a loved one, including crime victimization.**

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**Parent-child or other family relationships with children and teens**

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**Marriage communication or relationship quality**

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**Mental health challenges that affect family relationships (for example, depression and anxiety that impacts your family)**

We welcome refugee, military, and immigrant families, as well as others with a variety of needs. We will do what we can to help you with your unique situation. We invite you to explore the services we offer as listed below.

#### **Screening**

Free screening consultation with our therapy team. This is a one-time visit that helps us understand your specific situation and needs and connect you to services here and/or in the community. Call [435-752-8880](tel:435-752-8880) to schedule or use our [online scheduler](#).

**Note to parents:** If you are seeking therapy for your minor-age child, please come to the screening appointment yourself or with your spouse – please do not bring your children to this first appointment.

#### **Kid's Place and Starfish children's center**

The Kid's Place is a free, temporary program offered to caregivers with children ages 11 and under. Our goal is to provide a safe, caring place for children to stay when caregivers need extra support. We focus on emotions and the needs of children and caregivers. This service is open to all families in our community.

[Call 435-752-8880 for Support!](tel:435-752-8880)

#### **Scheduled Weekly Care**

We provide caregivers and children with a weekly 2 hour break on a temporary basis, generally 6 months of care. Call [435-752-8880](tel:435-752-8880) for availability, there could be a wait list.

Examples:

My wife is in the military and it's overwhelming to parent our children alone every day.

I recently became a single-parent and I need help adjusting.

I'm a stay-at-home mom and sometimes I need time for myself.

#### **Crisis Care**

Immediate child care is provided for caregivers in the event of an emergency, when other options fall through. Crisis care is available 24 hours a day, 365 days a year. Length of time varies as we work with you.

Examples:

I'm having a baby and there is no one to take care of my 3 year old.

I have a therapy appointment and my babysitter just fell through.

I recently moved here and I don't know anyone who can watch my kids and I've reached the end of my rope.

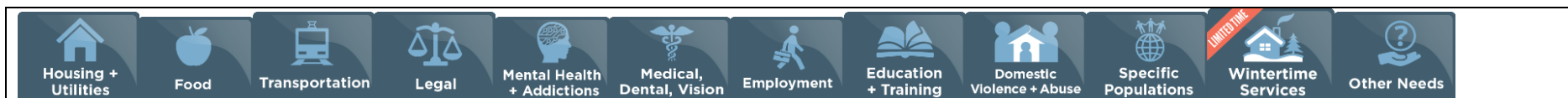
#### **Date Night**

Weekend times available so you can spend time nurturing your relationship. Please call [435-752-8880](tel:435-752-8880) to schedule a time, spaces are limited and there could be a wait list.

Adoption Respite

**2-1-1**

<https://211utah.org/index.php>



### Family to Family Network Box Elder County Resource List

<https://utahparentcenter.org/wp-content/uploads/2018/01/FtoFN-Box-Elder-County-Resource-List-1.pdf>

### English Language Center of Cache Valley

### Grandfamilies.org

The Grandfamilies State Law and Policy Center compiles free and online legal resources in support of grandfamilies within and outside the child welfare system. If you would like to share a recommended resource not listed below, please contact us at [grandfamilies@gu.org](mailto:grandfamilies@gu.org).

Resource Topics:

[ADOPTION](#)

[CARE & CUSTODY](#)

[CHILD WELFARE KINSHIP DATA AND POLICIES](#)

[CHILD WELFARE PEER KINSHIP NETWORK](#)

[EDUCATION](#)

[FEDERAL LAWS](#)

[FINANCIAL ASSISTANCE](#)

[FOSTER CARE LICENSING](#)

[GRAND](#)

[GENERAL PUBLICATIONS](#)

[HEALTHCARE](#)

[HOUSING](#)

[KINSHIP NAVIGATOR PROGRAMS](#)

[KINSHIP RESEARCH](#)

[LEGAL IMPACT NETWORK FOR KIN](#)

[LEGISLATIVE RESOURCES](#)

[NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM](#)

[NATIONAL ORGANIZATIONS](#)

[NOTIFICATION OF RELATIVES](#)

[STATE FACT SHEETS](#)

[SUBSIDIZED GUARDIANSHIP](#)

**SEICAA Southeastern Idaho Community Action Agency**

information@seicas.org

- About Seicca
- Community Services
- Development
- Housing
- Meals on Wheels
- Weatherization
- Financial Viability

**Idaho Department of Health & Welfare**

**Preston Community Food Pantry**

580 W Oneida St

Preston, ID 83263

United States

Call 208-254-2009 - 1st Wednesday, 2nd Thursday, 3rd Friday

**Behavioral Health**

Adult Behavioral Health  
 Behavioral Health Crisis Resources  
 Children's Behavioral Health  
 Opioids  
 Substance Use Disorders  
 Suicide Prevention

