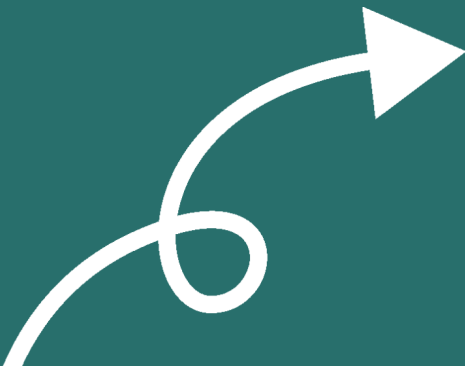




CHILD DEVELOPMENT AND SCHOOL READINESS



March Monthly Packet



DEVELOPMENTAL MILESTONES

[See this link/CDC.gov](https://www.cdc.gov/developmental/) for full list

6M

CLICK ME FOR 6M!

1YR

CLICK ME FOR 1YR!

2YR

CLICK ME FOR 2YR!

3YR

CLICK ME FOR 3YR!

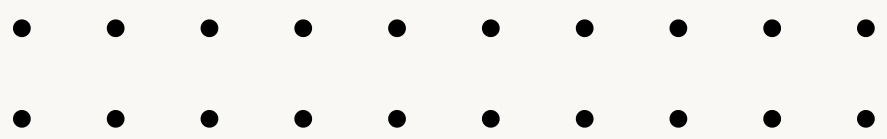
4YR

CLICK ME FOR 4YR!

5YR

CLICK ME FOR 5YR!





TYPICAL TODDLERS

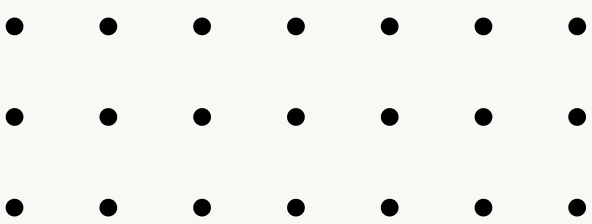
What behaviors are normal?

- Hitting
- Tantrums
- Biting
- Screaming

How do I stop them?

- Acknowledge the child’s desire- “You wanted _____”
- Clarify the skill to use- “When you want _____, say (or do) _____”
- Take time to practice- “Let’s try this right now”

Join us for our Conscious Discipline Parenting Workshops!



Resources

**Worried about delays?
Concerned about their behavior?**

For ages 0-3:

Up to 3 (Cache, Rich, Box Elder counties)

usu.edu/up-to-3 ↪

6810 Old Main Hill #160, Logan, UT 84322
435-797-3727

For ages 3-5:

Logan school district:

Riverside Preschool

1075 Sumac Drive, Logan, UT 84321
435-755-2337

kim.barfuss@loganschools.org.

Cache school district:

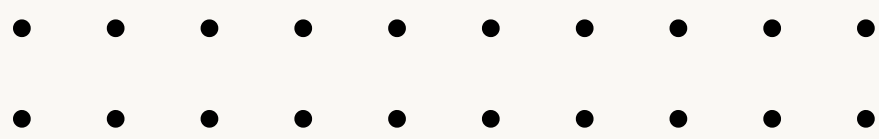
See website: ccsdut.org ↪

Box Elder School District:

Early Learning Center

Based out of Golden Spike Elementary
435-744-2468

*Check with your
advocate for services
outside these areas



CONSCIOUS DISCIPLINE

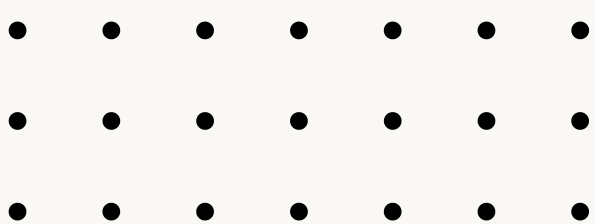
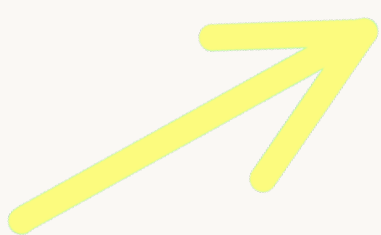
What IS Conscious Discipline anyway?

- Evidence based, self-regulation program
- Addresses adults first, children second

Three Components

- Safety
- Connection
- Problem Solving

Join us for our Conscious Discipline Parenting
Workshops!



