If you live or work in one of the shaded counties below, SelectHealth Value may be a good option. It is our most affordable network and includes all Intermountain Healthcare® doctors, facilities (including Primary Children's Hospital), clinics, and InstaCare/KidsCare locations—that's 37 hospitals, over 700 clinics and other facilities and more than 11,300 providers, including specialists you can see without a referral. This network also includes access to dozens of clinics and providers who aren't affiliated with Intermountain Healthcare.

Enrolled dependents who live outside of your service area (maybe they're going to college or living with another family member) can receive in-network benefits for covered services no matter where they live in the U.S. To qualify for this coverage, submit a Dependent Address Change form, which can be found at **selecthealth.org/forms**.

Wondering whether your current doctor is part of the SelectHealth Value network? To find out, visit **selecthealth.org/findadoctor**. Remember to filter your results by choosing SelectHealth Value from the network drop-down menu.



PRIMARY CARE PROVIDERS

A Primary Care Provider (PCP) sees patients for common medical problems, performs routine exams, and helps prevent or treat illness. You can trust a PCP to know your health history and help you find other doctors when you need them. If your PCP allows virtual (video) visits, you may pay less for these visits based on your benefits. Check out the "Primary Care Provider (PCP) Virtual Visits" benefit on your Member Payment Summary (MPS) to see how much you will pay.

SPECIALISTS

When you need more than your PCP, our network of quality specialists and surgeons can help.

HOSPITALS AND LOCAL CLINICS

Our facilities span Utah, offering great care and services. Think heart care, cancer treatment, transplant services, women and newborns, and much more—you name it, they can treat it.

INTERMOUNTAIN INSTACARE

What's open late and costs less than the ER? Our InstaCare[®] and KidsCare[®] clinics. If you need urgent care, these are great options.

INTERMOUNTAIN CONNECT CARE

Visit a provider 24/7 via live online video. Many plans cover this service at no or low out-ofpocket cost to you. Check your ID card or member materials for coverage information.

MENTAL HEALTH

You have coverage through thousands of innetwork mental health providers. With your benefits, there is no reason to neglect any mental health issue. If you need help, we have you covered.

EMERGENCY CARE ANYWHERE

For emergencies go to the nearest emergency room or hospital and you'll be covered whether in the U.S. or abroad.