**Children & Families**

Assisted Care and Facilities  
 Child Support  
 Child and Family Services and Foster Care  
 Children and Youth with Special Healthcare Needs and Children's Special Health Program  
 Family Planning  
 Home Visiting Program  
 Idaho Child Care Program  
 Immunizations  
 Infant Toddler Program  
 Newborn Screening

**Financial Assistance**

AABD Cash Assistance  
 Home Heating and Utility Assistance  
 Temporary Assistance for Families in Idaho (TAFI)

**Food Assistance**

Community Food Resources  
 Supplemental Nutrition Assistance Program (SNAP)  
 Women, Infants, & Children (WIC)

**Food Assistance**

<p>Community Food Resources</p> <p>Supplemental Nutrition Assistance Program (SNAP)</p> <p>Women, Infants, &amp; Children (WIC)</p>
<p><b>Medicaid &amp; Health</b></p> <p>Assisted Care and Facilities</p> <p>Katie Beckett</p> <p>Medicaid for Adults</p> <p><u>Medicaid for Children</u></p> <p>Medicaid for Children with Disabilities</p> <p>Medicaid for Elderly or Disabled Adults</p> <p>Private Insurance Tax Credit</p> <p>Women's Health, Fit &amp; Fall, Quit Smoking</p>

<p><b>BRAG</b></p> <p>Bear River Association of Governments</p>
<p>Bear River Association of Governments (BRAG) was formed in 1971 by Box Elder, Cache, and Rich Counties. BRAG is a voluntary organization of local governments created to facilitate intergovernmental cooperation and to insure the orderly and harmonious coordination of federal, state, and local programs for the solution of mutual problems of the region.</p> <p>BRAG's goal is to serve as a multi-purpose organization, utilizing their combined total resources, to provide a more effective means for planning and development of the physical, economic, and human resources of the region.</p>
<p>For Services in Box Elder County</p> <p>Utility Assistance (HEAT) - 435-723-1116</p> <ul style="list-style-type: none"> <li>Online Application: <a href="https://jobs.utah.gov/mycase/web/heat/app">https://jobs.utah.gov/mycase/web/heat/app</a></li> <li>Download, complete, and mail in the forms here: <a href="https://jobs.utah.gov/housing/scso/seal/documents/873_874.pdf">https://jobs.utah.gov/housing/scso/seal/documents/873_874.pdf</a></li> </ul> <p>Housing Authority - 435-713-1413</p> <p>Aging Services - 435-713-1467</p> <p>Tax Assistance (VITA) - 435-713-1449</p> <p>All other business - 435-723-1111</p>
<p>For Services in Cache and Rich Counties</p> <p>Housing Authority - Section 8 Long Term Rental Assistance</p> <ul style="list-style-type: none"> <li>Tricia Post - 435-713-1419</li> <li>Debi Carlson - 435-713-1413</li> <li>Kim Chambers - 435-713-1414</li> <li>Jill Davis - 435-713-1412</li> </ul> <p>Emergency Housing For Evictions and Homelessness</p> <ul style="list-style-type: none"> <li>Jaynine - 435-713-1433</li> <li>Marcela - 435-713-1425 <ul style="list-style-type: none"> <li>For rental assistance if you have been impacted by COVID-19</li> </ul> </li> </ul> <p>Area Agency on Aging - 435-713-1467</p> <p>Community Development &amp; Planning - 435-713-1420</p> <p>Housing Rehabilitation &amp; First-time Home Buyers - 435-713-1422</p> <p>Weatherization - 435-713-1450</p> <p>Utility Assistance (HEAT) 435-713-1444</p> <ul style="list-style-type: none"> <li>Online Application: <a href="https://jobs.utah.gov/mycase/web/heat/app">https://jobs.utah.gov/mycase/web/heat/app</a></li> <li>Download, complete, and mail in the forms here: <a href="https://jobs.utah.gov/housing/scso/seal/documents/873_874.pdf">https://jobs.utah.gov/housing/scso/seal/documents/873_874.pdf</a></li> </ul> <p>Tax preparation assistance (VITA)</p> <ul style="list-style-type: none"> <li>In Person tax prep is postponed but we can still help prepare your taxes.</li> <li>Visit us at <a href="http://brag.utah.gov/taxhelp/">http://brag.utah.gov/taxhelp/</a> for more details on how we can assist you by having you drop off your taxes, submit them to us through a portal, or schedule an appointment to scan your documents.</li> </ul>

<ul style="list-style-type: none"><li>• Questions? Call Jenny at 435-713-1449</li></ul>
For All Other BRAG Business 435-752-7242