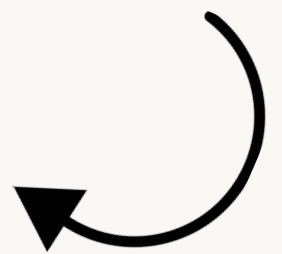
**Conscious
Discipline®**

Kindergarten Registration

Don't forget to register your little one if they're going to Kindergarten in the fall!

Cache County School District

ccsdut.org/kinder

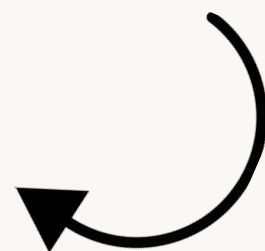


Logan County School District

No registration yet; Information will be forthcoming

Box Elder School District

besd.net



***Check with your advocate about registration outside these areas**



Time to Get Working!

AGE APPROPRIATE CHORES

2-3 YEARS

- PICK UP TOYS AND BOOKS
- PUT TRASH IN GARBAGE CAN
- PUT LAUNDRY IN HAMPER
- DUST
- PUT AWAY SILVERWARE
- WIPE BASEBOARDS
- FOLD RAGS AND DISHCLOTHS
- PUT CLOTHES IN HAMPER
- PUT CLOTHES AWAY IN DRAWERS

4-6 YEARS

- ALL PREVIOUS CHORES
- TAKE CARE OF PETS
- SET AND CLEAR THE TABLE
- MATCH SOCKS
- PUTTING AWAY GROCERIES
- MAKE BED
- WIPE DOWN DIRTY WALLS
- EMPTY TRASHES
- SWEEP WITH SMALL BROOM

PRINTABLE CHART
AVAILABLE AT
THECRAFTINGCHICKS.COM

7-11 YEARS

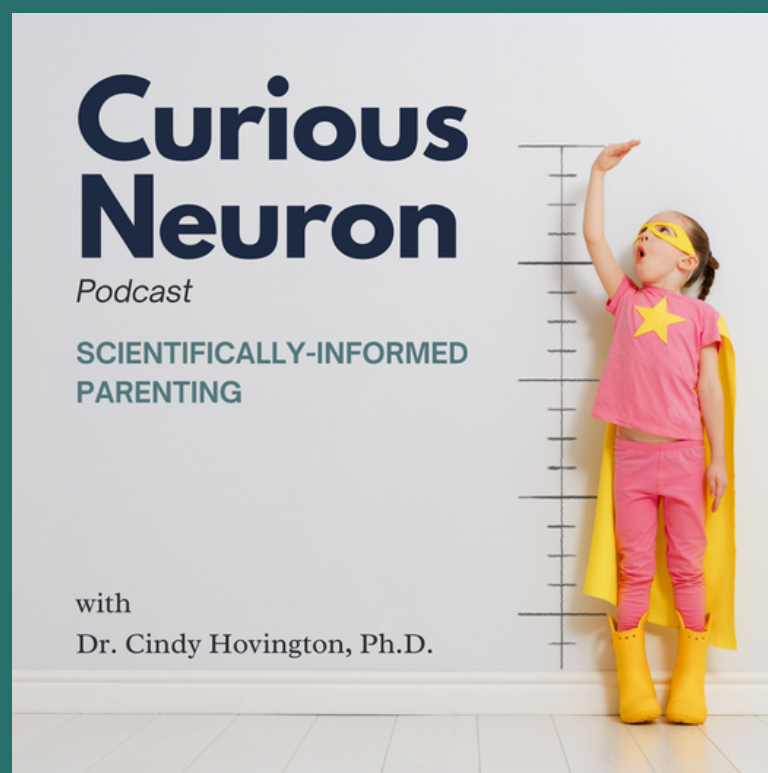
- ALL PREVIOUS CHORES
- FOLD LAUNDRY
- SWEEP
- VACUUMING
- TAKE OUT TRASH
- WASH MIRRORS
- MEAL PREP
- TAKE TRASHCAN TO CURB
- WEED FLOWERS / GARDEN
- CLEAN OUT THE CAR
- CLEAN TOILETS
- CLEAN ROOM
- ORGANIZE TOY ROOM
- BRING IN MAIL / NEWSPAPER

12+ YEARS

- ALL PREVIOUS CHORES
- MOW LAWN
- BABYSIT SIBLINGS
- WASH WINDOWS
- IRON
- WASH CAR
- COOK SIMPLE MEALS
- LAUNDRY
- MOP FLOORS
- CLEAN BATHROOM
- CLEAN OUT FRIDGE

PODCASTS

Curious Neuron



The Parent's Place



The Child Psych Podcast

